



55 Montgomery Crescent
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office@rimutakagymsports.nz

WAG Competitive Gymnastics Coach Rimutaka Gymsports

Position: WAG Competitive Gymnastics Coach

Reports to: WAG Lead Coach / Club Manager

Location: Rimutaka Gymsports, Upper Hutt

Employment Type: Part-time, fixed-term contract

Hours: 12–16 hours per week

About Rimutaka Gymsports

Rimutaka Gymsports is a well-established, community-focused gymnastics club based in Upper Hutt. We provide gymnastics opportunities for athletes of all ages and abilities, from recreational programmes through to competitive Women's Artistic Gymnastics. Our competitive programme follows the Gymnastics New Zealand (GNZ) WAG pathway, supporting gymnasts as they develop their skills, confidence, strength, routines and competition experience.

We are committed to creating a positive, supportive and high-quality coaching environment where athletes are encouraged to reach their potential while enjoying their gymnastics journey.

About the Role

We are seeking a passionate and motivated **WAG Competitive Gymnastics Coach** to join our coaching team.

The successful applicant will work with competitive **WAG gymnasts at Step 4 and above**, supporting athletes to develop their gymnastics skills, physical preparation, routines, confidence and competition readiness.

The role will involve planning and delivering high-quality training sessions, providing individualised coaching and feedback, monitoring athlete development, and working collaboratively with the wider coaching team to support the progression of our competitive gymnasts.

Key Responsibilities

- Plan and deliver structured, purposeful and engaging training sessions.
- Teach and develop appropriate skills, routines, progressions and combinations.
- Provide clear, constructive and age-appropriate feedback.
- Adapt coaching and training to meet the individual needs of gymnasts.
- Support athletes in developing strength, flexibility, conditioning and physical preparation appropriate to their level.



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- Prepare gymnasts for competitions and assist with competition routines and requirements.
- Attend competitions, training camps, clinics and other events as required.
- Support athletes during competitions in a calm, positive and professional manner.
- Monitor athlete progress and communicate with the WAG Lead Coach regarding development, progression and any concerns.
- Work collaboratively with other coaches to provide consistency across the competitive programme.
- Communicate professionally and respectfully with gymnasts, parents, coaches and club management.
- Attend coach meetings, planning sessions and professional development opportunities where required.
- Maintain a safe, inclusive and respectful training environment.
- Recognise and appropriately respond to athlete welfare concerns.
- Follow all Rimutaka Gymsports, Gymnastics New Zealand and relevant safeguarding policies and requirements.
- Maintain appropriate professional boundaries with athletes.

Skills & Experience

The ideal candidate will have:

- A strong understanding of the Gymnastics New Zealand WAG competitive pathway.
- A minimum **Junior WAG coaching qualification**, or a willingness to work towards this qualification.
- Strong technical knowledge across all four WAG apparatus.
- Experience working with children and young athletes.
- Strong communication and interpersonal skills.
- The ability to plan and deliver structured and purposeful training sessions.
- A positive, encouraging and athlete-centred coaching approach.
- The ability to work effectively as part of a coaching team.
- A commitment to ongoing learning and professional development.
- Strong organisational skills and reliability.

Desirable

It would be advantageous if the applicant has:

- Experience with routine construction and choreography.
- Experience coaching gymnasts at Step 4 and above.
- Experience mentoring or supporting developing coaches.
- Gymnastics New Zealand judging experience or knowledge.
- A current First Aid Certificate.



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Personal Attributes

We are looking for a coach who is:

- Positive and encouraging.
- Patient and supportive.
- Reliable and professional.
- Passionate about gymnastics.
- Committed to athlete development.
- Approachable and respectful.
- A strong team player.
- Able to build positive relationships with athletes and families.
- Committed to creating a positive and enjoyable training environment.

What We Offer

- A supportive and collaborative coaching environment.
- The opportunity to work with a growing competitive WAG programme.
- Opportunities for professional development and further coaching qualifications.
- Opportunities to attend competitions, clinics and training events.
- A positive club culture focused on athlete development and wellbeing.
- The opportunity to contribute to the continued development of Rimutaka Gymsports' competitive WAG programme.

If you are interested, please contact Jo Kiernan WAG@Rimutakagymsports.nz