

Coach Development Opportunity

Fun with Fundamentals

Workshop Details

29 November 2026

10 am - 2 pm

Tri Star Gymnastics - Auckland

Price: \$46.50



What to Expect

Learn how to turn fundamental gymnastics skills into fun, engaging learning experiences. Explore practical progressions, drills, and activities that help gymnasts build strong foundations while enjoying the learning process.

Coaches will walk away with:

- Practical ways to break fundamental skills into clear, achievable progressions.
- A toolkit of drills and activities to support skill development.
- Strategies to adapt progressions for varying abilities and learning rates.
- Creative approaches to make skill development fun and engaging.
- Greater confidence in teaching the foundations that underpin more advanced skills.

Leave with fresh ideas, practical tools, and ready-to-use activities for your next coaching session.

Facilitator - Leanne Olsen

Leanne brings over 15 years of gymnastics experience across New Zealand and the United States. Best known for choreographing the current WAG STEP 1–4 Beam and Floor routines, she has worked alongside Gymnastics New Zealand for many years and is passionate about helping coaches build strong foundations through effective skill progressions.

Registrations close 04 November

