

# Mid-Island Gym Sports (MIGS) Inc.

PO Box 490,  
Rotorua 3040  
Phone: (07) 349 3108  
[www.migs.co.nz](http://www.migs.co.nz)



## Head Trampoline & Tumble Coach – Mid Island Gymsports (MIGS)

**Location:** Rotorua

**Hours:** Part-time (15–20 hrs/week) or Full-time (35 hrs/week)

**Pay:** \$28–\$31 per hour, depending on experience and qualifications

Mid Island Gymsports (MIGS) is seeking a positive and skilled **Head Trampoline & Tumble Coach** to join our community-focused club. This is a hands-on coaching and leadership role within a supportive and growing environment.

### About the Role

You will lead and deliver trampoline and tumble programmes, support athlete development, and mentor coaches to ensure safe, engaging, and inclusive sessions. Hours are negotiable, with opportunities for role growth and involvement with other programmes

### Key Responsibilities

- Coach trampoline and/or tumble athletes across various ages and abilities
- Plan and deliver progressive, engaging sessions
- Promote athlete safety, wellbeing, and positive experiences
- Provide leadership and mentoring to coaches
- Communicate effectively with parents, staff, and the wider club
- Coach and support recreational and other programmes delivered by the club
- Support club events and activities

### About You

- A Minimum of 2 years experience coaching trampoline and/or tumble or a relevant coaching qualification
- Positive, professional, and inclusive coaching style
- Strong communication and teamwork skills
- Passion for working with children and young people
- Able to meet NZ Police Vetting requirements

### Why Join MIGS?

- Supportive, people-focused club culture
- Professional development and coaching pathways
- Flexible hours and the chance to make a real community impact

## **How to Apply**

Send your **CV and brief cover letter** to:

 [\*\*migscommittee@gmail.com\*\*](mailto:migscommittee@gmail.com)

**Applications close: 8th May 2026**



## JOB DESCRIPTION - HEAD TRAMPOLINE AND TUMBLE COACH

<b>Position:</b>	Head Trampoline and Tumble Coach
<b>Reports To:</b>	Operations Manager
<b>Tenure:</b>	Permanent
<b>Direct Reports:</b>	Trampoline and Tumble coaches
<b>Functional Relationships:</b>	Operations Manager MIGS Committee Staff, coaches, and volunteers Members, Parents, families/whanau

A key purpose of all staff is to contribute to the success of the Mid Island Gymnastics mission and uphold and demonstrate a commitment to it.

### **MIGS Mission Statement**

To provide a professional inclusive environment developing life skills through participating in Gym Sports and other fun movement programmes.

### **The Head Trampoline and Tumble Coach shall be responsible for:**

- Leading the delivery of trampoline and tumble programmes in a safe, positive, educational, and fun environment
- Planning and delivering engaging, progressive coaching sessions for athletes across a range of ages and abilities
- Supporting the development, wellbeing, and positive experiences of all athletes
- Providing leadership, guidance, and mentoring to trampoline and tumble coaches
- Ensuring all coaching is delivered in line with safety standards and best practice
- Supporting recreational and other club programmes as required
- Liaising with gym administration, management, and committee members to support scheduling and programme delivery
- Communicating effectively with parents, athletes, and staff
- Contributing positively to the Club environment and culture
- Supporting club promotional activities, events, and community engagement
- Working collaboratively with coaching staff, management, and the Club's governance body

<b>Key Responsibilities / Duties</b>	
Instruction and programme Delivery	<ul style="list-style-type: none"> <li>- Lead and deliver trampoline and tumble coaching programmes across recreational and competitive streams</li> <li>- Plan and implement structured, progressive training sessions</li> <li>- Ensure athlete safety and wellbeing at all times</li> <li>- Work collaboratively with other coaches to provide a safe, positive, and inclusive environment</li> <li>- Support athlete development pathways within the programme</li> </ul>

<b>Key Responsibilities / Duties</b>	
Leadership and Coach Development	<ul style="list-style-type: none"> <li>- Provide mentoring and support to coaching staff</li> <li>- Assist in developing coaching capability within the programme</li> <li>- Promote a positive, professional, and inclusive coaching culture</li> </ul>
Additional Activities as Required	<ul style="list-style-type: none"> <li>- Provide support to MIGS promotional activities as required by the Operations Manager</li> <li>- Support club events, competitions, and community activities</li> <li>- Perform effectively and efficiently any additional duties or special projects as required</li> <li>- Support other codes with coaching and collaboration.</li> </ul>

<b>Knowledge / Skills / Qualifications</b>	
Skills and Competencies	<ul style="list-style-type: none"> <li>- A Minimum of 2 years experience coaching trampoline and/or tumble or a relevant coaching qualification</li> <li>- Strong leadership and mentoring capability</li> <li>- Solid verbal and written communication skills</li> <li>- Ability to work without supervision</li> <li>- Strong organisational and planning skills</li> <li>- Commitment to athlete safety and development</li> <li>- Maintain a high level of confidentiality</li> <li>- First Aid Qualification (or willingness to obtain)</li> </ul>

<b>Person Specific</b>	
Attributes	<ul style="list-style-type: none"> <li>- Willingness to work collaboratively as part of a team</li> <li>- Confident working directly with children and parents</li> <li>- Strong communication skills</li> <li>- Punctual</li> <li>- Be physically fit</li> <li>- Be presentable in clean appropriate attire</li> <li>- Self-motivated and proactive</li> <li>- Possess a positive attitude</li> <li>- Adaptable and flexible</li> <li>- Demonstrates a strong focus on customer service</li> <li>- Ability to build strong relationships and able to relate to people from different backgrounds, abilities, and cultures</li> <li>- Be caring polite and respectful</li> <li>- Remain humble</li> <li>- Committed to working within the Sport NZ Code of Ethics</li> <li>- Meet requirements of NZ Police Vet Check to work with children</li> </ul>