

# **Trampoline Gymnastics**

## **2026 National Squad Selection Policy**

1.1 To work collectively to help improve the standard of Trampoline Gymnastics in New Zealand.
1.2 To select athletes and groups who have the potential to achieve the Gymnastics New Zealand ("Gymnastics NZ") performance targets in 2026 and beyond.
1.3 To select athletes and groups to represent New Zealand at selected FIG Events in 2026.
2.1 The 2026 Trampoline Gymnastics National Squad ("National Squad") refers to the athletes who have been selected to the National Performance or Aspiring Squads. There is no minimum or maximum number of athletes.
2.2 Any athlete or group wishing to be part of the National Squad must intend to travel to represent New Zealand on a Gymnastics NZ Tour during the Squad Term.
3.1 The 2026 National Squads will be selected for the period of 1 January 2026 until 31 December 2026.
4.1 In order for athletes to be eligible for selection they must meet the criteria below:
A. Performance Squad: Be 17 years of age or older during the Squad term. Aspiring Squad: Be 13 years of age or older during the Squad term.
B. Athletes aged 17 and over must be competing in FIG Senior; athletes aged 13-16 must be competing in FIG Junior.
C. Athletes must be New Zealand citizens.
D. Athletes must hold a valid New Zealand Passport
E. Achieve the performance criteria at a minimum of one key

	event as outlined below.					
5. Key Events	5.1 The following international events:					
	<ul> <li>Any FIG event from 1 January 2025 until 31 December 2026</li> </ul>					
	2025 Australian Gymnastics Championships					
	5.2 The following domestic events:					
	2025 New Zealand Gymnastics Championships					
	2025 North Island Championships					
	2025 South Islands Championships					
	2025 Trial events					
	5.3 Other international events during the above dates may also be considered by the Technical Committee.					

### 6. Performance Criteria

6.1 Athletes must achieve the following at Key Events:

			_ 2025	_ 2026		
Squad	Gender	Division	TRA	DMT	TRA	TUM
Aspiring	Female	13-14		43.5	84.5	41.5
		15-16		45.0	87.5	42.5
		17-21	48.5	46.5	91.5	43.5
	Male	13-14		45.0	87.5	44.5
		15-16		47.0	89.5	45.5
		17-21	51.0	49.0	94.5	46.5
Performance	Female	Senior		48.5	27.0	46.0
	Male	Senior		52.0	31.0	49.0

<sup>\*</sup> Selection from 17-21 TRA 2025 events is based on a single exercise; selection from 2026 events requires an additional FIG First Exercise as per rules for WAGC.

#### **DMT & TUM**

Total score from Qualifying or Finals rounds.

#### **TRA**

13-14 & 15-16: Combined total scores from the first exercise and the best voluntary exercise from the same event.

17-21 (2025): Total score from best exercise.

17-21 (2026): Combined total scores from an additional FIG *First Exercise* and the best voluntary exercise from the same event.

Performance: Difficulty + ToF from any exercise.

6.2 Athletes who reach the required score at 2026 key events during the Squad Term can also be added to the Squad.

### 7. Extenuating Circumstances

- 7.1 For the purpose of this Selection Criteria, "extenuating circumstances" means an inability of the athlete to compete in and/or attend events (including the key events), or other required attendances arising from:
  - a) injury or illness of the athlete;

	b) equipment failure;
	c) travel delays;
	d) bereavement; and/or
	e) other such circumstances as the Selectors reasonably consider constitute extenuating circumstances.
8. Selectors	8.1 The Selectors for the National Squad will be:
	Members of the Technical Committee (notwithstanding declared conflicts of interest)
	Gymnastics New Zealand Head of Gymnastics