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Christchurch

Christchurch School of Gymnastics

Sunday 24 November

9:00	Registration	
9:30	Welcome and Keynote speaker	All facilitators and Tamara Marcijasz
10:00	Workshop Circuit Part 1 (all coaches will attend all four workshops on rotation - two in each workshop circuit session)	<ol style="list-style-type: none"> 1. Game Play - using games to enhance your coaching - Nicci Glanville 2. Spotting 101 - when, how and why we spot our gymnasts - Tammy Tahuhu 3. Breaking it Down - Creative drills and side stations - Aylia Hamilton-Bannis 4. Understanding and Communicating the WHY - why we coach from the fundamentals and how we explain it - Toby Levine
12:00	Lunch and connection	
12:30	Workshop Circuit Part 2	As above - final two workshops on rotation
2:30	Afternoon Tea	
2:30	Youth Coach Connect - Amazing Race 2024	All facilitators
4:00	Reflection time	All facilitators
4:30	Wrap-up	

Cost

\$80.00 incl GST per coach, including interactive activities, workshops, keynote speaker, snacks and lunch.

Club Special: \$365 incl GST for 5 Coaches