

TRAMPOLINE GYMNASTICS WHĀNAU GUIDE

2023

A guide to the national Trampoline Gymnastics
competitive programme in New Zealand



Gymnastics
NEW ZEALAND

Table of Contents

	Page
Introduction	3
Gymnastics NZ Code of Behaviour	3
SafeSport	4
Trampoline Gymnastics Competitive Structure in New Zealand	5
Athlete Attire	6
Trampoline Equipment Norms	6
Different Levels of Events	7
Endorsed Events	7-9
Gymnastics New Zealand Coaching Pathway	10
Coaching Requirements	11
New Zealand Gymnastics Championships	12
Qualification scores for 2023 NZ Gymnastics Championships	15
International Event Qualification	16
Trampoline Judging Pathway	17
Club Requirements for Providing Judges at Competition	18
Composition of Judging Panels	19

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Introduction

This handbook is to provide a guide to the national Trampoline Gymnastics competitive programme in New Zealand.

Trampoline Gymnastics

Athletes use the trampoline to catapult themselves to heights that can surpass 10 meters, the height of a three-story building. Without technological devices strapped to the body, Trampolining is as close as humans beings get to flying solo. Trampoline gymnasts compete in one of four categories; Individual Trampoline, Synchronised Trampoline, Double Mini Trampoline and Tumbling.

Gymnastics New Zealand

Gymnastics New Zealand is the national body for Gymnastics and are responsible for working with Technical Committees to outline the New Zealand rules and regulations for each one of its codes. Gymnastics NZ staff support clubs in the operational and technical delivery of the sport, this can be through the Relationship Management team, Education Team, Tours, or the office for purchasing stock etc. Clubs are required to be a member of Gymnastics NZ to compete in the National competitive programmes. Please see below the current strategic plan for the organisation.

Gymnastics New Zealand Code of Behaviour

Please refer to the GNZ website for the most up to date version - [Regulations and Policies | GymnasticsNZ](#) The Gymnastics New Zealand Code of Behaviour applies to anyone involved in the sport of gymnastics in New Zealand, whether they are an athlete or in a paid or unpaid/voluntary capacity with Gymnastics New Zealand or an affiliated club or organisation.

1. **Respect the rights, dignity and worth of every individual athlete as a human being.** Treat everyone equally regardless of sex, disability, ethnic origin or religion. Respect the talent, development stage and goals of each athlete to reach their desired potential.
2. **Protect athletes from all forms of abuse.** Refrain from any form of verbal, physical, or emotional abuse towards athletes. Refrain from any form of sexual or racial harassment, whether verbal or physical. Do not harass, abuse, or discriminate against athletes based on their sex, marital status, sexual orientation, religious or ethical beliefs, race, colour, ethnic origins, employment status, disability, or distinguishing characteristics. Any physical contact with athletes should be appropriate to the situation and necessary for the athlete's skill development. Be alert to any forms of abuse directed towards athletes from other sources while in your care. You must raise any concerns you have regarding the treatment of any athlete by another coach, volunteer, parent etc. in accordance with this code or any other relevant policies and procedures e.g. Safe guarding and Child Protection Policy.

3. **Provide a safe environment for training and competition.** Adopt appropriate risk management strategies to ensure the training and/or competition environment is safe. Ensure equipment and facilities meet safety standards. Ensure equipment, rules, training, and the environment are appropriate for the age, physical and emotional maturity, experience, and ability of athletes. Show concern and caution toward sick and injured athletes. Allow further participation in training and competition only when appropriate. Encourage athletes to seek medical advice when required. Provide a modified training programme where appropriate. Maintain the same interest and support toward sick and injured athletes as you would the healthy athletes.
4. **Make a commitment to providing a quality service for all athletes.** Seek continual improvement through ongoing education, and other personal and professional development opportunities. Provide athletes with planned and structured input appropriate to their needs and goals. Seek advice and assistance from professionals when additional expertise is required. Maintain appropriate records.
5. **Maintain a high standard of integrity.** Operate within the rules of the sport and in the spirit of fair play, while encouraging athletes to do the same. Advocate a sporting environment free of drugs and other performance enhancing substances with the guidelines of the Drug Free Sport New Zealand and World Anti-Doping Code. Do not disclose any confidential information relating to athletes without their prior written consent.
6. **Be a positive role model for the sport and athletes and act in a way that projects a positive image.** All athletes are deserving of equal attention and opportunities. Ensure the athlete's time spent with you is a positive experience. Be fair, considerate, and honest with athletes. Encourage and promote a healthy lifestyle – refrain from smoking and drinking alcohol around athletes.
7. **Professional responsibilities.** Display high standards in your language, manner, punctuality, preparation, and presentation. Display control, courtesy, respect, honesty, dignity and professionalism to all involved within the sphere of sport – this includes opponents, coaches, officials, administrators, media, parents, and spectators. Encourage athletes to demonstrate the same qualities. Be professional and accept responsibility for your actions. You should not only refrain from initiating a sexual relationship with an athlete but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal. Accurately represent personal qualifications, experience, competence, and affiliation.

SafeSport

Gymnastics NZ is committed to ensuring that our sport is providing positive experiences, for all involved. If anyone has something they think we need to know in the context of athlete well-being, then please get in touch with us via safesport@gymnasticsnz.com. This email address will be received by our CEO and the independent Chair of the Sport Integrity Unit.

Trampoline Gymnastics Competitive Structure in New Zealand

There are two divisions in the New Zealand Trampoline Gymnastics Structure;

National

International/FIG Division

National Division

National Division will be available at specific endorsed competitions, and the NZ Gymnastics Championships. There are six age groups in this Division:

National 8 & Under (Not available at NZ Gymnastics Championships), National 9-10 Years, National 11-12 Years, National 13-14 Years, National 15-16 Years and National 17 Years and Over.

The age of the athlete is taken on 31 December in the year of competition. For example, to compete in the 11-12 years National Division; the athlete must be 11 or 12 on 31 December of that year.

International/FIG Division

International Division will be available at specific endorsed competitions and the NZ Gymnastics Championships. There are five divisions within the International Division:

FIG 11-12 Years, FIG 13-14 Years, FIG 15-16 years, FIG 17-21 Years and FIG Senior (17+) Years. Athletes must be at least 11 years old on 31 December in the year of competition to be eligible to compete in the International Division.

Competing in Different Divisions

Should an athlete wish to compete multiple events i.e. Double Mini, Trampoline and Tumbling they do not need to compete these in the same Division. The Division in which the athlete competes is up to the club and the trained coaches.

For Example: An athlete could compete in National 13-14 Years for Individual Trampoline and FIG 13-14 Years for Double Mini Trampoline.

Movement Between Divisions

An athlete must qualify in the Division they wish to compete in at NZ Gymnastics Championships. Those who compete International Division and fail to qualify in the first half of the competition season, may return back to the National Division in order to qualify in that Division for New Zealand Gymnastics Championships. This transition back to age must occur by April 30th 2023.

Coaches need to seriously consider their athlete's ability to move up to the International Division before they attempt to do so. If an athlete fails to qualify in any Division, they will not be eligible to compete at NZ Gymnastics Championships. No dispensation will be given for those who fail to qualify for International Division. The safety net rule has been removed as of 2023.

Athlete Competition Attire

Female athlete:

Club or Provincial long or short sleeved leotards. They are allowed to wear close fitted shorts over their leotards to compete in.

Male athlete:

Club or Provincial Leotards. They are allowed to wear shorts or longs over their leotards to compete in.

Rules that apply to all Athletes:

Shorts and longs must NOT have any writing on them e.g., Nike Pro. They must be plain black or club/provincial colours with only a small logo/brand e.g; Chalk, Milano.

Trampoline Equipment Norms

Clubs should ensure the quality of all equipment is at the standard suitable for all levels, up to and including senior divisions.

Safety matting around the competition equipment must be a minimum of 200mm density and sufficiently cover the areas around the competition equipment. While minimum requirements are 2-metres around the edge of the trampoline, safety and duty of care to athletes must also be taken into account.

Different Levels of Events



- Mock Competition**
Run in club, with coach or one judge to prepare athletes for competitions
- Club or Local Competition**
Competitions held at your club or clubs in your area, normally endorsed which means they are able to be used for moving up levels and/or qualify for NZ Gymnastics Championship
- Away Competitions**
Athletes travel outside of their region to an endorsed event to reach the score required to moving up levels and/or qualify for New Zealand Gymnastics Championships. Attending New Zealand Gymnastics Championships (Depending on location)
- International Competition**
Athletes can travel as a club on participation tours or qualify for an International event through Gymnastics NZ (additional criteria required for this level)

Competition Format for Endorsed Competitions

The disciplines of Individual Trampoline (TRA), Synchronised Trampoline (SYN), Double Mini Trampoline (DMT) and Tumbling (TUM) may be contested at Endorsed Competitions. All endorsed competitions are listed on the approved TRA Event Calendar found on [Events Calendar and Results | GymnasticsNZ](#) and entry to these events must be through the club administrator. Special trial events may be held during the year as required.

The competition format for each discipline is outlined below:

Individual Trampoline

Trampoline competitions comprise of three (3) routines with ten (10) elements in each routine.

A routine on the trampoline is characterised by high, continuous rhythmic feet to feet and feet to back, front, or seat, and rotational jumping elements, without hesitation or intermediate straight bounces. A trampoline routine should be planned to demonstrate a variety of forward and backward twisting or non-twisting elements. The routine should show good form, execution, height, maintenance of height, and opening in all elements to demonstrate perfect control of the body during the flying phase.

Individual Trampoline Qualifying Round

In International and National Division competitions, there are two routines in the Qualifying Round, both of them counting for the total score of the gymnasts.

- **National Division** has a compulsory routine for the first routine. Compulsory routines are interrupted if not executed in the order written.

- **FIG 11-12, 13-14, 15-16 Division** has compulsory requirements to fulfil within the first routine.
- **FIG 17-21 and Senior Division**, a gymnast competes two (2) voluntary routines in the first round with the best score counting as their preliminary score.

The starting order for the Qualifying Round is decided by a draw as per FIG rules. The gymnasts will be divided into groups of no more than twelve (12) per group, with each group performing their first and second routines prior to the next group starting the Qualifying Round.

Individual Trampoline Finals

There is one (1) voluntary routine in the Final. The gymnasts (pairs in synchronised competition) with the eight (8) best scores from the Qualifying Round go forward to the Final. In the event of ties, FIG rules will apply. The starting order for the Final will be in order of merit, the gymnast with the lowest score in the Qualifying Round going first. In the event of ties, FIG rules will apply.

Synchronised Trampoline

A synchronised pair consists of two (2) women or two (2) men. A gymnast may only compete in one (1) synchronised pair. Synchronised competitions will consist of a Qualifying Round and a Final as per Individual Trampoline. The nature of the qualifying round and final is at the discretion of the Organising Committee. Partners must do the same element at the same time and must start facing in the same direction. Twists do not need to be in the same direction. National Division trampoline athletes may not compete in the International Division synchronised competition. International Division trampoline athletes may not compete in the National Division synchronised competition.

Double Mini Trampoline

Double Mini-Trampoline (DMT) competitions comprise four (4) passes with two (2) elements in each pass. A pass on the DMT is characterised by high, continuous rhythmic feet to feet rotational and non-rotational jumping elements, connected without hesitation or intermediate straight bounces. A DMT pass should be planned to demonstrate a variety of forward and backward twisting or non-twisting elements. The pass should show good control, form, execution, height and maintenance of height. In a pass a maximum of three (3) contacts with the bed are allowed with no intermediate bounce between the elements. Each pass must end with a dismount element performed from the spotter/dismount zone to the landing area.

Double Mini Trampoline Qualifying Round

There are two (2) passes in the Qualifying Round. The starting order for the Qualifying Round is decided by draw as per FIG rules. The gymnasts will be divided into groups of no more than twelve (12) per group, with each group performing their first and second passes prior to the next group starting the Qualifying Round. In National and International Divisions, the maximum FIG DD for any one element applies for all passes.

Double Mini Trampoline Finals

There are two (2) passes in the Final Round. The gymnasts with the eight (8) best scores from the Qualifying Round will go forward to the Final. The starting order for the Final will be in order of merit, the gymnast with the lowest score in the Qualifying Round going first. In the event of ties, FIG rules will apply.

Repetition Rules

For all Divisions; an athlete may repeat their two (2) preliminary passes in their two (2) final passes.

Tumbling

A tumbling pass should be planned to demonstrate a variety of forward, backward and sideward elements. The pass should show good control, form, execution and maintenance of tempo.

National and International Division athletes (except FIG Senior) compete three (3) passes with five (5) elements in each pass (optional 8 elements in the second pass);. FIG Senior athletes compete four (4) passes with ~~and~~ eight (8) elements in each pass.

Tumbling competitions comprise of three (3) passes with five (5) elements in National Division (optional 8 elements in the second pass), and eight (8) elements in International Division, in each pass. FIG Senior comprise of four (4) passes. A tumbling pass should be planned to demonstrate a variety of forward, backward and sideward elements. The pass should show good control, form, execution and maintenance of tempo.

Tumbling Qualifying Round

There are two (2) voluntary passes in the Qualifying Round with no repetition of elements allowed in either pass. **National Division** has a compulsory pass for the first routine. Compulsory routines are interrupted if not executed in the order written. Execution only counting for this pass. Second Pass – this is a voluntary routine with execution and difficulty counting. This pass can either be five (5) elements or eight (8) elements. A pass with eight (8) elements will receive a 2.0 bonus from the CJP. The starting order for the Qualifying Round is decided by draw as per FIG rules.

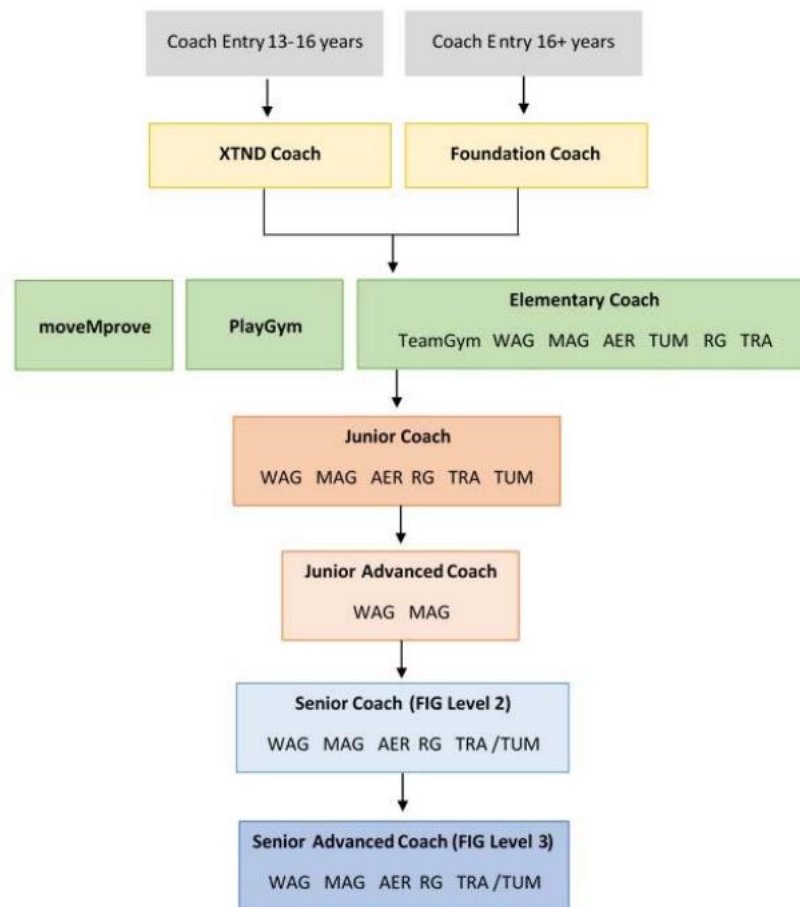
Tumbling Finals

There is one (1) voluntary pass in the Final with no repetition of elements allowed in either pass. This pass can either be five (5) elements or eight (8) elements. A pass with eight (8) elements will receive a 2.0 bonus from the CJP. **All International Divisions** compete two (2) voluntary passes in the final; an athlete may repeat their two (2) preliminary passes in their two (2) final passes. The gymnasts with the eight (8) best scores from the Qualifying Round will go forward to the Final. The starting order for the Final will be in order of merit, the gymnast with the lowest score in the Qualifying Round going first. In the event of ties, FIG rules will apply.

Overall Competition Winner Definition

The winner in all disciplines is the athlete or pair with the best cumulative score obtained from the Qualifying **and** Final Rounds.

Gymnastics New Zealand Coach Education Pathway



Gymnastics New Zealand aims to meet the professional development needs of gymnastics coaches and judges by providing theoretical and practical programmes. Courses are offered throughout the country with some being online. Above is the diagram of this pathway; alongside these courses there are other opportunities to engage in workshops, coach developer opportunities, guest speakers and a bi-annual coach connect conferences. All registrations for these courses are through the member clubs.

Coaches Qualifications Requirements for Endorsed Events

Coaches should have coaching qualifications at the same level that their athletes are working. Gymnastics New Zealand has taken a stepped approach to bring coaches up to the required coaching levels over the next few years. All coaches are required to have a current Safeguarding Child qualification and to be Police Vetted by their club.

Athlete Level	Competition Level	Qualification Required – Endorsed and Qualifying Events
		2023
Elementary	8 Years & under or National 9-10 Years	TRA Elementary*
Junior	National Divisions: 11-12 Years, 13-14 Years, 15-16 Years, 17 Years and Over International Divisions: FIG 11-12 Years	TRA Junior**
Senior	International Divisions: FIG 13-14 Years and above	TRA Junior Advance**

Note:

* The qualification may still be in progress. A second coach for a group at Foundation/XTND may be permitted.

** May be in progress

Required qualifications will be reviewed on an annual basis. Coaches who are not qualified at the required level will need to apply for dispensation.

Tumbling

Gymnastics New Zealand are expanding their education offerings in Tumbling and coaches are expected to upskill their qualification as courses become available, however in the mean time they have access to a number of options.

Coaches Qualifications Requirements for 2023 New Zealand Gymnastics Championships

Trampoline:

Qualification of Coach	Level/ International
National Division	TRA Junior Coach
FIG 11-12, 13-14, 15-16	TRA Advanced Coach
FIG 17-21 and FIG Senior 17+ Years	TRA Senior Coach

Tumbling:

Qualification of Coach	Level/ International
National Division	TRA Junior Coach
FIG 11-12, 13-14, 15-16	TRA Advanced Coach
FIG 17-21 and FIG Senior 17+ Years	TRA Senior Coach

Note: Qualifications can be through WAG/MAG Artistic or Trampoline

New Zealand Gymnastics Championships

The NZ Gymnastics Championships is Endorsed and governed by Gymnastics New Zealand (GNZ). Information can be found on the website www.gymnasticsnz.com. Achievement of the qualification mark at an endorsed qualifying competition is required for eligibility to enter NZ Gymnastics Championships.

All participants must meet the entry requirements in the regulations; including age and affiliation etc.

Athlete Qualification

National Division

A National Division athlete who reaches the New Zealand Gymnastics Championships qualifying score for the National Division at an endorsed competition is eligible to attend New Zealand Gymnastics Championships in that National Division only.

If the athlete then makes the New Zealand Gymnastics Championships qualifying score for the International Division by competing in the International Division in an endorsed competition, they must compete International Division at New Zealand Gymnastics Championships and any other subsequent events.

Note: The athlete must compete at NZ Gymnastics Championships at the highest level they achieved qualification for.

International Division

An International Division athlete who makes the New Zealand Gymnastics Championships qualifying score for International Division at an endorsed competition must compete International Division at New Zealand Gymnastics Championships.

2023 Trampoline Routine and Pass Requirements

All athletes, except for FIG 17-21 and FIG Senior, will compete a compulsory or 1st voluntary routine followed by a 2nd voluntary routine in the preliminary round for a total combined score. Finals will be one voluntary routine. Cumulative scoring will determine the final results.

FIG 17-21 and FIG Senior will compete two voluntary routines in the first round with the highest score counting as the gymnasts final preliminary score – as per FIG COP rules. Finals will be one voluntary routine. Cumulative scoring will determine the final results.

2023 Double Mini Routine and Pass Requirements

All athletes will compete two preliminary passes. 2022-2024 FIG Code of Points rules apply except for F1 and F2 – all athletes will compete two passes in finals. Cumulative scoring will apply to all divisions.

Repetition Rule

Prelims - no repetition of elements allowed in either of the two (2) passes.

Finals – no repetition of elements allowed in either of the two (2) passes. May repeat passes from preliminary round.

2023 Synchronised Trampoline Pairs

Any athlete who qualifies for **individual trampoline** is eligible to enter synchro at NZ Gymnastics Championships in the **same Division** in which they qualified individual (i.e. there is NO specific synchro requirement to qualify for NZ Gymnastics Championships).

Athletes must compete in the Division they compete in for individual trampoline. National Division trampoline athletes may only compete in National Division synchronised events and International Division trampoline athletes must only compete in International Division synchronised events.

It is not compulsory to run synchro at New Zealand Gymnastics Championships endorsed competitions.

National Division: A synchronised trampoline pair's section of entry within the Division is determined by the **older** athlete's age.

International/FIG Division: a synchronised trampoline pair's section of entry within the Division is determined by the more **senior** partner of the pair.

Example: A 13-14 year old athlete who wishes to compete synchronised trampoline with a 15-16 year old athlete must enter 15-16 synchronised trampoline.

2023 Tumbling

National and International Division athletes (except FIG Senior) compete (3) passes with five (5) elements in each pass (optional 8 elements in the second pass);. FIG Senior athletes compete four (4) passes with ~~and~~ eight (8) elements; in each pass.

Tumbling is characterised by continuous speedy, rhythmic hand(s) to feet, and feet to feet, rotational jumping elements without hesitation or intermediate steps.

A tumbling pass should be planned to demonstrate a variety of forward, backward and sideward elements. The pass should show good control, form, execution and maintenance of tempo.

Qualifying Round

There are two (2) voluntary passes in the Qualifying Round with no repetition of elements allowed in either pass.

National Division has a compulsory pass for the first routine. Compulsory routines are interrupted if not executed in the order written. Execution only counting for this pass.

Second Pass – this is a voluntary routine with execution and difficulty counting. This pass can either be five (5) elements or eight (8) elements. A pass with eight (8) elements will receive a 2.0 bonus from the CJP.

The starting order for the Qualifying Round is decided by draw as per FIG rules.

Finals

There is one (1) voluntary pass in the Final with no repetition of elements allowed in either pass. This pass can either be five (5) elements or eight (8) elements. A pass with eight (8) elements will receive a 2.0 bonus from the CJP.

All International Divisions compete two (2) voluntary passes in the final; an athlete in a FIG Division may repeat their two (2) preliminary passes in their two (2) final passes.

The gymnasts with the eight (8) best scores from the Qualifying Round will go forward to the Final.

The starting order for the Final will be in order of merit, the gymnast with the lowest score in the Qualifying Round going first. In the event of ties, FIG rules will apply.

Repetition Rules

From 2022, the repetition rules for tumbling will be applied as per the FIG 2022-2024 Code of Points.

Qualification Scores for 2023 NZ Gymnastics Championships

When reading the below scores please keep in mind the following notes:

- FIG 17-21 Years and Senior Trampoline - One Voluntary routine score from either preliminary or final round
- All other Trampoline Divisions; - total score of Set routine plus Voluntary routine from either the preliminary or final round
- National 9-10 Years Trampoline – No Time of Flight (TOF) score included
- Trampoline and DMT – no minimum DD score required. Total score from two (2) passes in either preliminary or final round
- Tumbling – Minimum DD score required – including bonus skill

International Divisions								
	Trampoline		Double Mini		Tumbling			
	Men	Women	Men	Women	Men		Women	
	Total Score	Total Score	Total Score	Total Score	Total Score	Min DD	Total Score	Min DD
FIG Senior	49.50	47.50	47.20	44.00	37.20	6.00	37.20	6.00
FIG 17-21 Years	47.50	45.50	45.60	43.00	35.90	3.50	35.90	3.50
FIG 15-16 Years	84.50	82.50	42.80	42.00	35.50	3.50	35.50	3.50
FIG 13-14 Years	81.50	80.50	41.20	41.00	35.00	2.60	35.00	2.60
FIG 11-12 Years	78.50	78.00	40.50	40.10	34.60	2.60	34.60	2.60

National Division								
	Trampoline		Double Mini		Tumbling			
	Men	Women	Men	Women	Men		Women	
	Total Score	Total Score	Total Score	Total Score	Total Score	Min DD	Total Score	Min DD
National 17+ Years	77.00	77.00	40.20	40.20	36.50	1.30	36.50	1.30
National 15-16 Years	76.50	76.50	40.20	40.20	36.10	1.30	36.10	1.30
National 13-14 Years	75.50	75.50	39.80	39.80	35.70	1.30	35.70	1.30
National 11-12 Years	74.50	74.50	39.20	39.20	35.00	1.00	35.00	1.00
National 9-10 Years	52.00	52.00	38.80	38.80	34.60	1.00	34.60	1.00

International Event Qualification

All qualification criteria for international events, including qualification scores, are subject to Gymnastics New Zealand performance pathways. Event qualification criteria is published by GNZ prior to Expression of Interest (EOI) and scores may deviate from any scores published in this handbook.

Trampoline

FIG 11-12 Years, FIG 13-14 Years, FIG 15-16 Years: Set and EITHER preliminary or final's voluntary.

FIG 17-21 Years and FIG Senior: achieved from one voluntary routine in either round.

Double Mini Trampoline

Total score from either first round passes or second round passes.

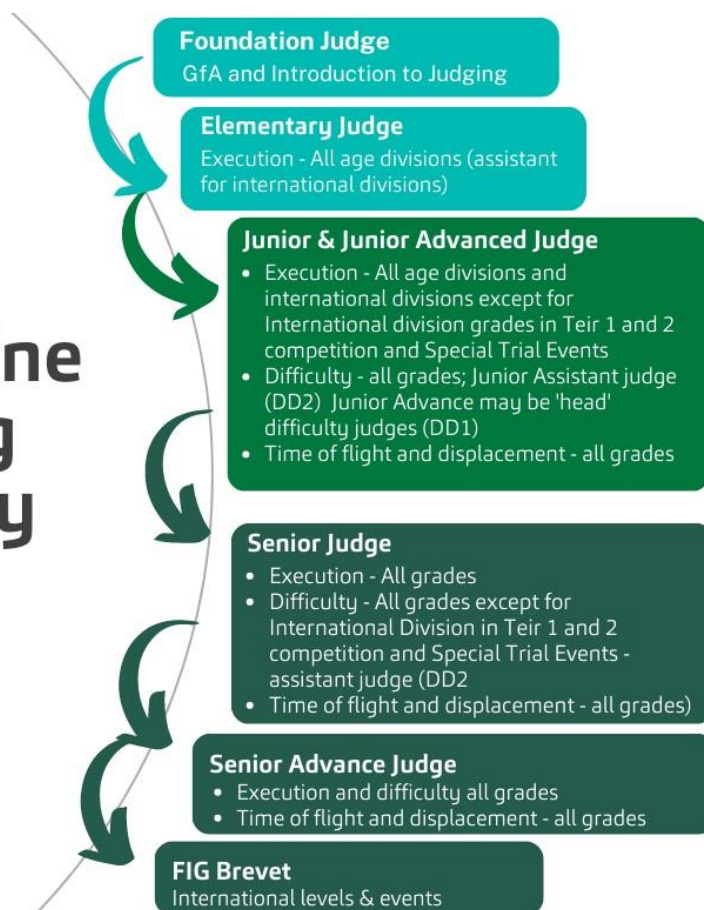
Tumbling

Total score from either first round passes or second round passes.

Synchronised Trampoline

Criteria will be released at the announcement of a competition offering Synchronized Trampoline

Trampoline Judging Pathway



Judging Panels

The judging panel for Trampoline consists of a total of up to 10 judges, 1 Chair judge, 1 Difficulty Assistant judge, 1 Difficulty Judge, 6 Execution judges and 1 Horizontal Displacement judge

What each Judge Judges:

Difficulty - DD

Check that all routine requirements have been met and calculate the difficulty value of the routine (DD)

Execution

Evaluate athletes form for each skill in the routine including landing deduction. Deductions are made from a perfect score of 1 for each of the 10 skills.

Horizontal Displacement

It is important to note where the athlete lands each skill. Ideally, they should always land in the central box as close to the cross as possible. There is set deduction every time an athlete lands outside the box. **Note:** there is no deduction for an athlete moving from outside the box back into the box. No deduction is taken for athletes being out to the sides of the box, as it is deemed impossible for all of the Judges to clearly see this part of the bed.

Time of Flight (TOF)

Managed by the Chair Judge who starts the TOF machine during the first skill which then records the total time of flight for the 10 skill routine.

DMT and Tumbling Judges Panels

Are the same as Trampoline, except Time of Flight and Horizontal Displacement is not required.

Club Requirements for Providing Judges at Competitions

All Clubs with athletes entered in a competition are required to supply appropriately qualified judges to be on the judging panels.

Each Club is required to provide judges in the ratio of one judge for every group of 10 athletes or group of less than 10 athletes. Consequently, the number of judges a Club is required to provide will vary with the number of athletes it has entered in the competition.

Clubs may substitute suitably qualified judges from other clubs in order to meet the number of judges required. Clubs with small numbers of entrants may combine to provide judges between them.

A club must provide the required number of judges for the entire competition at the minimum qualification level. This may mean judge availability is rotated during the event.

Any club that does not provide the correct number of judges and level will be required to pay a fee of \$300 to the competition organiser for each judge they do not provide. Clubs will not be liable for the \$300 fee during the first year of competition in which they have athletes in endorsed competitions.

Number of Judges to be Provided by a Club

Number of athletes entered into the competition	Number of Judges required to provide
1-10	1
11-20	2
21-30	3
31-40	4
41-50	5
Minimum level of judge provided by a Club for National Division	Junior Judge
Minimum level of judge provided by a Club for International	Senior Judge

Composition of Judging Panels

Trampoline Judging Panels

Panel	National Divisions	International Divisions
Horizontal Displacement	Elementary	Elementary
Execution	Up to 6 Judges: a mix of Elementary, Junior and Senior Judges	Up to 6 Judges: a mix of Junior and Senior Judges
Difficulty	1 Judge: Junior Advance	2 Judges: Junior Advance and Elementary
Control Judge or the Chair of the Panel	Senior	Senior

Double Mini and Tumbling Judging Panels

Panel	National Divisions	International Divisions
Execution	Up to 6 Judges: a mix of Elementary, Junior and Senior Judges	Up to 6 Judges: a mix of Junior and Senior Judges
Difficulty	1 Judge: Junior Advance	2 Judges: Junior Advance and Elementary
Control Judge or the Chair of the Panel	Senior	Senior

Score Calculation:

- Trampoline Score = Execution (E) + Horizontal Displacement (HD) + Difficulty (DD) + Time of Flight (T) – Penalty
- Synchronised Trampoline Score = E + HD + Synchronicity + DD – Penalty
- Double Mini Trampoline Score = E + DD – Penalty
- Tumbling Score = E + DD – Penalty

Please Note: National 9-10 Years does not have TOF included in their score.

Score Calculation at Endorsed Events and NZ Gymnastics Championship:

Trampoline

All National Divisions, + FIG 11-12, FIG 13-14, and FIG 15-16: total score of Set routine + preliminary Voluntary routine and finals Voluntary routine.

FIG 17-21 and FIG Senior: total score of highest Voluntary routine in preliminary round +and final Voluntary routine.

Synchronised Trampoline

All National Divisions, + FIG 11-12, FIG 13-14, ~~and~~ FIG 15-16 and FIG 17-21: total score of preliminary Voluntary routine and finals Voluntary routine.

FIG Senior: total score of highest Voluntary routine in preliminary round +and final Voluntary routine.

Double Mini Trampoline and Tumbling

Total score from first round passes and second round passes.

