

21-23.10.23 NATIONAL GYMCLUB CHALLENGE MANAWATU GYMSPORTS

DATE: 21, 22, 23 October 2023

VENUE: Manawatu Gymsports, 93 Malden Street, Palmerston North

ENTRY FEE: \$60 per gymnast, \$10 for additional entry per gymnast.

We will invoice your club.

CLOSING DATE: Thursday 31st August 2023 via email to club@manawatugymsports.co.nz

Please remember that this event is open to athletes who are 9 years of age or older, with the exception of Team Gym.

Competitive athletes that have competed in the current year of the event cannot compete in this event in the sport that they are a competitive athlete in, however, they may compete in another code.

The organisers reserve the right to limit the number of entries. Entries will be accepted on a first in, first serve basis. If there are insufficient entries the organisers may cancel the competition.

Late entries accepted at the discretion of the Club Manager at a cost of \$15 per gymnast.

REFUNDS: Medical refunds of 80% of the entry fee will be made if requests, with a medical certificate, are received within 7 days of the event.

CODES and AWARDS: Please see below for detailed information on codes offered. Please also refer to the GNZ Club Challenge Handbook for more detail.

JUDGES: Each club must provide a suitable judge for each level entered, it is required that all judges have at least completed their Foundation Judge Qualification. If you are unable to supply judges please add the "No Judge Charge" of \$15 per gymnast on the entry form.

MUSIC: Please email floor music in an MP3 format to club@manawatugymsports.co.nz with your entry form.

Please note this entry form acts as a photo/media waiver for all Athletes, Coaches and Officials on the competition floor. By entering this competition you are accepting the terms of photography and granting permission for Manawatu GymSports and/or media outlets to use your image. If this is on concern please contact us.





21-23.10.23 NATIONAL GYMCLUB CHALLENGE MANAWATU GYMSPORTS

CODES AVAILABLE AND FURTHER DETAILS

Team Gym

The following divisions are available: Novice, Junior, Intermediate, Advanced and Open Senior.

GFA Apparatus

Levels 3-6 available for Men, Levels 3-6, Open available for Women's. Please select the apparatus for each gymnast. To be eligible for all-around a minimum of 3 apparatus are needed.

Level 3 can select from floor, beam, vault, bar, pbar and rings. For vault you can perform both vaults or one twice, please indicate.

Level 4-6 can select from floor, beam, vault, uneven bar, high bar, pbar and rings. For vault you can perform both vaults or one twice, please indicate.

GNZ Parkour

Athletes can compete in speed, freestyle and relay; these count as additional entries so would be \$60 entry, plus \$10 additional entry for each extra event.

Aerogym

Athletes can compete in individual and groups. For group entries please ensure you have a group name/number so it's clear who is in the group. If an athlete enters both individual and group the second entry counts as an additional entry.

Aerodance

All groups are to be between 5-8 athletes.

Tumbling, Trampoline and Double Mini Trampoline

Levels as per the GNZ handbook.

Rhythmic

Athletes can enter individual, pair, trio and group. This would be counted as 4 entries.



21-23.10.23 NATIONAL GYMCLUB CHALLENGE PROVISIONAL TIMETABLE

SAT

SUN MON

Apparatus Challenge Level 6 & Open

Team Gym Novice

Rhythmic Individual

DMT Level 4-6

Apparatus Challenge level 4

Team Gym Senior & Advanced **Rhythmic Pair/Trio/Group**

DMT Level 7-10

Tumbling Level 4-6

Team Gym Q+A Session

Apparatus Challenge Level 3

Team Gym Jnr & Int

Trampoline Level 4-7

GNZ Parkour Q+A

Tumbling Level 7-10

Apparatus Challenge Level 5

Coaching For Accessibility Clinic **GNZ Parkour**

Trampoline Level 8-10

Aerogym

AeroDance

Coach and Officials Dinner



*Timetable Subject To Change Pending Entries

