

**2023 NEW ZEALAND GYMNASTICS CHAMPIONSHIPS
WOMEN'S ARTISTIC TIMETABLE**

Tuesday 4 July	Training	Training		Training	Training
	Session 1	Session 2	Session 3	Session 4	
Wednesday 5 July	WAG STEP 6 Team & App Round 1 <i>Stretch 8.30-8.55am</i> <i>Compete 9.00-11.00am</i> Prizegiving 2:25pm	WAG STEP 6 Team & App Round 2 <i>Stretch 11.10-11.30am</i> <i>Compete 11.30-1.30pm</i> Prizegiving 2:25pm	WAG STEP 8 Team and AA <i>Stretch 1.10-1.30pm</i> <i>Apparatus Warm up 1.30-2.30pm</i> <i>Compete 2.30-5.00pm</i> Prizegiving 5:45pm	WAG STEP 9,10, Jnr/Snr Int Team and AA <i>Stretch 4.40-5.00pm</i> <i>Apparatus Warm-up 5.00-6.00pm</i> <i>Compete 6.00-8.30pm</i> Prizegiving 9:00pm	
	Session 6	Session 7	Session 8	Session 9	
Thursday 6 July	WAG STEP 5 Team & App Round 1 <i>Stretch 8.00-8.20am</i> <i>Compete 8.25-10.45am</i> Prizegiving 2.25pm WAG Coaches Medals on the Artistic Floor 10:45	WAG STEP 5 Team & App Round 2 <i>Stretch 10.45-11.05am</i> <i>Compete 11.10-1.30pm</i> Prizegiving 2.25pm	WAG STEP 7 Team & AA Round 1 <i>Stretch 1.10-1.30pm</i> <i>Apparatus Warm-up 1.30-2.30pm</i> <i>Compete 2.30-5.00pm</i> Prizegiving 9:15pm	WAG STEP 7 Team & AA Round 2 <i>Stretch 4.40-5.00pm</i> <i>Apparatus Warm-up 5.00-6.00pm</i> <i>Compete 6.00-8.30pm</i> Prizegiving 9:00pm	
	Session 10	Session 11	Session 12	Session 13	
Friday 7 July	WAG STEP 6 AA Finals <i>Stretch 9.00-9.20am</i> <i>Compete 9.25-11.30am</i> Prizegiving 12:15pm	WAG STEP 8,9 Apparatus Finals <i>Stretch 12.10-12.30pm</i> <i>Compete 12.30-3.30pm</i> Prizegiving 4:15pm	WAG STEP 10, Jnr/Snr Int Apparatus Finals <i>Stretch 3.15-3.35pm</i> <i>Compete 3.40-6.00pm</i> Prizegiving: 6:45pm		
	Session 14	Session 15			
Saturday 8 July	WAG STEP 5 AA <i>Stretch 9.00-9.20am</i> <i>Compete 9.25-11.00am</i> <i>Prizegiving 11:30am</i> WAG Coaches Medals 11:30 in the Awards Room	WAG Forum 11.30-12.30pm	WAG STEP 7 Apparatus Finals <i>Stretch 12.35-12.55pm</i> <i>Compete 1.00-3.30pm</i> Prizegiving 4:10pm	Closing Ceremony 4:45pm	