## 2023 NEW ZEALAND GYMNASTICS CHAMPIONSHIPS

## **MEN'S ARTSTIC TIMETABLE**

			MEN 5 ARISITE ITME	1.15==	
Tuesday 4 July	Training	Training	Training	Training Artistic Managers Meeting 3.00-4.00pm	Training MAG Judges Meeting Virtual 8.00-8.45pm
	Session 1	Session 2	Session 3	Session 4	Session 5
Wednesday 5 <sup>th</sup> July			MAG Forum 4.00-5.00pm	MAG Level 6 Team & App Stretch 4.40-5.00pm Apparatus Warm-up 5.00-6.00pm Compete 6.00-8.00pm Prizegiving 8:30pm	
	Session 6	Session 7	Session 8	Session 9	
Thursday 6 <sup>th</sup> July	MAG Level 5 Team & App Stretch 8.00-8.20am Compete 8.25-10.45am Prizegiving 11:30am	MAG Level 4 Team & App Stretch 10.45-11.05am Compete 11.10-1.30pm Prizegiving 2:10pm	MAG Level 8 AA & Team Stretch 1.10-1.30pm Apparatus Warm-up 1.30-2.30pm Compete 2.30-5.00pm Prizegiving 5.45pm	U17, U18 & Senior Open AA & Team Stretch 4.40-5.00pm Apparatus Warm-up 5.00-6.00pm Compete 6.00-8.00pm Prizegiving 8:30pm	
	Session 10	Session 11	Session 12	Session 13	
Friday 7 <sup>th</sup> July	MAG Level 7 Team & AA Stretch 8.00am Apparatus Warm-up 8.20-9.20am Compete 9.25-11.30am Prizegiving 12:15pm  MAG Coaches Medals on the Artistic Floor 10:45	MAG Level 6 AA Finals MAG Level 9 Team & AA Stretch 11.10-11.30 am Apparatus Warm up 11.30-12.30pm Compete 12.30-2.30pm Prizegiving 3:15pm	MAG Level 4 AA Final Stretch 3.15-3.35pm Compete 3.40-5.40pm Prizegiving 6:15pm	MAG Level 5 AA Finals Stretch 5.45-6.05pm Compete 6.10-8.10pm Prizegiving 8:30pm	
	Session 14		Session 15		
Saturday 8 <sup>th</sup> July	MAG Level 7,8, 9 Apparatus Finals Stretch 9.00-9.20am Compete 9.25-12.00pm Prizegiving 12:45pm  MAG Coaches Medals on the Artistic Floor 11:00am		U17, U18 & Senior Open Apparatus Finals Stretch 11.40am Apparatus Warm up 12.00-1.00pm Compete 1.00-3.00pm Prizegiving 3:40pm	Closing Ceremony 4:45pm	