



## Mid Island Gym Sports (MIGS) inc.

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### Gym For All Coach

MIGS is looking for a fun and enthusiastic person to join the coaching team in our recreational gym for all classes. This is an opportunity for someone looking to get into coaching, as training courses will be provided. Alternatively if you have experience, and are looking to get back into recreational gym coaching, this could also be perfect for you. We run recreational classes most days of the week, so days and times are flexible and can be discussed further. We estimate 8-10 hours per week as a start. If this sounds like an opportunity that interests you, please get in touch to discuss.

Email: [migscommittee@gmail.com](mailto:migscommittee@gmail.com)

Amy Armer, Chairperson