



Mid Island Gym Sports (MIGS) inc.

Te Ngae Road, Rotorua

Po Box 490, Rotorua

Phone: 07 3493 108

Email office: admin@migs.co.nz

Accounts: accounts@migs.co.nz

Conditioning coach

Conditioning is a key part of the training programme for our competitive athletes at MIGS. We are looking for options to put together some customised conditioning programmes for the competitive trampoline, tumbling and artistic gymnasts to compliment their other specific training. Do you have experience in personal training or sport science and does this sound like an opportunity that interests you? This role would involve planning for each step / level and some contact coaching time across the week, working in with the coaching schedules. Please get in touch to discuss options and hours per week. This role is part time.

Email: migscommittee@gmail.com

Amy Armer, Chairperson