

**2022 NEW ZEALAND GYMNASTICS CHAMPIONSHIPS
RHYTHMIC GYMNASTICS TIMETABLE**

Tuesday 12 July	Training	Training	Training	Training RG & AER Managers Meeting 5.00pm	Training
	Session 1	Session 2	Session 3	Session 4	Session 5
Wednesday 13 July	Opening Ceremony 8.30-9.00am Judges Meeting 7.30-8.30am Level 5 <i>3 apparatus</i> Warm up:8.30-8.50am Compete:9.00-11.15am Prizegiving: 12.15pm	Level 6 <i>3 apparatus</i> Warm up:11.15-11.35am Compete:11.45-2.00pm Prizegiving: 3.00pm	Level 7 <i>3 apparatus</i> Warm up:2.15-2.35pm Compete:2.45-4.45pm Prizegiving: 5:30pm	Grade 3, 5 & 6 Group <i>2 showings</i> Warm up:4.45-5.45pm Compete:6.00-7.15pm Prizegiving: 8:00pm	Junior & Senior International Training Warm up area:7.15pm Competition floor:7.30-9pm
	Session 6	Session 7	Session 8	Session 9	Session 10
Thursday 14 July	Grade 4 Group <i>2 showings</i> Warm Up: 8.00-8.45am Compete: 9.00-10.00am Coaches Medals on RG Floor Awarded: 10am Prizegiving: 11.15am	Level 8 <i>2 apparatus</i> Warm up:10.00-10.20am Compete: 10.30-12.15pm	Level 9 <i>2 apparatus</i> Warm up:12.30-12.50pm Compete: 1.00-2.45pm	Level 10 <i>2 apparatus</i> Warm up:2.45-3.05pm Compete:3.15-5.30pm	Junior & Senior International <i>2 apparatus</i> Warm up:5.30-5.50pm Compete:6.00-7.30pm RG Forum 7.45-8.45pm
	Session 11	Session 12	Session 13	Session 14	Session 15
Friday 15 July	Stage 3 & 4 <i>2 showings</i> Warm up:8.30-8.50am Compete:9.00-10.15am Coaches Medals on RG Floor Awarded: 10.15am	Level 8 <i>2 apparatus</i> Warm up:10.15-10.35am Compete:10.45-12.30pm Prizegiving: 1:00pm	Level 9 <i>2 apparatus</i> Warm up:12.45-1.05pm Compete:1.15-3.15pm Prizegiving: 3.45pm Athlete Forum 3.30pm	Level 10 <i>2 apparatus</i> Warm up:3.15-3.35pm Compete:3.45-5.00pm Prizegiving: 6:15pm	Junior & Senior International <i>2 apparatus</i> Warm up:5.00-5.20pm Compete:5.30-7.00pm Prizegiving: 8.20pm
	Session 16	Session 17	Session 18		
Saturday 16 July	Stage 3 & 4 <i>2 showings</i> Warm up:8.30-8.50am Compete:9.00-10.15am Coaches Medals on RG Floor Awarded: 10.15am	Junior International Apparatus Finals Warm up:10.15-10.35am Compete:10.45-12.30pm Prizegiving: 1:15pm	Senior International Apparatus Finals Warm up:12.45-1.05pm Compete:1.15-2.45pm		

	Prizegiving: 11.00am All Level Special Awards	<i>Athlete Forum 10.30am</i>	Prizegiving: 3.45pm and Final Special Awards		
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