

2022 NEW ZEALAND GYMNASTICS CHAMPIONSHIPS  
**AEROBICS TIMETABLE**

<b>Tuesday 12 July</b>	<b>Training</b>	<b>Training</b>	<b>Training</b>	<b>Training</b>  <b>RG &amp; AER Managers Meeting</b> (Meeting room)	<b>Training</b>
	<b>Session 1</b>	<b>Session 2</b>	<b>Session 3</b>	<b>Session 4</b>	<b>Session 5</b>
<b>Wednesday 13 July</b>	<b>Opening Ceremony</b> 8.30-9.00am				
	<b>Session 6</b>	<b>Session 7</b>	<b>Session 8</b>	<b>Session 9</b>	<b>Session 10</b>
<b>Thursday 14 July</b>	<b>AER Judges Meeting</b> 9.00-10.00am	<b>AER International Heats (Individual &amp; Team)</b> Warm up:10.00-10.20am Compete: 10.30-12.15pm	<b>AER Open Heats (Individual &amp; team)</b> Warm up:12.30-12.50pm Compete: 1.00-2.45pm	<b>AER ADP Heats (Individual &amp; Team)</b> Warm up:2.45-3.05pm Compete:3.15-5.30pm	
	<b>Session 11</b>	<b>Session 12</b>	<b>Session 13</b>	<b>Session 14</b>	<b>Session 15</b>
<b>Friday 15 July</b>		<b>AER Open Finals (Individual &amp; Team)</b> Warm up:10.15-10.35am Compete:10.45-12.30pm  <b>Prizegiving: 12:50pm for Open Individual, Pairs/Trios</b>	<b>AER ADP Finals (Individual &amp; Team)</b> Warm up:12.45-1.05pm Compete:1.15-3.15pm <i>Coaches medals Aerobics floor 3.15pm</i>  <b>Prizegiving: 4pm including Teams from Session 12</b>	<b>Athletes Forum 3.30pm</b> <b>AER Forum</b> 4.45-5.45pm	<b>Junior &amp; Senior International Training</b> Warm up area:7.15pm Competition floor:7.30- 9.00pm
	<b>Session 16</b>	<b>Session 17</b>	<b>Session 18</b>		
<b>Saturday 16 July</b>		<b>AER International Finals</b> Warm up:10.15-10.35am Compete:10.45-12.30pm	<b>AER International Finals</b> Warm up:12.45-1.05pm Compete:1.15-2.45pm <i>Coaches medals Aerobics floor 2.45pm</i>		

		<b>Athletes Forum 10.30am</b>	<b><i>Prizegiving: 4.00pm for all Saturday session and special awards</i></b>		
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