

**2021 NEW ZEALAND GYMNASTICS CHAMPIONSHIPS
RHYTHMIC GYMNASTICS TIMETABLE**

Tuesday 20 July	Training	Training	Training	Training RG & AER Managers Meeting (Meeting room) 4.30-5.30pm	Training RG Judges Meeting (Meeting room 2) 6.00-7.00pm
	Session 1	Session 2	Session 3	Session 4	Session 5
Wednesday 21 July	Level 5 <i>3 apparatus</i> Warm Up:8.30-8.55am Compete:9.00-11.00am <i>Prize giving: 11:45am</i>	Level 6 <i>3 apparatus</i> Warm up: 11.00-11.25pm Compete: 11.30-1.30pm <i>Prize giving: 2:20pm</i> Opening Words 1.30-2.00pm	Level 7 <i>3 apparatus</i> Warm up: 2.00-2.25pm Compete: 2.30-4.30pm <i>Prize giving: 6:00pm</i>	Grade V & VI Group <i>2 showings</i> Warm up: 4.30-5:00pm Compete: 5:05-5.45pm <i>Prize giving: 6:45pm</i>	Junior & Senior International Training Warm up area: 6pm Competition floor:6:30- 8:30pm
	Session 6	Session 7	Session 8	Session 9	Session 10
Thursday 22 July	Stage 3 & 4 <i>2 showings</i> Warm Up:8.30-8.55am Compete:9.00-11.00am	Level 8 <i>2 apparatus</i> Warm up:11.00-11.25am Compete:11.30-1.15pm	Junior & Senior International <i>2 apparatus</i> Warm up:1.15-1.40pm Compete:1.45-3.45pm	Level 9 <i>2 apparatus</i> Warm up:3.45-4.10pm Compete:4.15-5.30pm	Level 10 <i>2 apparatus</i> Warm up: 5.30-5.55pm Compete: 6.00-7.45pm
	Session 11	Session 12	Session 13	Session 14	Session 15
Friday 23 July	Stage 3 & 4 <i>2 apparatus</i> Warm Up:8.30-8.55am Compete:9.00-11.00am <i>Prize giving: 12pm</i>	Level 8 <i>2 apparatus</i> Warm up:11.00-11.25am Compete:11.30-1.15pm <i>Prize giving: 2:00pm</i>	Junior & Senior International <i>2 apparatus</i> Warm up:1.15-1.40pm Compete:1.45-3.30pm <i>Prize giving: 4:30pm</i>	Level 9 & Level 10 <i>2 apparatus</i> Warm up:3.30-3.55pm Compete:4.00-6.00pm <i>Prize giving: 6:45pm</i>	RG Forum (Meeting room) 7pm – immediately after the last prizegiving
	Session 16	Session 17	Session 18		
Saturday 24 July	Grade III & IV Group <i>2 showings</i> Warm up:8.00-8.55am Compete:9.00-10.45am <i>Prize giving: 11:30am</i>	Junior International Apparatus Finals Warm up:10.45-11.10am Compete:11.15-1.05pm <i>Prize giving: 2:00pm</i>	Senior International Apparatus Finals Warm up:1.05-1.30pm Compete: 1.35-3.05pm <i>Prize giving: at closing awards</i>	Closing Awards 4pm	

2021 NEW ZEALAND GYMNASTICS CHAMPIONSHIPS
AEROBICS TIMETABLE

				Training	
Tuesday 20 July	Training	Training	Training	RG & AER Managers Meeting (Meeting room) 4.30-5.30pm	Training
	Session 1	Session 2	Session 3	Session 4	Session 5
Wednesday 21 July		Opening Words 1.30-2.00pm Opening Words 1.30-2.00pm			
	Session 6	Session 7	Session 8	Session 9	Session 10
Thursday 22 July	AER Judges Meeting (Meeting room) 10.15-11.15am	AER All Team Heats (Open, ADP, International & AeroDance) Warm up: 11.00-11.25am Compete: 11.30-12.50pm	AER Open Individual Heats Warm up: 1.15-1.40pm Compete: 1.45-3.15pm	ADP Individual Heats Warm up: 3.45-4.10pm Compete: 4.15-5.15pm	ADP Individual Heats Warm up: 5.30-5.55pm Compete: 6.00-7.45pm
	Session 11	Session 12	Session 13	Session 14	Session 15
Friday 23 July		AER International Individual Heats Warm up: 11.00-11.25am Compete: 11.30-12.30pm	AER All Team finals (Open, ADP, International & AeroDance) Warm up: 1.15-1.40pm Compete: 1.45-3.00pm <i>Prize giving: 4pm</i>	AER Forum 4:30-5:30pm (Meeting room)	Junior & Senior International Training Warm up area: 6pm Competition floor: 6:30 - 8pm
	Session 16	Session 17	Session 18		
Saturday 24 July	AER Open Individual Finals Warm up: 8.30-8.55am Compete: 9.00-10.45am <i>Prize giving: 11:45am</i>	AER ADP Individual Finals Warm up: 10.45-11.10am Compete: 11.15-12.45pm <i>Prize giving: 1:45pm</i>	AER International Individual Finals Warm up: 1.05-1.30pm Compete: 1.35-2.30pm <i>Prize giving: at closing awards</i>	Closing Awards 4pm	