

MEMORANDUM

DATE: June 25, 2019	STATUS:
TO: WAG Coaches and Judges	FROM: Michele Hawke – WAG Technical Committee Chair
CC:	ATT:
RE: WAG Technical Bulletin 2019 #3	NOTE:

WAG STEPs PROGRAMME

The following items are for clarification from the Women's Artistic Gymnastics (WAG) Technical Committee (TC) with **immediate effect and implementation**.

STEP 2 Bars

Three (3) swings are to be performed on the high bar after the initiation.

The initiation is a leg lift plus backward swing to dish. The 3 swings commence from that point.

- The swing forward as part of the initiation of swing from hang is NOT counted as a swing. (WAG Manual Page 43).
- If the gymnast performs fewer than the required number of swings, she will be deducted for missing the DV, but omission will not be taken (WAG Manual Page 43).

STEP 2 Floor

DV#1 If the gymnast performs the step hop with the free leg below horizontal she will be awarded the DV and deducted 0.1/0.3 for leg below horizontal.

DV#8 Handstand – limber to bridge. In the limber to bridge the requirement is for a two foot landing and not one foot after the other. If the gymnast lands on one leg and then places the other leg on the floor she will not be awarded the DV.

STEP 4 Bars

The glide kip (DV#1) is an individual element and the routine of connected elements commences with the cast to above horizontal. Page 45 of the Manual states:

- The cast is not required to be connected to the glide kip, although that is the ideal performance. If the gymnast stops, she may use a pump swing to initiate the cast **without penalty**. If she performs a glide kip connected to a cast, but the cast does not achieve 90°, she may perform a second cast in order to achieve the DV, **without penalty** for an intermediate swing



If the gymnast casts above horizontal she is awarded the DV and no deduction is taken for amplitude.

STEP 5 Bars

The glide kip (DV#1) is connected to the cast towards handstand (DV#2).

STEP 5 Floor

DV#7 is fouetté hop with half turn connected to a sissone. If the gymnast takes a step/hop/jump in between the two skills she will be deducted 0.3 for the two elements not being connected.

COMPETITIONS

Schedule Organisation

Competition organisers are reminded that individual sessions **should not exceed three hours duration**.

If numbers are large such that a session will exceed three hours, then the STEP should be split into two sessions – either run concurrently with two sets of equipment or in consecutive sessions.

Instead of having large groups that necessitate a split warmup, competition organisers are recommended to have smaller groups with a 'bye' rotation.

Judges and Coaches

The WAG TC are working with the Gymnastics New Zealand Events Manager to prepare a set of guidelines for clubs and competition organisers in relation to looking after coaches and judges at competitions. The TC will undertake further consultation during the year and welcomes any feedback. In the interim the following comments and guidelines are provided.

Judges

Judges have an essential role in the running of a competition, giving up many hours to judge multiple sessions, so it is expected that they are looked after.

Where a club is required to provide a judge for a session, it is the club's responsibility to cover the judge's expenses such as transport and accommodation for an away competition. If there are insufficient judges to make compliant panels, it is the competition organiser's responsibility to cover the cost of accommodation and travel of any judges they need to bring in so that panels are compliant. Competition organisers may choose to impose a fine for clubs who do not supply a judge for the level of athlete they have competing.



Whilst most competition organisers recognise judge's services in some way, the range and value is extremely variable. Given the importance of judges at events and the revenue generated from these events (which cannot be run without sufficient judges) the WAG TC suggests that fully qualified judges are reimbursed at the following minimum levels:

- Elementary Judge - \$5 per session
- Junior Judge - \$10 per session
- Senior Judge - \$15 per session

Judges should also be provided with sufficient food and drink so that they can undertake their work and, be given sufficient break in between sessions to be able to refresh themselves.

Coaches

A competition organiser may provide a table or room with refreshments for coaches but it is a club's responsibility to provide for their own coaches.

Coach Etiquette at Competitions

Coaches are reminded of appropriate clothing on the competition floor as set out on Page 11 of the WAG Manual. Coaches must be in **correct club uniform**, i.e. polo shirt or t-shirt with club logo, tracksuit or shorts in line with club colours, and sports shoes. Sleeveless tops, cargo pants, bike pants, cargo shorts, jeans and open shoes are **not** permitted. Leggings are permitted in accordance with requirements detailed under gymnast competition attire on page 10.

Coaches are only permitted to query the D score of their own gymnasts and wherever possible should do so through the Competition Control Judge. If they have to approach the apparatus panel they must do so respectfully or they may be removed from the floor.

INTERNATIONAL JUDGING APPOINTMENTS

Congratulations to Michelle Woolf who was appointed by FIG to judge at the 2019 Universiade in Naples (Italy) and as a D panel judge for the 2019 World Championships to be held in Stuttgart (Germany).

Congratulations also to Nyssa Willcocks who was appointed as a neutral judge at the upcoming African Games to be held in Rabat (Morocco).

WAG Technical Committee

