

## MEMORANDUM

<b>DATE:</b> February 14, 2020	<b>STATUS:</b>
<b>TO:</b> Gymnastics NZ Community	<b>FROM:</b> Christine Reed – Education Manager
<b>CC:</b>	<b>ATT:</b>
<b>RE:</b> Education Update February 2020	<b>NOTE:</b>

### XTND

The redesigned Gymnastics New Zealand (GNZ) XTND Youth Leadership programme is in its second year of implementation. This month we will see the roll out of the next practical module 'XTND Move It' which has a focus on the fundamental movement pattern of locomotion.

For new coaches coming in to the programme, please remember that the online module 'XTND Start It' is the first module to complete. Once 'XTND Start It' is completed, coaches may register on the remainder of required practical modules, in any order and in any location, to complete their qualification.

Mentoring should be completed throughout the programme so that we ensure our young coaches are supported throughout. The XTND assignment, found online, may be submitted prior to the completion of the practical modules. The minimum time frame for XTND mentoring is six months. We encourage coaches to complete their assignments as soon as possible.

Once an XTND Coach attends the final practical course, their qualification will be complete and they will be eligible to attend the next level course, Elementary Coach. In 2020, there are Elementary Coach courses running later in the year meaning XTND coaches could complete XTND and then attend Elementary by the end of 2020.

For coaches who still have modules outstanding from the old XTND Graduate programme, please contact your GNZ Regional Relationship Manager (RRM) so we can work out what is required for them to complete their qualification. Coaches working under the previous structure will need to complete eight



modules in total as well as their mentoring sheets and coaching hours' verification.

To enhance the knowledge, understanding and connectivity of XTND Mentors, GNZ plan to send out quarterly updates for mentors. The bulletins will give up-to-date information on the XTND programme, reminders and mentoring tips.

### Age Requirements

Coaches may join XTND when they are 13-16 years or are in a minimum of year 9 at school. Coaches may commence at any point during the year. Coaches who turn 13 during the year and are in year 8, may commence the programme after their 13<sup>th</sup> birthday.

To register for the adult courses, coaches should be 16 years of age, however, coaches who have completed all components of the XTND programme may advance to Elementary Coach before they are 16.

Just a reminder that the minimum age for judging courses is currently 15 years of age.

If a coach is close to meeting the age requirements, please contact GNZ and we will consider your request.

### Practical Coaching Hours

Practical Coaching Hours for 2019 are now overdue. Clubs should enter hours at the highest level of qualification for the coach through the GNZ Club Portal. A coach's qualification will only appear when all items are finalised and the qualification is deemed complete. If you are experiencing an issue in submitting your Practical Coaching Hours please contact your GNZ RRM.

### Coaches who move Clubs or Recommence Coaching

Coaches move from club to club and in some cases can be coaching in two different clubs at the same time. If a coach has moved to your club, it may be that they are already set up on our database with their qualifications. Rather than setting up a new profile, see if you can find the coach on the on



your Friendly Manager system. You do this by using the email address the coach has already used at their old club. Once the profiles are linked then you will be able to view their current qualifications.

Often coaches may resume coaching after a period of time away from the sport. If a coach was not at a club when the information was migrated from our old database, you won't see their qualifications. If this occurs, please contact your GNZ RRM.

### Education Assignments

There is currently a backlog of assignments requiring marking and processing. This will not affect coaches being able to register onto upcoming courses or their participation on the floor at upcoming GNZ Endorsed events. Assignments will be marked as quickly as possible.

### Education Calendar and Course Reminders

For full details of upcoming courses, modules and workshop opportunities, and course costs please go to <https://www.gymnasticsnz.com/education-calendar/>.

For many courses, a pre-requisite qualification is required. Our system has been set up to only allow registration if the pre-requisite qualification has been completed. Once a coach or judge is registered on a course, the club and participants should receive notification that they have been registered.

Education courses close 10-11 days prior to a course, predominately on a Wednesday at 5.00 pm. Please ensure that coaches and judges are registered prior to the closing date and that they have fulfilled any pre-requisites.

One week prior to a course, candidates will receive a reminder email about the course. Course feedback links are provided in the reminder email and we encourage course participants to complete feedback after the course.





For questions regarding any of the above items, please email [education@gymnasticsnz.com](mailto:education@gymnasticsnz.com).

Kind regards

Christine Reed  
Education Manager

