

2019 NEW ZEALAND GYMNASTICS CHAMPIONSHIPS
AEROBICS TIMETABLE

Tuesday 1 October	Training	Training	Training	Training RG & AER Managers Meeting (Meeting room) 4.30-5.30pm	Training
	Session 1	Session 2	Session 3	Session 4	Session 5
Wednesday 2 October				Opening Ceremony 6.15-7.15pm	
	Session 6	Session 7	Session 8	Session 9	Session 10
Thursday 3 October	AER Judges Meeting (Meeting room) 9.15-10.15am	AeroSchools Level 5 (age 9-15) & ADP 2 & 3 Ind Heats Warm up: 10.25-10.55am Compete: 11.00-1.40pm	ADP 4, 5 & International Ind Heats Warm up: 1.50-2.20pm Compete: 2.25-4.30pm	Open Levels Ind Heats Warm up: 4.30-5.00pm Compete: 5.05-8.20pm	
	Session 11	Session 12	Session 13	Session 14	Session 15
Friday 4 October	AeroDance, AeroSchools & Open Levels Pairs & Groups Heats Warm up: 8.00-8.30am Compete: 8.35-11.00am	AeroSchools Level 5 Finals & Open Levels Ind Finals Warm up: 11.45-12.15am Compete: 12.20-2.20pm <i>Prize giving: 3:15pm (except Open Level 3)</i>	ADP & Int Pairs, Trios & Groups Heats Warm up: 2.30-3.00pm Compete: 3.05-4.05pm <i>Prize giving: Open Level 3 4:45pm</i>	AER Forum (Meeting room) 5.00-6.00pm	Junior & Senior International Training 7.30-9.30pm
	Session 16	Session 17	Session 18		
Saturday 5 October	AeroDance, AeroSchools and Open Pairs & Groups Finals Warm up: 8.00-8.30am Compete: 8.35-11.05am <i>Prize giving: 5:00pm</i>	ADP & Int Individual Finals Warm up: 11.15-11.45am Compete: 11.50-2.20pm <i>Prize giving: 5:00pm</i>	ADP & Int Pairs, Trios & Groups Finals Warm up: 2.30-3.00pm Compete: 3.05-4.25pm <i>Prize giving: 5:00pm</i>	Closing Ceremony 6.00 – 7.00pm	After Party 7.30 – 10:30pm