

**2019 NEW ZEALAND GYMNASTICS CHAMPIONSHIPS**  
**WOMEN'S ARTISTIC GYMNASTICS TIMETABLE**

				<b>Training</b>	<b>Training</b>
<b>Tuesday 1 October</b>	<b>Training</b>	<b>Training</b>	<b>Training</b>	<b>Artistic Managers Meeting</b> (Meeting room) 3.00 – 4.00pm	<b>WAG Judges Meeting</b> (Awards room) 6.00-7.00pm
	<b>Session 1</b>	<b>Session 2</b>	<b>Session 3</b>	<b>Session 4</b>	<b>Session 5</b>
<b>Wednesday 2 October</b>	<b>STEP 7 Team &amp; AA</b> <i>Group 1</i> Stretch: 8.00-8.20am App. Warm Up: 8.20-9.20am Compete: 9.25-11.20am	<b>STEP 7 Team &amp; AA</b> <i>Group 2</i> Stretch: 11.10-11.30am App. Warm Up: 11.30-12.30pm Compete: 12.35-2:30pm <i>Prize giving: 3:30pm</i>	<b>STEP 8 Team &amp; AA</b> Stretch: 2.20-2.40pm App. Warm Up: 2.40-3.40pm Compete: 3.45-5.40pm <i>Prize giving: 7:30pm</i>	<b>Opening Ceremony</b> <b>6:15 – 7:15pm</b>	<b>Training STEP 10, JI &amp; SI</b> <b>Training U18 &amp; Senior Open</b> 7.30 – 9:00pm
	<b>Session 6</b>	<b>Session 7</b>	<b>Session 8</b>	<b>Session 9</b>	<b>Session 10</b>
<b>Thursday 3 October</b>	<b>STEP 6 Team &amp; Apparatus</b> <i>Group 1</i> Stretch: 8.00-8.20am Compete: 8.30-10.50am	<b>STEP 6 Team &amp; Apparatus</b> <i>Group 2</i> Stretch: 10.30-10.50am Compete: 11.00-2.00pm <i>Prize giving: 3:15pm</i>	<b>STEP 9 Team &amp; AA</b> Stretch: 1.50-2.10pm App. Warm Up: 2.10-3.10pm Compete: 3.15-5.30pm <i>Prize giving: 6:45pm</i>	<b>STEP 10, JI &amp; SI</b> <b>Team &amp; AA</b> Stretch: 5.20-5.40pm App. Warm up: 5.40-6.40pm Compete: 6.45-8.45pm <i>Prize giving: 9:20pm</i>	
	<b>Session 11</b>	<b>Session 12</b>	<b>Session 13</b>	<b>Session 14</b>	<b>Session 15</b>
<b>Friday 4 October</b>	<b>STEP 5 Team &amp; Apparatus</b> <i>Group 1</i> Stretch: 8.00-8.20am Compete: 8.30-10.40am	<b>STEP 5 Team &amp; Apparatus</b> <i>Group 2</i> Stretch: 10.20-10.40am Compete: 10.50-1.00pm <i>Prize giving: 2:00pm</i>	<b>STEP 6 AA Final</b> Stretch: 1.50-2.10pm Compete: 2.15-4.30pm <i>Prize giving: 6:00pm</i>	<b>STEP 7 &amp; 8 Apparatus Finals</b> Stretch: 4.10-4.30pm App. Warm Up: 4.40-5.40pm Compete: 5.45-8.45pm <i>Prize giving: 9:40pm</i>	<b>Training</b> <b>STEP 10, JI &amp; SI</b> Warm up area (TRA warm up area): 7:00pm Competition area: 8:45pm
	<b>Session 16</b>	<b>Session 17</b>	<b>Session 18</b>		
<b>Saturday 5 October</b>	<b>STEP 5 AA Final</b> Stretch: 9.10-9.30am Compete: 9.30-12.00pm <i>Prize giving: 12:50pm</i>	<b>WAG Forum</b> (Meeting room) 12.15-1.15pm	<b>STEP 9, 10, JI &amp; SI Apparatus Finals</b> Stretch: 1.20-1.40pm App. Warm Up: 1.40-2.40pm Compete: 2.45-5.15pm <i>Prize giving: 5:30pm</i>	<b>Closing Ceremony</b> 6.00 – 7.00pm	<b>After Party</b> 7.30 – 10:30pm