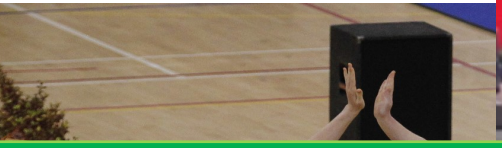


GymSchool 2019

Saturday and Sunday January 12-13
Gymsport & Recreation Centre
(home of Counties Manukau Gymnastics)
Pulman Park, Papakura
Auckland

Gymnastics
NEW ZEALAND

Join in the FUN!

Looking for an awesome weekend of coaching **action and fun** while learning. GymSchool will be held January 12-13, 2019. GymSchool is an awesome opportunity to undertake the relevant coaching courses and workshops, but it's also a great chance to network with other coaches in the Gymnastic community. A range of sport specific and sport generic specialists both international and domestic will be presenting at GymSchool.

There are three ways in which coaches and athletes may become involved with GymSchool:

1. **Coaching qualification course** - with the aim of completing a qualification.
   To be enrolled as a full course participant, all pre-requisites must be completed at the date of closing.

   Please note, Senior Coach is the FIG Level 2 Academy for WAG and MAG. For full information and application, please click HERE. The FIG Academy (Senior Coach) will be held 9-16th January, also at the Gymsport & Recreation Centre.

2. **Coaching workshops** – Coaches/judges have the opportunity to attend coaching workshops as well as course modules for the purpose of up-skilling.

3. **Athlete Clinic (for the discipline of Tumbling)** – aimed at TUM age group athletes, along with the coaches. The Tumbling clinic will be held on Sunday January 13th only.

Logistics

Date:	**Saturday and Sunday January 12-13, 2019**
Venue:	Gymsport & Recreation Centre (home of Counties Manukau Gymnastics) Pulman Park, Walters Road Takanini, Auckland
Times:	Saturday 8.30am—5.30pm Sunday 8.30am—5.30pm
Closing Date:	**Wednesday December 12, 2018**

GymSchool Dinner

Please indicate on the entry form if you would like to attend the dinner. Costs will be the responsibility of the participant and a minimum age of 18 applies, unless you are accompanied by a parent.

Time: 6.30—9.00 pm

Accommodation and Transport

Gymnastics New Zealand has limited accommodation (shared room) at Pulman Lodge for two nights (staying the Friday the 11th and Saturday 12th). Accommodation will be on a first-served basis. Please indicate on the registration form if you would like accommodation at this lodge. The cost per person for shared room accommodation (including breakfast) is $115.00 per night (includes GST).

For those whom we are unable to accommodate at Pulman Lodge, you will need to your own make your own accommodation arrangements.

Cost

	Club Member	Technical Member
Option 1: Qualification Courses– Junior Advanced, Junior		
Junior Advanced Coach (WAG/MAG)	$270.00	$250.00
Junior Coach (AER/WAG/MAG/TRA/	$270.00	$250.00
Junior Coach (TUM) 1 day only	$180.00	$170.00
Option 2: Coaching Course Workshops (non qualification course)		
Single Day (5 workshops)	$130.00	$120.00
Full Weekend (10 workshops)	$230.00	$220.00
Per workshop	$40.00	$40.00
Option 3: TUM Athlete Clinic (personal coach may attend for free)		
Athlete	$95.00	N/A

***Please note that from 2019, Gymnastics New Zealand prices now include GST.**

*To receive the Technical Member discount, participants must be a registered Technical Member during 2018

Costs include:

Marking of post-course assignment (qualification courses only)
Course resources and workshop handouts
Catering – morning tea/lunch/afternoon tea – please see the registration form to note any special dietary requirements

Closing Date: Wednesday December 12th, 2018

Registrations must be received by 5.00pm Wednesday December 12th. Workshops will be held dependent on registration numbers.

Late Registrations

Registrations received after 5.00pm, December 12th 2018 until January 4th, 2019 will incur a $46.00 late fee. No registrations will be accepted after Friday January 6th 2019. ***Clubs will be invoiced for each participant after the closing date.***

Please Note:

Withdrawals after the closing date will be refunded, less 25% of the course cost for administration fee. Any withdrawals three days or less before the course will not be eligible to receive a refund unless a medical certificate is supplied.

Further Information

For further information, please contact:

Christine Reed
Education Manager Gymnastics New Zealand
DDI: 09 306 0295 or Mob: 0210736453
Email: christine.reed@gymnasticsnz.com

GymSchool Special Guests

We have so many awesome presenters leading modules from both within the gymnastic community and externals. Gymnastics New Zealand is pleased to announce the following international guests.

Mike Hunger—USA (Artistic)

Mike is the owner and head coach of Twin City Twisters in Minnesota. Mike a Utah State University graduate, opened the facility in September 1987 .

The club has produced a number of elite gymnasts, collegiate gymnasts and Junior Olympics national qualifiers Notable gymnasts from the club include USA national team members Maggie Nichols and Grace McCallum.

Mike will be leading some course modules and a range of workshops at GymSchool.

Wei Jun Lee—Australia (Tumbling)

Wei is originally from Wellington, and attended Ollerup on a Gymnastics New Zealand Scholarship. Ollerup is a Danish Academy offering non-formal education with a special focus on gymnastics. After working with Capital Gymnastics, Wei moved to Sydney where he has worked in a range of competitive programmes including competitive tumbling.

Wei is the Australian Assistant Coach at the 2018 World Age Group Competition in Russia.

At GymSchool, Wei will be leading the pilot Tumbling Junior Coach Course on Saturday and then turning his expertise to the athletes on Sunday by running a tumbling clinic.

One of the main focus will be understanding the differences between artistic tumbling and power tumbling which is in the trampoline discipline.

Option 1: Qualification Course

The following coaching qualification courses will be offered at GymSchool 2019:

WAG Junior Advanced Coach

MAG Junior Advanced Coach

TRA Junior Coach

TUM Junior Coach (pilot—1 day only)

WAG Junior Coach

MAG Junior Coach

AER Junior Coach

Details of the modules (including skills) covered in each course are provided on the GymSchool timetable – click HERE. Coaches must attend and actively participate in 100% percent of the course modules.

Eligibility to apply as a course participant

- To register for a Junior Advanced Coach course, participants must have fully completed a Junior Coach qualification, and be a minimum age of 18 years
- To register for a Junior Coach course, participants must have fully completed an Elementary Coach qualification and be a minimum age of 17 years

Demonstrators

Gymnastics NZ encourages, where possible, for coaches to bring their own athlete to GymSchool so as much hands-on learning practice may be gained. GymSports NZ will also organise demonstrators, but it is good for coaches to practice skills/drills with the gymnasts they will be working with. There is no fee for gymnasts to attend with coaches, but clubs/gymnasts will be responsible for any travel and accommodation costs. All gymnasts must be named prior to GymSchool.

Observers

Anyone who is not registered as a course participant should enroll on Option 2 – Coaching Workshops. Course modules may also double as a workshop module.

To register, click on the links below:

Junior Advanced Coach – Click HERE

Junior Coach - Click HERE

Option 2: Coaching Workshops

Option 2 is designed for coaches (and judges) who are not seeking a qualification, but wish to upskill their knowledge.

Participants who choose this option have the choice to attend any of the workshop and/or course modules.

The workshops have been designed with consultation from the community. Some are code specific, while others may be generic and can be applicable across all codes.

Participants may choose to attend:

- Full weekend – Two full days (10 workshops); or
- Single Day Rate – Participants choose course modules/workshops for a particular day (5 workshops); or
- Single workshop/s

The minimum age of attending the workshops is 16 years. Workshops are aimed at those working with competitive and/or advanced recreation. For this reason coaches should have a minimum of Foundation Coach qualification to attend.

Details of skills presented at course modules/workshops are outlined on the GymSchool timetable. Gymnastics NZ will keep the community up to date with availability of workshops and any changes to the schedule.

Click HERE to view the GymSchool Workshops information and register HERE.

Option 3: Athlete Tumbling Clinic

Option 3 is designed for athletes to attend a Tumbling Clinic. The clinic is designed for both athletes and coaches.

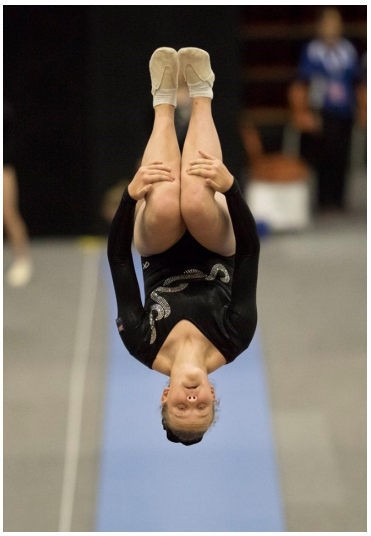
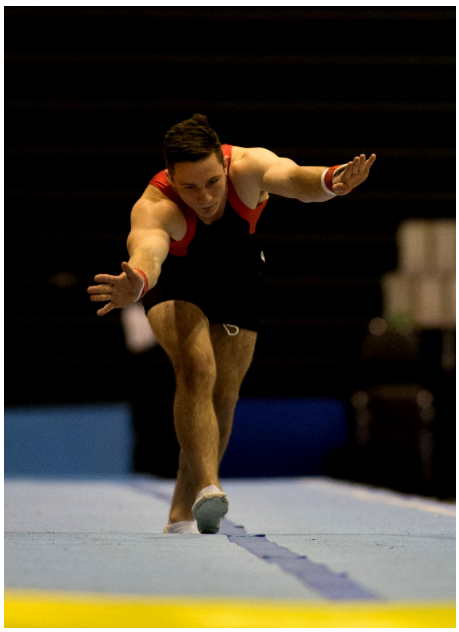
Date: Sunday January 13th
Times: 8.30 am—4.00 pm
Cost: $95.00 per athlete

*** From 2019, all Gymnastics NZ course price includes GST**

The Tumbling Clinic is aimed at athletes aged from 11 years and older, competing in the Age Group programme. Coaches with athletes may attend at no charge.

The clinic will be led by Wei June Lee, who is based in Australia. He will be attending GymSchool to lead the Tumbling Junior Coach course, followed by the athlete clinic.

Athletes will be asked to submit their skills passes from 2018 in the registration form. This is to help tailor the clinic activities and groupings to athlete needs.

As well as undertaking all parts of training, we will also be working on understanding the differences between artistic tumbling and power tumbling, which is under the discipline of trampoline.

Register athletes HERE