

2018 NEW ZEALAND GYMNASTICS CHAMPIONSHIPS
WOMEN'S ARTISTIC GYMNASTICS TIMETABLE

Tuesday 2 October	Training	Training	Training	Training Artistic Managers Meeting 3.00 – 4.00pm	Training
	Session 1	Session 2	Session 3		Session 4
Wednesday 3 October	Judges Meeting 8.45 – 9.45am	STEP 7 Team & AA Session 1 Stretch: 9.00-9.20am App. Warm Up: 9.20-10.20am Compete: 10.30-12.00am	STEP 7 Team & AA Session 2 Stretch: 11.40-12.00am App. Warm Up: 12.00-1.00pm Compete: 1.10-2:40pm	Training STEP 10, JI & SI Warm Up area: 2.10-2.40pm Comp area: 2.40-4.40pm Opening Ceremony 3.30 – 4.30pm	STEP 8 Team & AA Stretch: 4.45-5.05pm App. Warm Up: 5.05-6.05pm Compete: 6.15-8.15pm
	Session 5	Session 6	Session 7	Session 8	Session 9
Thursday 4 October	STEP 6 Team & Apparatus Session 1 Stretch: 8.00-8.20am Compete: 8.30-10.30am	STEP 6 Team & Apparatus Session 2 Stretch: 10.30-10.50am Compete: 11.00-1.30pm	STEP 9 Team & AA Stretch: 1.50-2.10pm App. Warm Up: 2.10-2.50pm Compete: 3.00-4.30pm	STEP 10, JI & SI Team & AA Stretch: 4.30-4.50pm App. Warm up: 4.50-5.50pm Compete: 6.00-8.00pm	
	Session 10	Session 11	Session 12	Session 13	Session 14
Friday 5 October	STEP 5 Team & Apparatus Session 1 Stretch: 7.45-8.05am Compete: 8.15-10.00am	STEP 5 Team & Apparatus Session 2 Stretch: 10.00-10.20am Compete: 10.30-12.30pm	STEP 6 AA Final Stretch: 1.30-1.50pm Compete: 2.00-4.50pm	STEP 7 & 8 Apparatus Finals Stretch: 4.30-4.50pm App. Warm Up: 4.50-5.50pm Compete: 6.00-8.00pm	Training STEP 10, JI & SI Warm up area 7.00-8.00pm Comp area: 8.00-9.30pm
	Session 15	Session 16	Session 17		
Saturday 6 October	STEP 5 AA Final Stretch: 8.00-8.20am Compete: 8.30-10.30am	WAG Forum 11.30 -12.30pm	STEP 9, 10, JI & SI Apparatus Finals Stretch: 1.00-1.20pm App. Warm Up: 1.20-2.20pm Compete: 2.30-5.00pm	Closing Ceremony 6.00 – 6.45pm	After Party 7.00pm

