

2018 NEW ZEALAND GYMNASTICS CHAMPIONSHIPS

TRAMPOLINE TIMETABLE

Tuesday 2 October	Training	Training	Training	Training	Training
	Session 1	Session 2	Session 3		Session 4
Wednesday 3 October	Training	TRA Managers Meeting 1.00 - 2.00pm		Opening Ceremony 3.30 - 4.30pm	SYN 13-14, 15-16 & 17+ Warm Up: 4.45-5.25pm Compete: 5.30-7.30pm TRA Forum 7.45 - 8.45pm
	Session 5	Session 6	Session 7	Session 8	Session 9
Thursday 4 October	Judges Meeting 7.30 - 8.30am TUM 10U, 11-12, 13-14 INT SYN Warm Up: 7.30-8.30am Compete: 8.30-12.00pm	TUM INT, 15-16 & 17+ SYN 10&U, 11-12 Warm Up: 12.00-12.55pm Compete: 1.00-3.00pm	TRA 13-14 & DMT 11-12 Warm Up: 3.00-3.55pm Compete: 4.00-7.30pm	Training - Internationals Warm up area: 7.00-7.30pm Competition area: 7.30-9.00pm	
	Session 10	Session 11	Session 12	Session 13	Session 14
Friday 5 October	TRA 10 & U INT DMT Warm Up: 7.30-8.25am Compete: 8.30-11.30am	TRA 11-12 DMT 10&U, 15-16 & 17+ Warm Up: 11.30-12.25pm Compete: 12.30-4.00pm	TRA 15-16 & 17+ DMT 13-14 Warm Up: 4.00-4.55pm Compete: 5.00-8.30pm	Training Internationals Warm up area: 8.00-8.30pm Competition area: 8.30-9.00pm	
	Session 15	Session 16	Session 17		
Saturday 6 October	TRA Youth & Sub Junior Warm Up: 8.30-9.30am Compete: 9.30-12.00pm		TRA INT Junior & Senior Warm Up: 12.00-1.00pm Compete: 1.00-5.00pm	Closing Ceremony 6.00 - 6.45pm	After Party 7.00pm

****Please note – there will be equipment available for athletes in the warmup area – only athletes in the next flight will be permitted on this equipment. All other warmups are for the following session only.**