

**2018 NEW ZEALAND GYMNASTICS CHAMPIONSHIPS
RHYTHMIC GYMNASTICS TIMETABLE**

Tuesday 2 October	Training	Training	Training	Training RG & AER Managers Meeting 4.30-5.30pm	Training Judges Meeting 6.00-7.00pm
	Session 1	Session 2	Session 3		Session 4
Wednesday 3 October	Level 4 <i>3 apparatus</i> Warm up: 8.30-9.00am Compete: 9.00-10.45am	Level 5 <i>3 apparatus</i> Warm up: 10.45-11.15am Compete: 11.15-1.00pm	Level 6 <i>3 apparatus</i> Warm up: 1.00-1.30pm Compete: 1.30-2.45pm	Opening Ceremony 3.30-4.30pm	Level 10, Junior & Senior International <i>2 apparatus</i> Stretch: 4.45-5.45pm Warm up: 5.45-6.15pm Compete: 6.15-8.00pm
	Session 5	Session 6	Session 7	Session 8	Session 9
Thursday 4 October	Grade III & IV Group <i>2 showings</i> Warm up: 8.00-9.00am Compete: 9.00-9.50am	Level 8 & 9 <i>2 apparatus</i> Warm up: 9.50-10.20am Compete: 10.20-12.20pm	Level 7 <i>2 apparatus</i> Warm up: 12.20-2.50pm Compete: 12.50-3.00pm	Junior & Senior International <i>2 apparatus</i> Warm up: 3.00-3.30pm Compete: 3.30-5.30pm	Grade V, VI & VII Group <i>2 showings</i> Warm up: 6.00-7.00pm Compete: 7.00-8.30pm
	Session 10	Session 11	Session 12	Session 13	Session 14
Friday 5 October	Stage 3 & 4 <i>2 apparatus</i> Warm up: 8.30-9.00am Compete: 9.00-11.15am	Level 10 <i>2 apparatus</i> Warm up: 11.15-11.45am Compete: 11.45-1.15pm	Level 8 & 9 <i>2 apparatus</i> Warm up: 1.15-1.45pm Compete: 1.45-3.15pm	Level 7 <i>2 apparatus</i> Warm up: 3.15-3.45pm Compete: 3.45-5.45pm	RG Forum 6.15 – 7.15pm
	Session 15	Session 16	Session 17		
Saturday 6 October	Stage 3 & 4 <i>2 apparatus</i> Warm up: 8.30-9.00am Compete: 9.00-11.30am	Junior International Apparatus Finals Warm up: 11.30-12.00pm Compete: 12.00-2.00pm	Senior International Apparatus Finals Warm up: 2.00-2.30pm Compete: 2.30-4.00pm	Closing Ceremony 6.00 - 6.45pm	After Party 7.00pm