

**2018 NEW ZEALAND GYMNASTICS CHAMPIONSHIPS  
AEROBICS TIMETABLE**

<b>Tuesday 2 October</b>	<b>Training</b>	<b>Training</b>	<b>Training</b>	<b>Training</b> <b>AER &amp; RG Managers Meeting</b> 4.30 – 5.30pm	<b>Training</b>
	<b>Session 1</b>	<b>Session 2</b>	<b>Session 3</b>		<b>Session 4</b>
<b>Wednesday 3 October</b>			<b>AER Forum</b> 2.15 – 3.15pm	<b>Opening Ceremony</b> 3.30 – 4.30pm	
	<b>Session 5</b>	<b>Session 6</b>	<b>Session 7</b>	<b>Session 8</b>	<b>Session 9</b>
<b>Thursday 4 October</b>	<b>Judges Meeting</b> 9.00 – 10.00am	<b>AeroSchools Level 4 &amp; 5 Ind Heats (age 9-15)</b> Warm up: 9.50-10.20am Compete: 10.20-12.20pm	<b>ADP 4, 5 &amp; International Ind Heats</b> Warm up: 12.20-12.50pm Compete: 12.50-3.00pm	<b>Open Levels Ind Heats</b> Warm up: 3.00-3.30pm Compete: 3.30-6.00pm	
	<b>Session 10</b>	<b>Session 11</b>	<b>Session 12</b>	<b>Session 13</b>	<b>Session 14</b>
<b>Friday 5 October</b>	<b>AeroDance, AeroSchools &amp; Open Levels Pairs &amp; Groups Heats</b> Warm up: 8.30-9.00am Compete: 9.00-11.15am	<b>ADP 2 &amp; 3 Ind Heats</b> Warm up: 11.15-11.45am Compete: 11.45-1.15pm	<b>ADP &amp; Int Pairs, Trios &amp; Groups Heats</b> Warm up: 1.15-1.45pm Compete: 1.45-3.15pm	<b>AeroSchools Ind Finals</b> Warm up: 3.15-3.45pm Compete: 3.45-5.45pm	<b>Open Levels Ind Finals</b> Warm up: 5.45-6.15pm Compete: 6.15-7.45pm
	<b>Session 15</b>	<b>Session 16</b>	<b>Session 17</b>		
<b>Saturday 6 October</b>	<b>AeroDance, AeroSchools and Open Pairs &amp; Groups Finals</b> Warm up: 8.30-9.00am Compete: 9.00-11.30am	<b>ADP &amp; Int Individual Finals</b> Warm up: 11.30-12.00pm Compete: 12.00-2.00pm	<b>ADP &amp; Int Pairs, Trios &amp; Groups Finals</b> Warm up: 2.00-2.30pm Compete: 2.30-4.00pm	<b>Closing Ceremony</b> 6.00 – 6.45pm	<b>After Party</b> 7.00pm