



## TRAMPOLINE, TUMBLING, GROUP PERFORMANCE TIMETABLE 2018

**DRAFT**

Sunday 9th September	Trampoline	Tumbling	Team Performance
Session One	<b>Warm up 8.00am</b> <b>Compete 8.45am</b> Elite Men and Women Junior Elite Men and Women A Grade Men	<b>Warmup 8.00am</b> <b>Compete 8.45am</b> C Grade Men and Women B Grade Men and Women	
Session Two	<b>Warm up 10.00am</b> <b>Compete 10.45am</b> A Grade Women B Grade Women B Grade Men	<b>Warm up 10.00am</b> <b>Compete 10.45am</b> A Grade Men and Women	<b>Warm up 10.00am</b> <b>Compete 10.30am</b> ALL
Session Three	<b>Warm up 12.00pm</b> <b>Compete 12.45pm</b> C Grade Men and Women	<b>Warm up 12.00am</b> <b>Compete 12.45pm</b> Elite Men and Women	

<b>Venue</b>	<b>Tri Star Gymnastics</b> <b>55 Arundel Street</b> <b>Auckland</b>
<b>Door Charges</b>	<b>\$5.00 Adult</b>  <b>\$3.00 Children 5-12 years and Senior Citizens</b>
<b>Health and Safety</b>	<b>In the event of an accident please contact the event manager or St Johns who will be situated in the right hand corner of the gym when you walk in the front doors. Please also listen to our safety briefing at the start of each session.</b>
<b>Food</b>	<b>There will be a small canteen and BBQ running throughout the event</b>  <b>Coffee is available at the cafe next door at the pool</b> <b>This is strictly an alcohol and smoke free event.</b>

***HAVE A GREAT TIME OVER THE WEEKEND***

