



ARTISTIC TIMETABLE 2018

Saturday 8 th September	Women's Artistic Gymnastics	Men's Artistic Gymnastics
Session One	Warm up 8.30am Compete 8.50am Novice Level 1 Novice Level 2 Novice Level 3	
Session Two	Warm up 11.30am Compete 11.50am Step 4,5,6 Warm up 10.45am Apparatus 11.00am Compete 11.50am Step 7	Warm up 11.30am Compete 11.50am D Grade C Grade B Grade
Session Three	Warm up 2.40pm Apparatus 3.00pm Compete 4.00pm Step 8,10,Int	Warm up 2.40pm Apparatus 3.00pm Compete 4.00pm A Grade

Venue	Tri Star Gymnastics 55 Arundel Street Auckland
Door Charges	\$5.00 Adult \$3.00 Children 5-12 years and Senior Citizens
Health and Safety	In the event of an accident please contact the event manager or St Johns who will be situated in the right hand corner of the gym when you walk in the front doors. Please also listen to our safety briefing at the start of each session.
Food	There will be a small canteen and BBQ running throughout the event Coffee is available at the cafe next door at the pool This is strictly an alcohol and smoke free event.

HAVE A GREAT TIME OVER THE WEEKEND

