

Timetable 2017 GSNZ

Upper South Islands Trampoline Championships

The competition organisers reserve the right to run an hour early or late.

Friday 12th May - TUMBLING

TIME	EVENT (at CSG, 18 Watts Road, Sockburn)
6:00pm – 9:00pm(approx)	General Warm-Up Tumbling

Saturday 13th May – INTERNATIONAL & 15+

TIME	EVENT
7:00am	General Warm-Up DMT & Trampoline
8:45am	Judges Meeting
9:00am	Session 1: International Men's and Women's Synchro
10:00am	Session 2: 15+ Men's and Women's Synchro
10:20am	Session 3: International & 15+ Men's and Women's Tramp (Preliminaries)
12.20pm	Lunch & Warm-Up for Finals
1:00pm	Session 4: International and 15+ Men's and Women's Tramp (Finals)
2.00pm	Afternoon Tea & Warm-Up for DMT (everyone)
2:30pm	Session 5: International and 15+ Men's and Women's DMT
4:45pm	PRIZEGIVING
5.00pm	Competition ends for the day

Sunday 14th May – AGE (except 15+)

TIME	EVENT	
7:00am	General Warm-Up Trampoline & DMT	
8:45am	Judges Meeting	
9:00am	Opening Ceremony	
	TRAMP	DMT
9:15am	Session 6: 13-14 Men's & Women's Tramp 11-12 Women's Tramp	11-12 Men's DMT -8 & 9-10 Men's DMT 9-10 Women's DMT
11:30am	Lunch & Trampoline Demonstration by International Athletes Warm-Up Trampoline & DMT (everyone)	
12:30pm	Session 7: 11-12 Men's Tramp -8 & 9-10 Women's Tramp 9-10 Women's Tramp	13-14 Men's & Women's DMT 11-12 Women's DMT
2.35pm	Afternoon Tea & Warm-Up for Synchro	
3:15pm	Session 8: Men's and Women's Synchro	
4.15pm	PRIZE GIVING	
4.30pm	Competition ends	