

Timetable 2017 GSNZ

Upper South Islands Trampoline Championships

The competition organisers reserve the right to run an hour early or late.

Friday 12th May - TUMBLING

| TIME | EVENT (at CSG, 18 Watts Road, Sockburn) |
|----------------------------------|---|
| 6:00pm – 9:00pm(<i>approx</i>) | General Warm-Up Tumbling |

Saturday 13th May – INTERNATIONAL & 15+

| TIME | EVENT |
|---------|---|
| 7:00am | General Warm-Up DMT & Trampoline |
| 8:45am | Judges Meeting |
| 9:00am | Session 1: International Men's and Women's Synchro |
| 10:00am | Session 2: 15+ Men's and Women's Synchro |
| 10:20am | Session 3: International & 15+ Men's and Women's Tramp (Preliminaries) |
| 12.20pm | Lunch & Warm-Up for Finals |
| 1:00pm | Session 4: International and 15+ Men's and Women's Tramp (Finals) |
| 2.00pm | Afternoon Tea & Warm-Up for DMT (everyone) |
| 2:30pm | Session 5: International and 15+ Men's and Women's DMT |
| 4:45pm | PRIZEGIVING |
| 5.00pm | Competition ends for the day |

Sunday 14th May – AGE (*except 15+*)

| TIME | EVENT | |
|---------|---|--|
| 7:00am | General Warm-Up Trampoline & DMT | |
| 8:45am | Judges Meeting | |
| 9:00am | Opening Ceremony | |
| | TRAMP | DMT |
| 9:15am | Session 6: 13-14 Men's & Women's Tramp 11-12 Women's Tramp | 11-12 Men's DMT -8 & 9-10 Men's DMT 9-10 Women's DMT |
| 11:30am | Lunch & Trampoline Demonstration by International Athletes Warm-Up Trampoline & DMT (everyone) | |
| 12:30pm | Session 7: 11-12 Men's Tramp -8 & 9-10 Women's Tramp 9-10 Women's Tramp | 13-14 Men's & Women's DMT 11-12 Women's DMT |
| 2.35pm | Afternoon Tea & Warm-Up for Synchro | |
| 3:15pm | Session 8: Men's and Women's Synchro | |
| 4.15pm | PRIZE GIVING | |
| 4.30pm | Competition ends | |