
ANGIE DOUGAL

BACKGROUND

After 30+ years in the sport, I am at a point in my life where I am willing and able to give back to the sport which has given me so much. I have been involved in Gymnastics through Trampolining from 1982 as a recreational athlete, through to NZ representation. From there I moved in to coach, club owner, club board member, SDC Chair, HPAG member, GSNZ advisor and contractor. In all of my roles I have been driven with a focus on success. I am excited about the possibility of bringing this drive to the GymSports New Zealand Board.

SKILLS/COMPETENCIES

- Visionary leadership
- High Performance experience and focus
- Proven experience in goal setting and strategic planning
- Strength in identifying goals and achieving consensus on steps to address and overcome obstacles
- Strong communication and listening skills
- Industry experience
- Proven ability to work collaboratively within a multidisciplinary group

AWARDS/ACCOMPLISHMENTS

- NZ Representative - 1984-1996
- World Medallist - 1992, 1994, 1996
- NZ Team Coach - 2001-present
- NZ Team Manager - 2015-present
- Trampoline SDC Chair - 2004-2009
- Gymnastics New Zealand High Performance Committee - 2000-2005
- GymSports New Zealand HPDAG - 2006-present
- Extreme Trampoline New Zealand Inc Board - 2000-present
- Extreme Trampoline Ltd Director - 2000-present
- Extreme Earthmoving Ltd Director - 2003-present
- FIG Coaching Brevet Level 3 - 2015

EDUCATION

- Auckland College of Education - DipTch, 1996-1999
- University of Auckland - BEd, 1996-1999
- University of Auckland - MBA, 2004-DNC
- University of Auckland Business School - Short Course Papers:

Finance for Non-Financial Managers

Leading with Impact

Strategic Planning

Leadership that Motivates High Performance

Creating and Leading High Performance Teams

Emotional Intelligence - Engaged Leadership

REFERENCES

Professional and personal references can be provided upon request.