Education Handbook 2017

A Guide to GymSports New Zealand’s Coach and Judge Education.
## Introduction

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- GymSports NZ Coaching Pathway  
- GymSports NZ Coaching Framework

## Entry into the Coaching Pathway

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- Foundation Coach—Understanding Movement  
- PlayGym Leader  
- moveMprove Coach  
- Elementary Coach  
- Junior Coach  
- Junior Advanced Coach

## Coaching Workshops

- Judging Courses  
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  - Aerobics Judging Courses  
  - Men’s Artistic Judging Courses  
  - Rhythmic Judging Courses  
  - Trampoline Judging Courses  
  - Women’s Artistic Judging Courses

## Qualification Information

- Course Administration  
- Certification  
- Courses/Workshops/Forums Price List  
- GymSports New Zealand Contact Details
The Education Handbook outlines the coaching and judging pathways as well as the available opportunities for up-skilling for new and existing coaches and judges, offered by GymSports NZ.

Information in this handbook is subject to change as courses are further developed, trialed and delivered. GymSports NZ will endeavor to communicate any changes with the membership through the National E-News and the GymSports NZ website.

GymSports NZ aims to meet the professional development needs of gymsport coaches and judges, by providing a theoretical and practical programme that realises the potential of New Zealand athletes through a style of coaching that promotes ownership, awareness and responsibility.

The development opportunities offered by GymSports NZ are delivered through practical courses, workshops, online modules, seminars and post-course requirements.

The description of qualifications and prices are contained in this handbook. All education prices are exclusive of GST. Clubs must be affiliated in order to attend a GymSports NZ education qualifications courses and workshops.
GymSports NZ has had in place the National Education 360° Strategy which is in its final year of implementation. The Strategy was developed to align with the Sport New Zealand National Coaching, Officiating Strategies and the key GymSports NZ strategies.

GymSports NZ promotes a development pathway that incorporates the stages of human/athlete and coach/judge development, creating a holistic environment for gymsports in New Zealand.

The strategy serves to guide coach, judge and presenter development that is needs-based, flexible and appropriate. Building on the individual’s strengths and creating an awareness of their opportunities for personal advancement, the Strategy strives to create world-class movement experts in competitive gymsports and Gym for All.

Coach development is a priority area for GymSports NZ. With changes in health and safety legislation it is imperative that all coaches are on the education pathway, and that coaches working in gymsport programmes are qualified to the level they are teaching. Therefore it is important for all coaches to gain qualifications and continuously upskill themselves to meet changing trends and provide safe and enjoyable learning environments.

Mentoring and supervision of coaches and judges ensures we are building a stronger, more technically knowledgeable and self-aware workforce that meet the needs of the athletes we have in our care.
Coaching is for anyone who enjoys sport and genuinely cares about the overall development of the athletes in their care. Coaching is not just about improving athletes’ physical performance. It is about the development of them as a ‘whole’ person.

The physical skills athletes learn may only be used for a few years, but the attitudes and values they develop towards themselves and others will last for a lifetime.

Coaches enter the Coaching Framework via the Foundation Area through one of two pathways. These two pathways are XTND Youth Leadership Programme; and the General Pathway.

Coaches must complete the Foundation Area before progressing into either the Gym for All or the Sport (Code) Specific Areas. Coaches may also progress concurrently in both areas.

Coaches must fully be accredited at a level before pursuing the next level. Fully accredited refers to the satisfactory completion of any post-course assignments and the achievement of a qualification certificate.

Observers to coaching courses are welcome, especially judges who wish to update their technical knowledge of skills; or for coaches wanting a refresher of information. Observers must be pre-registered for the courses.

The GymSports NZ Coaching Framework is depicted on the following page.
Entry into the Coaching Framework

Coaches enter into the Education Framework via the Foundation Area through one of two pathways. These two pathways are XTND Youth Leadership Programme; and the General Pathway.

XTND Pathway – Youth in Year 9 at school

There are a high number of teenage coaches working in the gymsport community. Adults and teenagers are at different life stages with different wants, needs and varied learning styles.

Therefore, access to coach education needs to be at an appropriate level in order for coaches to achieve.

All coaches aged in Year 9 through to 16 years of age years must enter the Coaching Framework via the XTND Pathway.

Coaches aged 16-18 years may choose to enter through the XTND Pathway or the General Pathway. Coaches 18 years and above must enter via the General Pathway.

An XTND Graduate qualification is equivalent to Foundation Coach. From there, coaches may choose courses from the Gym for All area; the Sport Specific Area or both.

General Pathway – Entry 16 years and above

To enter the General Pathway, coaches need to be a minimum of 16 years of age.

All coaches under the age of 16 must enter through the XTND Pathway.

All courses in the General Pathway have a minimum age requirement to attend. This is for the benefit of the coaches attending and level of experience they take to the course.

Coaches enter into Foundation Coach, where the first course to be completed is Coaching Today, followed by the Understanding Movement course.

From there, coaches may choose courses from the Gym for All area; the Sport Specific Area; or both.
XTND is the youth coaching pathway of GymSports NZ’s Education Programme. Developing leadership and coaching skills, coaches enrol on the XTND Graduate Programme, with an option of XTND Honours (Year 3).

Coaches enrol in the XTND Youth Leadership each year and are mentored in their club by adult coaches.

**XTND Graduate (two years)**
This programme consists of eight, five-hour modules delivered over two years. The first-year modules focus on developing the leadership and coaching ability of teenagers; strategies for working with younger children; coaching philosophy; teaching games for understanding; understanding fundamental movement patterns; and movement observation.

The second year focuses on code-specific modules as well as a leadership module. After successful completion of two years including submission of mentoring sheets, participants become XTND Graduates and will be recognised at equivalent to Foundation Coach qualification on the General Pathway.

**Year One Modules**
- XTND Group Management (must be completed first)
- XTND Understanding Movement 1
- XTND Understanding Movement 2
- XTND Movement Observation

All coaches in the programme must start with attending the Group Management Module.

**Year Two Modules**
Competent Coach and a choice of three modules:
- XTND Artistic Gymnastics
- XTND Rhythmic Gymnastics
- XTND Aerobic Gymnastics
- XTND Trampoline
- XTND Display
- First Aid

### XTND Youth Leadership

<table>
<thead>
<tr>
<th>Minimum age</th>
<th>Year 9 at high school</th>
</tr>
</thead>
<tbody>
<tr>
<td>Per Module fee</td>
<td>$50.00 (Exception Year 2 Camp)</td>
</tr>
<tr>
<td>Module Duration</td>
<td>4-5 hours</td>
</tr>
<tr>
<td>Post Course requirements</td>
<td>Submission of mentoring sheets and verification of hours</td>
</tr>
</tbody>
</table>

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**Year One Modules**
- XTND Group Management (must be completed first)
- XTND Understanding Movement 1
- XTND Understanding Movement 2
- XTND Movement Observation

All coaches in the programme must start with attending the Group Management Module.

**Year Two Modules**
Competent Coach and a choice of three modules:
- XTND Artistic Gymnastics
- XTND Rhythmic Gymnastics
- XTND Aerobic Gymnastics
- XTND Trampoline
- XTND Display
- First Aid
XTND Youth Leadership

XTND with Honours (three years)

This programme is an optional third year extension of the XTND programme and allows young coaches to attend modules that will help them or their club to grow. The course consists of four modules:

- Event Management
- Remainder of year two modules

After successful completion of three years, participants become qualified with XTND Honours.

Registration

Coaches must be enrolled annually onto the XTND Youth Leadership Programme. Year 1 becomes enrolled when they register for their first module—Group Management. At the beginning of each year, clubs should advise their Regional Relationship Manager who is still continued in the programme in year 1, 2 and 3.
Foundation Coach is the first qualification in the General Pathway. Foundation Coach is comprised of Coaching Today and Understanding Movement. It utilises a range of delivery – through the GymSport Online platform as well as a practical face-to-face course.

**Coaching Today—Online Only**
Coaching Today is the first step in Foundation Coach accreditation process. Participants enroll on Coaching Today and are given access to GymSports Online where they may work through modules at their own pace. An assessment module is required to be submitted before participants may enroll on Understanding Movement.

**Learning Outcomes:**
- Understand and implement an athlete-centered approach to coaching
- Able to use effective coaching strategies
- Identify athlete characteristics and needs, in the community
- Recognise valuable communication, management and effective coaching strategies
- Understand the elements of an effective coaching session
- Understand and implement safe coaching strategies
- Understand the elements of an effective coaching session
- Understand and implement safe coaching strategies

<table>
<thead>
<tr>
<th>Minimum age</th>
<th>16</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-requisites</td>
<td>Nil</td>
</tr>
<tr>
<td>Technical Member</td>
<td>$45.00</td>
</tr>
<tr>
<td>Affiliated Member</td>
<td>$55.00</td>
</tr>
<tr>
<td>Course Duration</td>
<td>Online Course—self paced</td>
</tr>
<tr>
<td>Post-course requirements</td>
<td>Submission of online assignment</td>
</tr>
</tbody>
</table>
Understanding Movement is designed to give an understanding of the fundamentals of movement in gym sports and any other physical activities in sport and recreation.

Additional to this understanding is the importance of providing experiences and opportunities for the athletes by:

- Applying the Fundamental Movement Patterns used in gym sports and any other sports and physical activities
- Creating activities for physical and motor development suitable for gym sports
- Creating activities for physical development
- Observing and assessing movement

The Understanding Movement qualification is made up of an online (pre-course) component; a practical (face-to-face) course; post course activities (online) including submission of an assignment.

The Understanding Movement accreditation process is shown below.

Minimum age 16
Pre-requisites Coaching Today
Pre Course Technical Member $40.00
Pre Course Affiliated Member $45.00
Practical Course Technical Member $100.00
Practical Course Affiliated Member $110.00
Course Duration 8 hours
Post-course requirements Pre and Post course assignment submission (online)
This course covers PlayGym Principles and Philosophy, an understanding of Fundamental Movement Patterns in an early childhood setting, teaching and movement methodology in early childhood movement learning and considerations for programming and planning.

PlayGym is an early childhood movement learning philosophy which assists in the development of children under 5 years. It is particularly relevant for early-childhood educators, coaches, parents and caregivers. This is a very practical course where participants will be involved in physical activity.

The cost of this course includes the PlayGym card set resource valued at $70.00 + GST.

To gain the qualification, participants also need to complete a post course assignment, alongside a First Aid course covering unit standards 6401 and 6402 or 26551 and 26552; Basic First Aid and Life Support.
This course develops the competencies to understand and deliver the moveMprove® programme content. It is compulsory for all coaches intending to deliver the moveMprove® programme. To become a qualified moveMprove® coach, participants also need to complete the Foundation Coach Qualification. Lead coaches for the moveMprove® programme are also required to attend the PlayGym Leaders Course and complete the assignment for accreditation.

All clubs/organisations registering coaches for this course are required to complete the moveMprove® Accreditation Document and have a current GymSports NZ moveMprove® Delivery Agreement prior to attending this course.

**Course Content**

- Coaching Philosophy and Methodologies#
- Movement methodologies#
- moveMprove Programme content#
- Brain Body development
- Inclusion#
- Presentation Skills#
- Planning and Safety#

#
### Elementary Coach

<table>
<thead>
<tr>
<th>Minimum age</th>
<th>16</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-requisites</td>
<td>Foundation Coach</td>
</tr>
<tr>
<td>Technical Member</td>
<td>$130.00 ($120.00 AER)</td>
</tr>
<tr>
<td>Affiliated Member</td>
<td>$140.00 ($130.00 AER)</td>
</tr>
<tr>
<td>Observer</td>
<td>$40.00</td>
</tr>
<tr>
<td>Course Duration</td>
<td>18 –14 hours (code dependent)</td>
</tr>
<tr>
<td>Post-course requirements</td>
<td>Post course assignment &amp; First Aid certificate Coaching hours?</td>
</tr>
</tbody>
</table>

This course develops the competencies necessary in **one** of the gymsport codes (Aerobics, Men’s Artistic, Rhythmic, Trampoline and Women’s Artistic).

The course is aimed at coaching Elementary level athletes in Incentive Awards; in the respective gymsports Levels 1-4; Aeroskools, Men’s Artistic Levels 1-3; Rhythmic Levels 1-3; Trampoline recreation and lower age group; Women’s Artistic STEPS 1-3; code specific gym for classes.

In addition to the relevant skills for each gymsport code, participants will learn:
- Body Preparation – conditioning, flexibility, body stability
- Planning
- Competition formats and strategies
- Basic sheet/competition card writing (TRA)

To gain the qualification, participants need to complete a post-course assignment, alongside a First Aid course covering unit standards 6401 and 6402 or 26551 and 26552; Basic First Aid and Life Support.

It is recommended that those wishing to attend a Elementary Judging Course and have limited gymnastic experience, should attend the respective Elementary Coach course as an observer.

*Participants of this course should bring athletes from their clubs to attend the course as demonstrators and also participate in practical teaching sessions. Athletes need to be capable of performing the skills at this level. There is no fee for athletes to attend.*
This course develops the competencies necessary in the respective gymsport to provide coaches with the skills and knowledge necessary to coach at the Junior National level. Junior Coach is aimed at coaches teaching the following athletes—Aerobics STEPS 4-9 and Aerobic Development Programme 1-2, Rhythmic levels 4-6, Trampoline age division, Women’s Artistic STEPS 4-6, Men’s Artistic levels 4-6.

The following topics will be covered:
- Physical Preparation
- Junior Skill Development
- Routine Construction
- Coaching Methodology
- Planning and Practice
- Code-specific Coaching Development

To gain the qualification, participants also need to complete three online modules, alongside a First Aid course covering unit standards 6401 and 6402 or 26551 and 26552; Basic First Aid and Life Support.

This qualification is the minimum requirement for coaches to be accredited to coach junior level athletes at National Championships.
**Junior Advanced Coach**

<table>
<thead>
<tr>
<th>Minimum age</th>
<th>18</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-requisites</td>
<td>Junior Coach</td>
</tr>
<tr>
<td>Course Duration</td>
<td>16 Hours</td>
</tr>
</tbody>
</table>
| Post-course requirements | Post course assignment & First Aid certificate  
120 hours coaching at Advanced Junior Level |

This course continues with practical skill development specific to **Men’s Artistic Gymnastics and Women’s Artistic Gymnastics**.

This course is aimed at coaches teaching WAG STEPS 6-7 and MAG Levels 6-7. This course is for coaches who have completed all of the components of the Junior Coach course and are currently coaching athletes at Junior Advanced level. **Coaches need to apply to be able to attend the Advanced Junior course.**

Junior advanced Coach will be held at GymSchool.

To gain the qualification, participants also need to complete a post course assignment, alongside a First Aid course covering unit standards 6401 and 6402 or 26551 and 26552; Basic First Aid and Life Support.
Senior Coach

<table>
<thead>
<tr>
<th>Minimum Age</th>
<th>19</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-requisites</td>
<td>Depending on code, two years coaching as Junior Coach AER, RG, TRA (minimum 80 practical hours per year) or Junior Coach (minimum 120 hours)</td>
</tr>
<tr>
<td>Duration</td>
<td>FIG Level 2 Academy—1 week duration</td>
</tr>
<tr>
<td>Post Course Requirements</td>
<td>First Aid Post Course Assignment 160 hours coaching at Senior Level</td>
</tr>
</tbody>
</table>

This course develops the competencies necessary in the respective gymsport to provide coaches with the skills and knowledge necessary to coach at the Senior National level.

The Senior Coach course is the FIG Level 2 Coaching Academy. The curriculum for each of the FIG Coach Academy Levels includes between 8 and 10 theory lectures such as biomechanics, anatomy, psychology, planning, training theory, physiology, and sport theory. Each of these lectures has been prepared and focused to meet the specific needs of GymSports coaches. In addition there are extensive in-gym technical sessions for all pieces of apparatus or technical requirements for each FIG discipline as well as in choreography and physical preparation.

Senior Coach is aimed at coaches working at the following level: Aerobics International grades, Rhythmic Levels 7+, international grades, Men’s Artistic level 8+, Women’s Artistic STEPS 8+, International Development Programme Level 6+, Trampoline International Grades.

This qualification is the minimum requirement for coaches to be accredited to coach senior level athletes at National Championships.

The course may be offered in New Zealand every few years. The course may also be offered in Australia.
Coach development is a high priority for GymSports NZ. GymSports NZ also offers workshops for the purposes of upskilling knowledge. These are presented through online and practical sessions regionally.

Workshops may be general coaching, code or skill specific in nature. A workshop may also be tailored for a particular subject/region. No qualifications are awarded with workshops.

Examples of workshops may include (and are not limited to)

- Skills
- Safety
- Using apparatus
- Choreography
- Rule updates
- Injury Prevention
- Planning
- Judging
- Routine construction
- Programmes
- Early childhood

These are very practical workshops where participants will be involved in physical activity. There is no formal qualification associated with workshops.
Judging Courses

The competitive nature of the sport requires judges to assess performances. Judges need to understand and apply the rules of their gymsport in a fair, objective and consistent way.

GymSports NZ provides quality judging courses at all levels to enable performers to have a fair evaluation of their routines. Qualified judges attend competitions and may also assess Incentive Awards.

Competition rules and regulations for gymsports are revised and updated every four years in line with the Olympic cycle led by the Fédération Internationale de Gymnastique (FIG).

What are the Judging Courses?
The Judging Framework in New Zealand consists of three levels
- Elementary Judge (beginner)
- Junior Judge (intermediate)
- Senior Judge (advanced)

Each gymsport code has some variances to the judging pathway. Some codes have ‘sub-levels’. In some codes, courses may be combined.

When judges attend a course and pass examination requirements, they are eligible to judge at competitions and Incentive Award Tests. To become fully accredited, they must complete a required number of sessions/hours in a logbook and submit this for accreditation. Accredited judges will be awarded a judging pin and are then eligible to pursue the next level of judging.

Qualified judges aged 18 years and above may also test the participants in the Incentive Award Programme alone. Judges under the age of 18 will be required to judge with a ‘buddy’ at competitions and Incentive Award Tests.

‘Buddy’ judging refers to judging with another person on the same panel or Test. This will apply for novice/recreational competitions, festivals, school festivals, Incentive Awards and all gymsport code levels programmes, age group or STEP competitions.
## Judging Courses

### Elementary Judge

<table>
<thead>
<tr>
<th>Minimum age</th>
<th>15 years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>Up to 8 hours</td>
</tr>
<tr>
<td>Description</td>
<td>Elementary Judge is the entry level course for all gymnastic codes.</td>
</tr>
</tbody>
</table>

### Junior Judge

<table>
<thead>
<tr>
<th>Minimum age</th>
<th>16 years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>Up to 16 hours</td>
</tr>
<tr>
<td>Description</td>
<td>Junior Judge is the intermediate level of judging for all gymnastic code. Elementary Judge is a pre-requisite to attend. Some gymnastic codes offer two sub levels—Junior and Junior Advanced Judge.</td>
</tr>
</tbody>
</table>

### Senior Judge Courses

<table>
<thead>
<tr>
<th>Minimum age</th>
<th>18 years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>Up to 18 hours</td>
</tr>
<tr>
<td>Course costs</td>
<td>Senior Judge is the highest level of judging in New Zealand for all gymnastic code. Junior Judge is a pre-requisite to attend. Some gymnastic codes offer two sub levels—Senior and Senior Advanced Judge.</td>
</tr>
</tbody>
</table>
The Federation Internationale de Gymnastique (FIG) is the international governing body for the sport of gymnastics. The international pathway for international judging commences with judges attending an international course.

FIG judge education consists of four categories within each code, starting at Category 4 and progressing to the highest level, Category 1. With each new Olympic cycle, amendments are made to the Code of Points for each code and judges are required to re-qualify.

Some Brevet courses are sometimes held in New Zealand. Otherwise, judges must travel overseas to attend courses hosted by other Federations. Attendance at the Brevet courses are by invitation for judges with experience at the highest Senior level of judging in New Zealand.
## Aerobics Judging Qualifications

<table>
<thead>
<tr>
<th>Type of Judge</th>
<th>Able to Judge</th>
</tr>
</thead>
</table>
| Elementary Judge            | • Aeroskools and Open Divisions artistic and execution  
                              | • Incentive Awards L1-4                                                      |
|                             | Recommend that judges with little or no gymnastic experience attend AER Elementary Coach course as an observer |
| Junior Judge                | • Aeroskools, Open, ADP and international divisions artistic & execution  
                              | • Incentive Awards L1-7                                                      |
|                             | Pre-requisite: Accredited Elementary with minimum of 1 year at Elementary Judge. Experience judging both artistic and execution in log book (min 2 sessions in each area) |
| Junior Advanced Judge       | • Aeroskools, Open, ADP and international divisions artistic & execution  
                              | • Aeroschools and Open divisions Difficulty and Chair  
                              | • Incentive Awards L1-7                                                      |
|                             | Pre-requisite: Accredited Elementary with minimum of 1 year at Elementary Judge. Experience judging both artistic and execution in log book (min 2 sessions in each area). Qualification awarded from results of Junior Judge Course |
| Senior Judge                | • Aeroskools, Open, ADP and international divisions artistic, execution, difficulty and chair  
                              | • Incentive Awards L1-7                                                      |
|                             | Pre-requisite: Accredited Junior Advanced Judge and held Junior Judge qualification for a minimum of 2 years. Experience judging all areas of artistic, execution, chair and difficulty in log book (min 2 sessions in each area). |
| Brevet IV-I                 | • FIG  
                              | • Aeroskools, Open, ADP and international divisions artistic, execution, difficulty and chair  
                              | • Incentive Awards L1-7                                                      |

Refer to the Information Flyer available on the GSNZ website for each course type for further information.
# Men’s Artistic Judging Qualifications

<table>
<thead>
<tr>
<th>Type of Judge</th>
<th>Able to Judge</th>
</tr>
</thead>
</table>
| Elementary Judge  | • L1-3 difficulty and execution  
|                   | • Incentive Awards L1-4  
|                   | Recommend that judges with little or no gymnastic experience attend MAG Elementary Coach course as an observer. |
| Junior Judge      | • L1-9 execution, L1-6 difficulty  
|                   | • Incentive Awards L1-7  
|                   | Pre-requisite: Accredited Elementary Judge                                    |
| Senior Judge      | • Levels 1-9 difficulty and execution  
|                   | • International FIG in NZ execution  
|                   | • Incentive Awards L1-7  
|                   | Pre-requisite: Junior Advanced or Senior Judge                                |
| Brevet IV-I       | • FIG difficulty and execution  
|                   | • Levels 1-9 difficulty & execution  
|                   | • Incentive Awards L1-7                                                     |

Refer to the Information Flyer available on the GSNZ website for each course type for further information.
**Rhythmic Judging Qualifications**

<table>
<thead>
<tr>
<th>Type of Judge</th>
<th>Able to Judge</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elementary Judge</td>
<td>• Execution Technical all Individuals and Group</td>
</tr>
<tr>
<td></td>
<td>• Incentive Awards L1-4</td>
</tr>
<tr>
<td></td>
<td>Recommend that judges with little or no gymnastic experience attend RG Elementary Coach course as an observer.</td>
</tr>
<tr>
<td>Junior Judge</td>
<td>• Execution Technical all Individuals and Group</td>
</tr>
<tr>
<td></td>
<td>• D1/D2 all individuals and Group</td>
</tr>
<tr>
<td></td>
<td>• Incentive Awards L1-7</td>
</tr>
<tr>
<td></td>
<td>Pre-requisite: Accredited Elementary Judge</td>
</tr>
<tr>
<td>Junior Advanced Judge</td>
<td>• Execution Technical all Individuals and Group</td>
</tr>
<tr>
<td></td>
<td>• D1/D2 all individuals and Group</td>
</tr>
<tr>
<td></td>
<td>• Execution Artistic all Individuals and Group</td>
</tr>
<tr>
<td></td>
<td>• Incentive Awards L1-7</td>
</tr>
<tr>
<td></td>
<td>Pre-requisite: Elementary Advanced Judge</td>
</tr>
<tr>
<td>Senior Judge</td>
<td>• Execution Technical all Individuals and Group</td>
</tr>
<tr>
<td></td>
<td>• D1/D2 all individuals and Group</td>
</tr>
<tr>
<td></td>
<td>• Execution Artistic all Individuals and Group</td>
</tr>
<tr>
<td></td>
<td>• D3/D4 all Individuals and Group</td>
</tr>
<tr>
<td></td>
<td>Pre-requisite: Accredited Junior Judge (old)</td>
</tr>
<tr>
<td>Senior Advanced Judge</td>
<td>• As per Senior Judge</td>
</tr>
<tr>
<td></td>
<td>• Control judge at Sanctioned events</td>
</tr>
<tr>
<td></td>
<td>Pre-requisite: Accredited Senior Judge</td>
</tr>
<tr>
<td>Brevet IV-I</td>
<td>• As per Senior Judge</td>
</tr>
<tr>
<td></td>
<td>• Control judge at Sanctioned events</td>
</tr>
<tr>
<td></td>
<td>Pre-requisite: Senior Advanced Judge</td>
</tr>
</tbody>
</table>

Refer to the Information Flyer available on the GSNZ website for each course type for further information.
## Trampoline Judging Qualifications

<table>
<thead>
<tr>
<th>Type of Judge</th>
<th>Able to Judge</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elementary Judge</td>
<td>• All levels assist difficulty &amp; form</td>
</tr>
<tr>
<td></td>
<td>• (not qualifying)</td>
</tr>
<tr>
<td></td>
<td>• Incentive Awards L1-4</td>
</tr>
<tr>
<td></td>
<td>Recommend that judges with little or no gymnastic experience attend TRA</td>
</tr>
<tr>
<td></td>
<td>Elementary Coach course as an observer.</td>
</tr>
<tr>
<td>Junior Judge</td>
<td>• All levels form and assist difficulty levels</td>
</tr>
<tr>
<td></td>
<td>• (not qualifying)</td>
</tr>
<tr>
<td></td>
<td>• Incentive Awards L1-7</td>
</tr>
<tr>
<td></td>
<td>Pre-requisite: Accredited Elementary Judge</td>
</tr>
<tr>
<td>Senior Judge</td>
<td>• All levels form and assist difficulty</td>
</tr>
<tr>
<td></td>
<td>• Incentive Awards L1-7</td>
</tr>
<tr>
<td></td>
<td>Pre-requisite: Accredited Junior Judge</td>
</tr>
<tr>
<td>Senior Advanced Judge</td>
<td>• All levels difficulty, form and chair</td>
</tr>
<tr>
<td></td>
<td>• Incentive Awards L1-7</td>
</tr>
<tr>
<td></td>
<td>Pre-requisite: Accredited Junior or Senior Judge (Qualification awarded from</td>
</tr>
<tr>
<td></td>
<td>results of Senior Judge Course)</td>
</tr>
<tr>
<td>Brevet IV-I</td>
<td>• FIG</td>
</tr>
<tr>
<td></td>
<td>• All levels difficulty, form and chair</td>
</tr>
<tr>
<td></td>
<td>• Incentive Awards L1-7</td>
</tr>
<tr>
<td></td>
<td>Pre-requisite: Senior Advanced Judge</td>
</tr>
</tbody>
</table>
## Women’s Artistic Judging

<table>
<thead>
<tr>
<th>Type of Judge</th>
<th>Able to Judge</th>
</tr>
</thead>
</table>
| Elementary Judge             | • STEPS 1-3 execution  
• Incentive Awards L1-4  
Recommend judges with little or no gymnastic experience attend WAG Elementary Coach course as an observer |
| Junior Judge                 | • STEP 1-3 difficulty  
• STEP 1-6 execution  
• Incentive Awards L1-7  
Pre-requisite: Accredited Elementary Judge |
| Junior Advanced Judge        | • STEP 1-6 difficulty  
• STEP 1-6 execution  
• Incentive Awards L1-7  
Pre-requisite: Accredited Elementary Judge  
Qualification awarded from results of Junior Judge Course |
| Senior Judge                 | • STEP 1-6 difficulty  
• STEP 1-10 execution  
• Incentive Awards L1-7  
Pre-requisite: Accredited Junior or Junior Advanced Judge |
| Senior Advanced Judge        | • STEP 1-9 difficulty  
• STEP 1-10 execution  
• Junior/Senior International Execution (Accredited Senior Advanced Only)  
• Incentive Awards L1-7  
Pre-requisite: Accredited Junior Advanced or Senior Judge  
Qualification awarded from results of Senior Judge Course |
| Brevet IV-I                  | • FIG  
• STEP 1-10 difficulty & execution  
• Incentive Awards L1-7 |
GymSports NZ encourages and promotes life-long learning. As with almost all professions these days, further development is encouraged within the gymsports community. Maintenance, improvement and broadening of knowledge and skill will be of benefit to all coaches and judges, regardless of code or level. All coaches are encouraged to take advantage of development opportunities that may present themselves.

Several components of the Coaching Framework are compulsory and require updating on a regular basis to maintain the qualification:

**First Aid**
A valid First Aid Certificate, covering NZQA unit standards 6401 and 6402 or 26551 & 26552; Basic First Aid and Life Support, is required for all GymSports NZ coaching qualifications. First Aid qualifications are valid for a two-year period.

**Practical Coaching Hours**
Practical Coaching Hours Forms are distributed annually. Clubs/club administrators are asked to record the amount of practical hours their coaches are coaching. This enables GymSports NZ to keep a record of which coaches are active and fulfilling the hours required at the level of their qualification.

**Recognition of Prior Learning (RPL)**
Previous study or qualifications obtained overseas may be cross-credited to courses within the Education 360° framework.

Coaches wishing to gain recognition for prior learning are asked to read the process outlined on the GymSports NZ website—www.gymsportsnz.com. Application forms can be found on the website and applicants are asked to relate GymSports NZ course module learning outcomes to those covered in their prior study.

Copies of qualification certificates and transcripts should support applications and the relevant RPL Assessment Panel will consider applications based on the information provided. A fee of $40.00 + GST will apply to RPL applications.
Registration Procedure
Participants/Clubs register course participants online through the Education page on the GymSports NZ website: www.gymsportsnz.com

Registration closing dates for courses will be 2-3 weeks prior to the commencement of the course, unless otherwise stated.

Withdrawal Procedure
Any participant wishing to withdraw from a course after the closing date is asked to promptly contact GymSports NZ in writing (email). Withdrawals after the closing date will be charged a withdrawal fee. This fee will be 25% of the overall course fee.

There is no refund for anyone who does not attend (no show) on the day of the course.

Late Registrations
GymSports NZ may consider registrations that are received after the course closing date, but these registrations will incur a $40.00 (+GST) fee per club for the first person, then $10.00 per person after that. Acceptance of late registrations will be considered at GymSports NZ discretion.

Course Cancellations
In the unfortunate event of GymSports NZ having to cancel a course, The GSNZ Education Office will communicate this to the participants and full refund arrangements will be made.

Course Information
Participants should bring their own lunch and light refreshments to the course as food will not be provided during breaks.

Participants are encouraged to arrive at course venues prior to courses starting, with ample time to spare. Suitable clothing, particularly for coach development courses, is advised as most coaching courses require participants to be actively involved.

Participants should advise the Course Presenter of any medical conditions or injury that may impede their participation.

All courses require a 100% attendance.
**Certification**

GymSports NZ will issue electronic qualification certificates when all components of a qualification have been met.

The qualification is not considered complete until all components have been submitted and accredited. These components vary from course to course and are listed within this handbook under the relevant course.

Judging accreditation is considered completed when the required practical hours have been completed, and the judging logbook is submitted and verified by the Judging Advisor of the respective gymsport code.
## Education Price List

<table>
<thead>
<tr>
<th>Name of Course/ Qualification</th>
<th>Length of Course</th>
<th>Technical Member</th>
<th>Affiliated Club Member</th>
<th>Observer</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Coaching Courses/Modules:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Foundation Coach: # Coaching Today</td>
<td># Online (self-paced)# Understanding Movement Practical 8 hours</td>
<td># $45.00# $40.00# $100.00</td>
<td># $55.00# $45.00# $110.00</td>
<td># N/A# N/A# N/A#</td>
</tr>
<tr>
<td>XTND Modules</td>
<td>4-5 hours</td>
<td>N/A</td>
<td>$50.00</td>
<td>N/A</td>
</tr>
<tr>
<td>Elementary Coach AER</td>
<td>8 hours</td>
<td>$120.00</td>
<td>$130.00</td>
<td>$40.00</td>
</tr>
<tr>
<td>Elementary Coach Artistic (WAG &amp; MAG): # Full Course # Attending WAG/MAG modules to complete additional qualification</td>
<td># 12-14 hours 3-4 hours</td>
<td># $140.00# $60.00</td>
<td># $150.00# $70.00</td>
<td># $40.00# N/A</td>
</tr>
<tr>
<td>Elementary Coach RG and TRA</td>
<td>12 hours</td>
<td>$140.00</td>
<td>$150.00</td>
<td>$40.00</td>
</tr>
<tr>
<td>Junior Coach (all codes)</td>
<td>16 hours</td>
<td>$180.00</td>
<td>$190.00</td>
<td>$60.00</td>
</tr>
<tr>
<td>PlayGym Leader</td>
<td>14 Hours</td>
<td>$180.00</td>
<td>$200.00</td>
<td>$60.00</td>
</tr>
<tr>
<td>MoveMprove® Essentials</td>
<td>8 hours</td>
<td>$110.00</td>
<td>$120.00</td>
<td>N/A</td>
</tr>
<tr>
<td><strong>Judging Courses</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Elementary Judge (all codes)</td>
<td>6-8 hours</td>
<td>$110.00</td>
<td>$120.00</td>
<td>$40.00</td>
</tr>
<tr>
<td>Junior Judge (all codes)</td>
<td>12-16 hours</td>
<td>$130.00</td>
<td>$140.00</td>
<td>$60.00</td>
</tr>
<tr>
<td>Senior Judge (all codes)</td>
<td>16-18 Hours</td>
<td>$140.00</td>
<td>$150.00</td>
<td>$60.00</td>
</tr>
<tr>
<td><strong>Other Judging Revalidation (2017 only)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>WAG Elementary – WAG Workshop #</td>
<td># 3 hours</td>
<td>N/A#</td>
<td># $40.00#</td>
<td>N/A#</td>
</tr>
<tr>
<td>AER, MAR, RG, Elementary – sign off hours/observer Elementary Course</td>
<td>6-8 hours#</td>
<td>$40.00#</td>
<td>$40.00#</td>
<td>N/A#</td>
</tr>
<tr>
<td>WAG Junior/Junior Advanced – WAG workshops (must also attend Junior Judge)</td>
<td>2 x 3 hours#</td>
<td>$70.00</td>
<td>$70.00</td>
<td>N/A#</td>
</tr>
<tr>
<td>WAG Senior/Senior Advanced – WAG workshops (must also attend Senior Judge)</td>
<td>2 x 3 hours#</td>
<td>$70.00</td>
<td>$70.00</td>
<td>N/A#</td>
</tr>
<tr>
<td><strong>Other</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recognition of Prior Learning</td>
<td></td>
<td>$40.00</td>
<td>$40.00</td>
<td>N/A</td>
</tr>
<tr>
<td>Late fee – per club</td>
<td></td>
<td>$40.00 per club for first person, then $10.00 per person</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Withdrawal fee – after closing date</td>
<td></td>
<td>25% of course fee</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

All prices are exclusive of GST.
Education Contacts

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Level 2, 6 Arawa Street
Grafton, Auckland 1149
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