



SUMMER CAMP 2017

Jump into it!

MOTIVATIONAL
SPEAKER &
OLYMPIAN
Dylan Schmidt

SUPER COACHES

David Phillips + David Bishop + Josiah
Geange + Tania Gavilan + Hayley
Storey + more!



SENIOR CAMP
17-20 January, 2017

JUNIOR CAMP
20-22 January, 2017

AWESOME WORKSHOPS

physio recovery + sports acro + dance
+ comp psych + Olympic Coach insights

EXTRA STUFF

games and challenges + sleep over +
movie night + BBQ lunch + training singlet
+ making friends + new skills!

REGO IS NOW OPEN SO GIVE US A CALL!

09 6254354 team@tristar.org.nz

REGISTRATION

SENIOR CAMP

17-20 January 2017, MAG L5-Open / WAG Step 5-
Senior

Training Only - \$200

- * 4 x days training (timetable TBC)
- * Sleep over
- * Workshops.
- * BBQ lunch with Guest Olympian Speaker!
- * Free Training singlet

Stay over package \$450pp

* includes all of the above PLUS 3 nights accommodation at the gym, breakfast, lunch & dinner (limited numbers).

JUNIOR CAMP

20 - 22 January 2017, MAG L1-4 / WAG Step 1-4

Training Only - \$150

- * 3 x days training (timetable TBC)
- * Workshops.
- * BBQ lunch with Guest Olympian Speaker!
- * Free training Singlet

Personal Details

Athlete _____

Club _____

Phone _____

Email _____

Age _____

Level (2017) _____

Food Allergies / Considerations _____

Personal coach attending Y / N

Select your summer camp option

- Senior Training Only \$200
- Senior stay over package \$450
- Junior Training Only \$150
- Singlet size Child XS S M L adult S M L