

# 360 MAG High Performance Pathway

## Talent I.D Clinics

Geared to be both an introduction to national team training and a learning ground for gymnasts and coaches boys who don't make into, or are moved out of 360 or Challenger groups. TID will invest in our competitive base.

- All levels
- Selection from Nationals results.
- Training camps 2 x / year for 3 days (one north one south)
- Facilitated by **Toby Levine** & assisted by personal coaches
- Technical development
- Self Funded

## 360 Future

*The first rung of the 360 ladder.*

- L4-5 (9-11 years approx)
- Training camps 4 x / year
- Facilitated by **Dane Smuts & Cameron Beeton** & assisted by personal coaches
- Technical development
- Self funded (accommodation support)
- Physical monitoring / testing

## 360 Youth

*This is a new squad*

- L6-7 U15 (12-14 years approx)
- Training camps 4 x / year
- Facilitated by **Adria Coman and Jozsi Ferencz** & assisted by personal coaches
- Technical development
- Self funded travel (accommodation support)
- Physical monitoring / testing

## 360 Junior

*A more elite, more supported, more frequent & slightly older version of 360 Youth*

- L8-U18 (15-18 years approx)
- Junior international
- Training camps 4 x / year
- Facilitated by **David Phillips & David Bishop** & assisted by personal coaches
- Physical, medical & psych monitoring / testing

## Senior National Team

*A more elite, more supported, more frequent & slightly older version of 360 Junior*

- Senior international
- Doesn't exist yet

## Challenger

*Idea behind this group is to catch 360 boys who are not performing due to injury or motivation etc, so that we stay in touch with their development. It is also a springboard to 360 selection. A place where athletes can prove their worth for 360 inclusion in the following year of selection.*

- from each 360 age / level bracket
- Training camps 4 x / year (3 day camps with 360 lads).
- Facilitated by **360 coaches of appropriate age group** assisted by personal coaches
- Technical development
- Programme support
- Self Funded