

MEMORANDUM

DATE	26th October 2016
WHO	Mens Artistic Gymnastics Community
FROM	MAG Sport Development Committee
SUBJECT	MAG Squad 360 Squad Selection Camps

Dear coaches,

This letter is to inform you of upcoming **360 Selection Squads**. The 360 selection squads are where we test the most talented boys in Men's Gymnastics in New Zealand for potential inclusion in the 360 High Performance pathway for 2017 (see attachment). If your athletes name is on the list then congratulations!

Next year we will be introducing a new level to the 360 programme and renaming the squads for clarity. We will be inviting boys who are successful at the testing weekends into the following:

360 Future (L4-5 / 9-11yrs Approx)
360 Youth (L6-7 / 12-14yrs Approx)
360 Junior (L8-U18 / 15-18yrs Approx)

TiD (all ages)
Challenger (all ages)

This year there was a much improved standard of gymnasts at our National Championships and it was great to see the rest of the country pushing the 360 squad members in competition. We have selected gymnasts for these camps based on:

- a. All existing 360 and Challenger athletes
- b. L4-U18 Nationals results
- c. Special invitation (either athletes that show potential but didn't compete well, or injury, or were absent).

N.b. only 2016 TiD athletes who met our selection criteria have been invited to these selection camps.

At the testing weekend athletes will be required to participate in Physical Testing - (based on the Australian PAT) and Skills testing - as attached. Please note that the skills testing list is draft and is designed with a view to future testing. Due to the late nature of its inclusion in this process we will

modify some apparatus 'down', to be more similar to this years levels routine content. The list does however give coaches an indication of the level of gymnastics required for participation in 360 squads. This list will be finalised at the selection camps and made available to all clubs ahead of the 2017 competition year so they will be able to work on the content throughout the year. The skills testing for 360 is designed to complement the new levels routine content, but be an extension to it, so we hope it will be a good resource to assist coaches in their training programmes.

Please note that athletes will test the skills testing content in the level they competed at nationals. All athletes that competed L7-U18 at nationals will present their strongest 8 skills with at least one from each element group (these should be done in combination to save time).

Due to travel constraints, timing and expense we are hosting two camps this year:

North Island Testing

26-27 November

- * 12:30 - 7:30pm Saturday - Tri Star Gymnastics
- * 9:00am - 3:00pm Sunday - Tri Star Gymnastics

South Island Testing

3-4 December

- * 12:30-7:30pm Saturday - Te Wero
- * 11am - 5pm - CSG

Many thanks to the clubs and coaches for lending us their time and facilities for this important testing weekend.

There will be a small charge of **\$50 / athlete** to cover coach and facility related costs. This will be invoiced to your clubs upon confirmation of attendance. Please could athletes / parents confirm which selection camp you will attend individually by email:

david.phillips@tristar.org.nz by **13 November, 2016**.

Good luck with your training and I look forward to seeing you there.

Please note I have attached a draft calendar for 360 camps / tours in 2017 so coaches, parents and athletes can plan their summer holidays! Attendance at 360 camps and competitions are compulsory which is why we want to give you as much time to plan as possible.

Kind regards,

David Phillips
360 Lead Coach