

**INDO PACIFIC TRAMPOLINE and TUMBLING
CHAMPIONSHIPS
HOSTING PROTOCOL
and
TECHNICAL REGULATIONS
Updated 2016**

1.0 INTRODUCTION

These regulations are valid for the Indo Pacific Rim Federations affiliated with International Gymnastics Federation (FIG) for the conduct of the Indo Pacific Trampoline and Tumbling Championships. These regulations are recommended for use by all Indo Pacific Rim Federations wishing to host these championships.

2.0 BACKGROUND

This event was established to provide athletes from Non-European countries an opportunity to compete in an International event.

3.0 HISTORY OF CHAMPIONSHIPS LOCATIONS

1991	Australia	2002	Australia	2010	Japan
1993	U.S.A	2004	Canada	2012	Australia
1995	Japan	2006	South Africa	2014	South Africa
1997	South Africa	2008	New Zealand		

4.0 OBJECTIVES

- 4.1 To guarantee the uniform conduct of the Indo Pacific Trampoline and Tumbling Championships every two years (even numbered years)
- 4.2 To articulate the responsibilities of the Organizing Committee, the sport's governing bodies and the attending eligible federations
- 4.3 To establish an annual Indo Pacific Congress to be held at Indo Pacific Championships and each World Championships in the non-Indos years.
- 4.4 To establish Technical Regulations for the Indo Pacific Championships in order to encourage eligible nations to host and participate

- 4.5 To promote a higher standard of trampoline and tumbling within the Indo Pacific Rim
- 4.6 To utilize the FIG Technical Regulations and Code of Points unless otherwise stated in the Indo Pacific Hosting Protocol and Technical Regulations.

5.0 VALIDITY

- 5.1 These Technical Regulations are valid for a period of 4 years based on the Olympic cycle following their acceptance by the Indo Pacific Congress.
- 5.2 The following documents should be read in conjunction with these rules:
 - i) FIG Code of Points – Trampoline as valid 2014
 - ii) FIG Technical Regulations

6.0 TIME PERIODS

- 6.1 The Indo Pacific Championships will be held every two years (even numbered) for age group and senior level athletes in Trampoline, Double- Mini Trampoline, Tumbling and Synchronized Trampoline.
- 6.2 A preliminary commitment to take part in the Indo Pacific Championships must be received in writing to the host federation by the date specified by the host Organizing Committee. This provisional registration will be required 5 months prior to the competition and must be accompanied by **a \$500 US non-refundable entry fee.**
- 6.3 Definitive registration of the participants and number of judges who will participate must be received by the host federation at least 3 months prior to the competition.
- 6.4 Nominative registrations of the competitors and judges must be received by the host federation at least 2 months prior to the competition.
- 6.5 As an exception, necessary changes in the list of names can be received by the host federation up to 1 month prior to the start of the competition.

7.0 INDO PACIFIC CONGRESS

- 7.1 At each Indo Pacific Championships the voting member(s) from each eligible federation shall meet to discuss the forthcoming Indo Pacific Championships
- 7.2 The current host federation shall determine and circulate the date of the Congress
 - 7.2.1 The current host federation shall host a meeting at World/Championships Age Games in the non-Indos years and the Congress at their event.
- 7.3 A meeting agenda will be distributed by the current host federation, to the participating federations prior to the Congress
- 7.4 The meeting shall be an open forum
- 7.5 Each eligible Federation shall possess 1 (one) vote. The voting representative shall be named prior to the Congress. Each eligible Federation may send a maximum of 3 delegates to the Congress.
- 7.6 Bids to host the following Indo Pacific Championships shall be submitted to the Indo Pacific Meeting held at World Championships/World Age Games, 3 years prior to the event.
- 7.7 The next event will be awarded to the eligible member Federation by a majority vote.
- 7.8 A quorum shall consist of the minimum 3 (three) of the Federations participating at the event at which Congress is being held
- 7.9 A Secretary General for the Indo Pacific event will be appointed at each Congress to provide continuity in planning, organization and communication.

8.0 CHANGE IN TECHNICAL REGULATIONS

All changes in the Technical Regulations require the following:

- 8.1 No changes shall occur to the hosting protocol and technical regulations during the 4 year cycle unless agreed to unanimously by all eligible Federations.
- 8.2 The proposed changes are to be circulated to the member Federations three (3) months prior to the Indo Pacific Congress
- 8.3 The change requires simple majority vote of the members present
- 8.4 Implementation at the next Indo Pacific Championships

9.0 COMPETITION DATES

- 9.1 The Indo Pacific Championships shall be held every two years (even numbered) for Age Group and Senior athletes
- 9.2 It is recommended that the Indo Pacific Championships be held between May and October
- 9.3 It is recommended that the competition be scheduled as follows:

Senior	1 ½ day event
Age Groups	3 ½ day event
To be run concurrently	

10.0 COMPETITION VENUE

- 10.1 The host federation shall indicate at the annual Congress the city in which they wish to host the competition
- 10.2 Once confirmation has been distributed, the host Federation may not alter the location without the written notification to each eligible Federation.
- 10.3 It is recommended that the competition venue have a separate training/warm-up gym available in close proximity to the competition gym.

11.0 ORGANIZING COMMITTEE

- 11.1 The host Federation shall establish an Organizing Committee, which will act on behalf of the National Sport Organization (NSO) organizing any and all aspects of the event.
- 11.2 The Organizing Committee may or may not be incorporated autonomously from the NSO. However, regardless of the legal status of Organizing Committee, the NSO shall remain accountable for the preparation and the hosting of the event.
- 11.3 The Organizing Committee is completely responsible for the organization and execution of the Indo Pacific Championships and takes responsibility for all transactions and subsequent costs, particularly;
- 11.3.1 Printing and distributing of periodical information bulletins which contain all essential information of the organization to all eligible Federations.
 - 11.3.2 Sending of punctual preliminary commitment to participants as well as the provisional, definitive and nominative registration forms.
 - 11.3.3 Preparation of the competition site and training possibilities in a suitable gym. Training to be available a minimum of two (2) days prior to commencement of competition.
 - 11.3.4 Venue and competition equipment selection must comply with the rules and regulations set by FIG-Trampoline and Tumbling Committee. The suitability and brand of any equipment to be used shall be the sole prerogative of the approved organizers. A safety committee composed of the Competition Director and 3 appointed representatives must approve all equipment and layout prior to the commencement of the training sessions.
 - 11.3.5 All necessary personnel and equipment for the system of flashing the scores to participants and spectators.
 - 11.3.6 All necessary qualified personnel in regard to maintaining the competitive schedule and conveying the results of the competition:
 - i) Competition Director/Manager
 - ii) Floor Director/Manager charged with the location of personnel, the apparatus and competitors
 - iii) A scorer's table for each discipline with sufficient personnel for the control and distribution of the results
 - 11.3.7 Personnel, equipment, platforms and necessary installations of flags, music for the awards ceremonies and presentations of medals

- 11.3.8 Distribution of an official set of results to each Federation in attendance
- 11.3.9 Provision of medical personnel and essential emergency equipment.
- 11.3.10 Meals, accommodation and specific internal transportation for those belonging to the delegations (athletes, coaches, judges, delegation support leaders) from the arrival port of entry until departure as identified by the Organizing Committee.
- 11.3.11 Applying for FIG approval
- 11.4 In accordance with these Technical regulations, the Organizing Committee agrees to assume responsibility for the entire competition, training, judging, scoring, congress and other meetings as required.

12.0 QUALIFICATION OF PARTICIPANTS

- 12.1 Member Federations and competitors are identified as those with citizenship or permanent residency status
- 12.2 Member federations must be registered and in good standing with the FIG. Athletes are not required to obtain a FIG passport.
- 12.3 An invitation shall be extended to those FIG member Federations Currently participating in the Indo Pacific Championships:

Argentina	Australia	Brazil	Canada
China	Japan	Mexico	Namibia
New Zealand	South Africa	United States of America	
Qatar (added by vote 2008)			
- 12.3 Those Federations who otherwise qualify, but are not members of the Indo Pacific Rim, may be invited to participate at the Indo Pacific Championships with a majority approval of the Indo Pacific members. The event shall remain closed to all European federations.

13.0 COMPETITIVE EVENTS

- 13.1 Disciplines:

Individual Trampoline	Synchronized Trampoline
Double Mini Trampoline	Tumbling

13.2 Age Groups:

11-12 yrs	Men & Women	As per FIG Regulations
13-14 yrs	Men & Women	“ “ “ “
15-16 yrs	Men & Women”	“ “ “ “
17 + yrs	Men & Women	(exception to FIG regulations)

13.2.1 Birth certificates and/or passports may be checked by the Technical coordinators.

13.2.2 No athlete may compete in other than his or her age group except in respect of Synchronized Trampoline. In Synchronized trampoline the age of the older athlete determines the age group in which the pair must enter.

13.3 Senior:

Individual Trampoline (TRP)
Team event Trampoline
Synchronized Trampoline
Individual Double Mini Trampoline (DMT)
Team event Double Mini Trampoline
Individual Tumbling (TUM)
Team event Tumbling

13.3.1 Competitors may NOT compete in Age Groups and Senior competition in the same discipline.

13.4 The choice of competitors from all eligible Federations is the full responsibility of the respective member federations. However, any athletes who have competed in a Senior category at an International level and are still Senior category quality should compete in the senior competition. It is expected that any athlete competing in the senior category can compete the FIG senior requirements with a comparable level of difficulty.

14.0 DELEGATION SIZE

14.1 Athletes:

14.1.1 Age Groups:

6 athletes per age group per discipline per gender
3 synchro pairs per age group per discipline per gender

14.1.2 The host Federation may send a maximum of:

9 athletes per age group per discipline per gender
4 synchro pairs per age group per gender

- 14.1.3 Senior:
4 athletes per discipline per gender
2 synchro pairs per gender

14.2 Judges:

- 14.2.1 Each participating Federation will be required to provide judges, who must be FIG certified. Each participating Federation will submit, with their list of judges, the name of their most qualified judge whose name will be entered in a draw at the judges meeting at the event where three (3) names will be drawn to act as the Jury of Appeal.
- 14.2.2 Participating Federations must supply one judge certified for each discipline in which they have athletes competing. The Host organizing committee shall determine the number of judges required by each participating Federation based on the number of athletes listed on the Nominative Entry. The host organizing committee shall forward this requirement as soon as possible. Judges should indicate their qualifications and all events they are willing to judge on the registration form.
- 14.2.3 The names of the above judges must be submitted immediately following the Nominative Entry deadline, along with their qualifications.
- 14.2.4 Indo Pacific Championships are able to invite FIG judges regardless of nationality in order to fulfill judging requirements.
- 14.2.5 Placement of judges to the panels shall be as follows:
- i) FIG Certified judges shall be appointed as the Chair of the Judges panel and the 1st Difficulty Judge
 - ii) All other positions shall be by draw
- 14.2.6 All judges, including Difficulty Judges, shall dress in appropriate attire, which shall consist of:
- Women: A navy or black blazer or jacket, white blouse and navy or black skirt or trousers
- Men : A navy or black blazer or jacket, white shirt and tie, navy or black trousers
- 14.2.7 The Chair of the Judging panel will report any infractions to the Jury of Appeal or Competition Director/Manger who may then

refuse participation to any judge who fails to comply with the dress standards as set out above.

14.2.8 Judges are not paid at these championships. However, a gift is recommended.

15 COMPETITION REQUIREMENTS

15.2 The Preliminary routine / pass requirements – refer to Appendix I

15.3 The Final routine / pass requirements – refer to Appendix I

15.4 The start order for all preliminary rounds will be decided by draw. All athletes will be divided into groups of approximately 10 per group.

15.4 In all Age Group and Senior events, 3 competitors per federation from the preliminary round may progress to the final round. Competitors will be added to finals regardless of 3 competitor per federation rule based on preliminary rankings.

Should there be a withdrawal from the finals start list, prior to the commencement of specific warm-up, the next highest ranked athlete, who has been eliminated from finals due to the 3 per federation rule may move forward to the final round.

Scorekeeping will be responsible for listing the names of the 10 athletes and 2 alternates on the finals start list.

15.5 In all Age Group and Senior events, the scores will be carried over on an accumulative basis to finals.

15.6 All other FIG rules will apply except as noted in Appendix I

16 COMPETITION FORMAT

16.2 All competitive rounds shall proceed in the following manner:

16.2.6 At least 15 minutes prior to the start of the event, all judges, including recorders and difficulty judges, shall be in place on the judging panel for the purposes of trial scoring, reviewing instructions from the Chair of the Judges panel, discussing interpretations, etc.

16.2.7 Athletes should be called to the marshalling area 10 minutes prior to the start of the competition. On cue, they shall march in, in competition order, and present themselves before the

Chair of the Judges panel and judging panel at their competition location.

- 16.2.8 After receiving instructions, athletes shall march to their designated waiting area.
- 16.2.9 Athlete shall remain in the waiting area for the duration of the competition round, unless spotting another team athlete.
- 16.2.10 At the completion of a competitive round, athletes shall return to the athletes waiting area. Once the athletes have marched out, the chair of the Judges panel may dismiss the judging panel.
- 16.3 Athletes may at no time approach the judging panel and / or the recorder's table during competition.
- 16.4 Athletes awaiting their turn or flight must remain quiet and considerate of those athletes competing.
- 16.4 Four spotters must be positioned around the trampoline whenever it is in use. The spotters should be appropriately dressed in a team tracksuit. Spotters should be of sufficient size as to be able to render assistance if necessary.
- 16.5 Each form score and difficulty score must be flashed for each round of competition. In synchronized trampoline, the synchronized score must also be flashed for each pair of competing athletes.
- 16.6 It is the responsibility of the host organizer to provide video taping of all rounds of competition, and have the necessary equipment available to properly display the taping.
- 16.7 Written protests will not be allowed. As per FIG regulations, an official representative is to approach the Chair of the Judges panel, before the end of the round, in a controlled and friendly manner to advise of a possible error. It will be the Chair of Judges panel responsibility to confer with the Difficulty Judges to determine if it is a legitimate concern requiring review, or if it is unfounded and a video review is not required.

17 RESULTS

- 17.2 Swescore (or other FIG approved program) shall be the scoring program used for this competition. Manual scoring should be done for backup. It is recommended that computers be available for each judging panel.
- 17.3 All results shall be tabulated and checked by the recorders and then the Chair of the Judges panel, prior to publication and posting. Unofficial

results must be posted within 15 minutes of a completion of a competitive round.

17.4 Results must be posted in a neat, presentable format and in a location suitable for viewing by athletes, officials and spectators. An additional copy of each set of results shall be made available for each participating Federation at a specified pick-up location. Only ONE designated person may pick up these results.

17.5 The results sheets must provide the following information:

17.5.6 All form scores

17.5.7 Difficulty score

17.5.8 Time of flight

17.5.9 Total score

17.5.10 Rank order

17.6 All preliminary results must clearly indicate the finalists' lists, and the competitive order for finals.

17.7 All finals results must be managed as outlined in 17.4 above.

18.0 COMPETITION CARDS (DD CARDS)

18.1 Official Degree of Difficulty (DD) cards must be used. Each Federation must submit their completed DD cards to the official registration table immediately following their final designated training session. Only the recognized FIG numeric system may be used to describe elements on the competition card, otherwise the card will not be accepted.

18.2 Only one difficulty card, with both names clearly shown, needs to be submitted for a synchro pair.

18.3 The official DD cards will be printed and distributed by the organizing committee.

19.0 DRESS CODE

19.1 General Warm-up

19.1.1 All athletes must be dressed in the equivalent of competitive attire – that being bodysuit for women, and singlet and gym shorts or gym trousers for men. Women may wear uniform tights and/or gym shorts.

19.2 Specific Warm-up

19.2.1 All athletes must be in competitive attire only

19.2.2 All coaches must wear a Team Tracksuit or team tracksuit pants and T-shirt (Team shorts are acceptable).

19.2.3 No jewelry may be worn by athletes. Medical alert bracelets may be worn, but must be taped.

19.3 Uniforms

19.3.1 During preliminary rounds of competition all team members must wear uniform dress including competition attire and tracksuits.

19.3.2 During the final rounds of competition, athletes may select competition attire of their own choosing. Uniform tracksuits must be worn.

19.4 Footwear

19.4.1 Trampoline Women: trampoline shoes and/or white foot covering of no more than ankle length
Trampoline Men: trampoline shoes and/or foot covering of the same colour as the gym trousers or white

19.4.2 Double Mini Women: white trampoline shoes and/or white foot covering of no more than ankle length
Double Mini Men: white trampoline shoes and/or white foot covering

19.4.3 Tumbling Women: white shoes and/or white foot covering of no more than ankle length may be worn
Tumbling Men: white shoes and/or white foot covering may be worn.

23.0 INFORMATION BULLETINS & REGISTRATION PACKAGE

- 23.1 Bulletin #1 – to be sent out a minimum of 15 months prior and should include the following :
- i) Invitation to Attend
 - ii) Competition dates and location
 - iii) Contact Person and Information (ie mailing address, phone/fax numbers, email, website)
 - iv) Entry fees
 - v) Dates and deadlines
 - vi) Preliminary Accommodation information
 - vii) Preliminary schedule
- 23.2 Bulletin #2 and Provisional Entry registration to be sent out a minimum of seven (7) months prior. Replies due five (5) months prior to competition.
- 23.3 Bulletin #3 – Definitive Entry – to be sent out a minimum of five (5) months prior. Replies due three (3) months prior to competition.
- 23.4 Bulletin #4 – Nominative Entry – to be sent out a minimum of four (4) months prior. Replies due two (2) month prior to competition.

24.0 ENTRY FEES

- 24.1 An equivalent of US \$110 will be charged for the first event in which the athlete competes. An equivalent of US \$25 will be charged for each additional event in which the athlete competes. An equivalent of US \$25 will be charged for each person participating in Synchronized Trampoline.
- 24.2 The entry fee(s) must be sent in advance and before the stated deadline. Failure to send the entry fee in advance shall constitute a late entry. Entry fees are NON-refundable. Late entries may be accepted at the discretion of the organizing committee. Late fees of an equivalent of US \$50 per athlete will apply.

25.0 OPENING CEREMONY

25.1 Prior to the commencement of competition, it is recommended that there be an Official Opening Ceremony including:

- i) a march-in of athletes (dressed in competitive attire OR official team tracksuits)
- ii) an official welcome, either by dignitary or the Competition Director
- iii) oaths (coach, athlete, judge)
- iv) presentation of the National Anthem

26.0 HOSPITALITY

26.1 An adequate concession facility must be provided to service accredited participants and spectators

26.2 A hospitality room must be provided for the benefit of dignitaries, coaches, judges and volunteers.

27.0 CLOSING BANQUET

27.1 The host organizer shall present a closing banquet for all registered delegates. At the discretion of the Organizing Committee, volunteers and parents may have the option to purchase tickets. The closing banquet shall be held after the completion of all rounds of competition.

28.0 SPECIAL CASES

28.1 In all items not covered by these regulations, the FIG Technical Regulations will apply.

28.2 All official communications, documents and directives must be in the English language. Translation services are at the discretion of the Organizing Committee.

29.0 COMPETITION REVIEW

29.1 An evaluation sheet will be developed and distributed by the Organizing Committee. Data will be compiled and circulated to all eligible Federations. Related issues may be addressed at the next Indo Pacific Congress.

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APPENDIX I

Updated 2016

1.0 COMPETITION REQUIREMENTS

1.1 **Preliminary routine** / pass requirements are as follows (as per FIG requirements):

11-12	TR FIG 11-12 Req. 2 nd Vol.	DMT 2 passes	TU 2 free passes
13-14	FIG 13-14 Req. 2 nd Vol.	2 passes	2 free passes
15-16	FIG 15-16 Req. 2 nd Vol.	2 passes	2 free passes
17+	FIG 17-18 Req. 2 nd Vol.	2 passes	2 free passes
SENIOR	FIG SR Req. 2 nd Vol.	2 passes	Salto pass Twisting pass

DMT – 17+ /Open minimum requirement/expectation that athletes are of open standard recommended minimum double/double. No repetition of elements

Tumbling minimum requirements

11-12 yrs, 13-14 yrs, 15-16 yrs, 17+ years:

Two free passes without any repetition of elements as per FIG rules

1.2 **Final routine** / pass requirements are as follows:

	TR	DMT	TU
11-12	Vol. Routine	2 passes	1 free pass
13-14	Vol. Routine	2 passes	1 free pass
15-16	Vol. Routine	2 passes	1 free pass
17+	Vol. Routine	2 passes	1 free pass
SENIOR	Vol. Routine	2 passes	2 free passes

1.3 **Team Event**

Team event - nomination of a minimum of 3 and a maximum of 4 athletes

Team must include 1 x Senior, and 1 15 to 16 or 17+. Remaining athletes (up to 2) can be from 15 to 16, 17+ or Senior.

Team scores are calculated by adding the top 3 scores from first routine/pass and top 3 scores from second routine/pass.

A minimum of 3 Federations in an event will constitute a team competition.