# Indo Pacific Championships Napier, New Zealand 18th -26th October 2016

# APPENDICES

# APPENDICES IN THIS DOCUMENT

Site Plan

Floor Plan

Trampoline Card

Tumbling Card

Synchro Card

Training Timetable

Competition Card

Start Lists

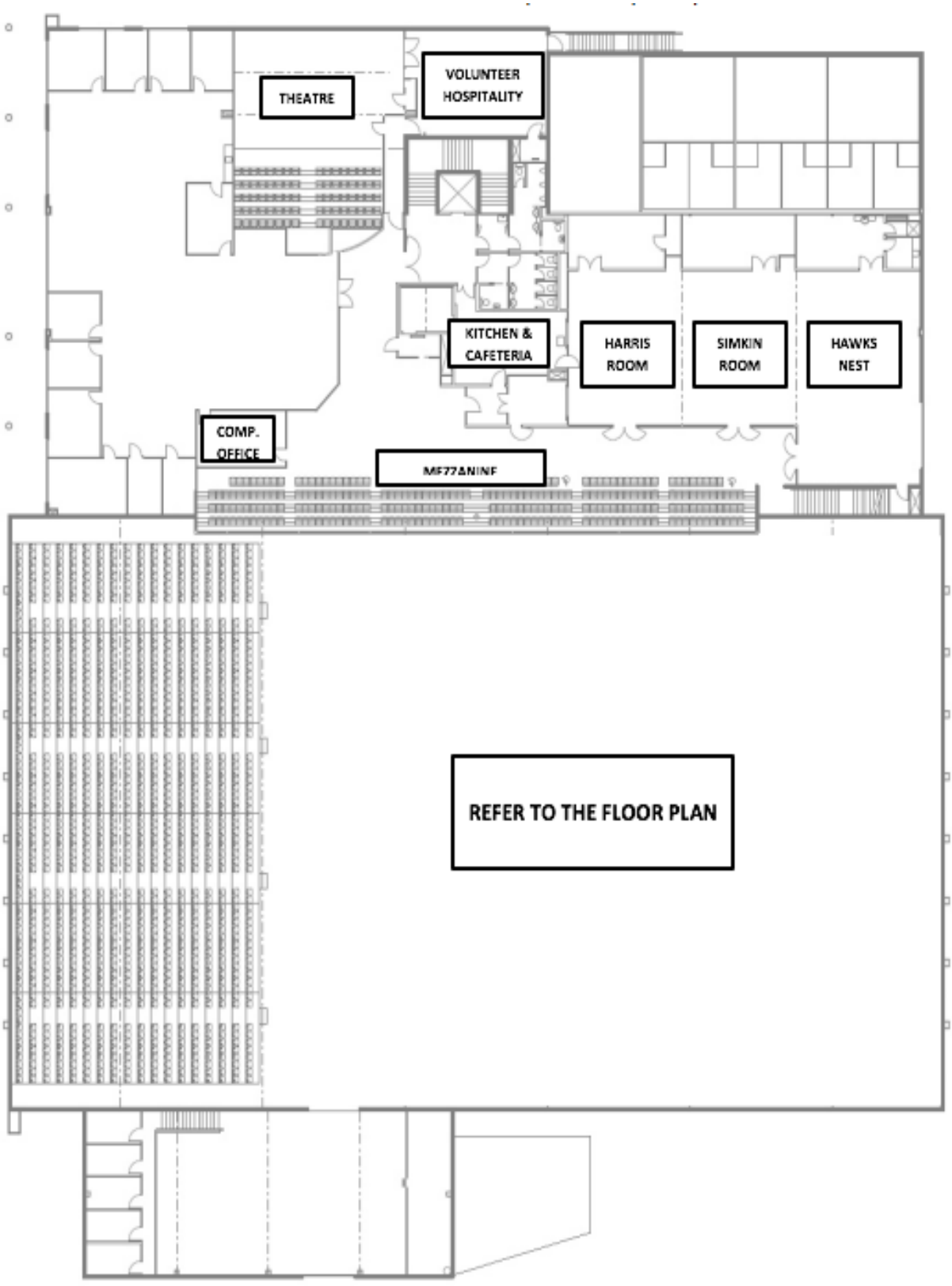
Withdrawals Form

Behavior Policy

Blood & Body Fluid Policy

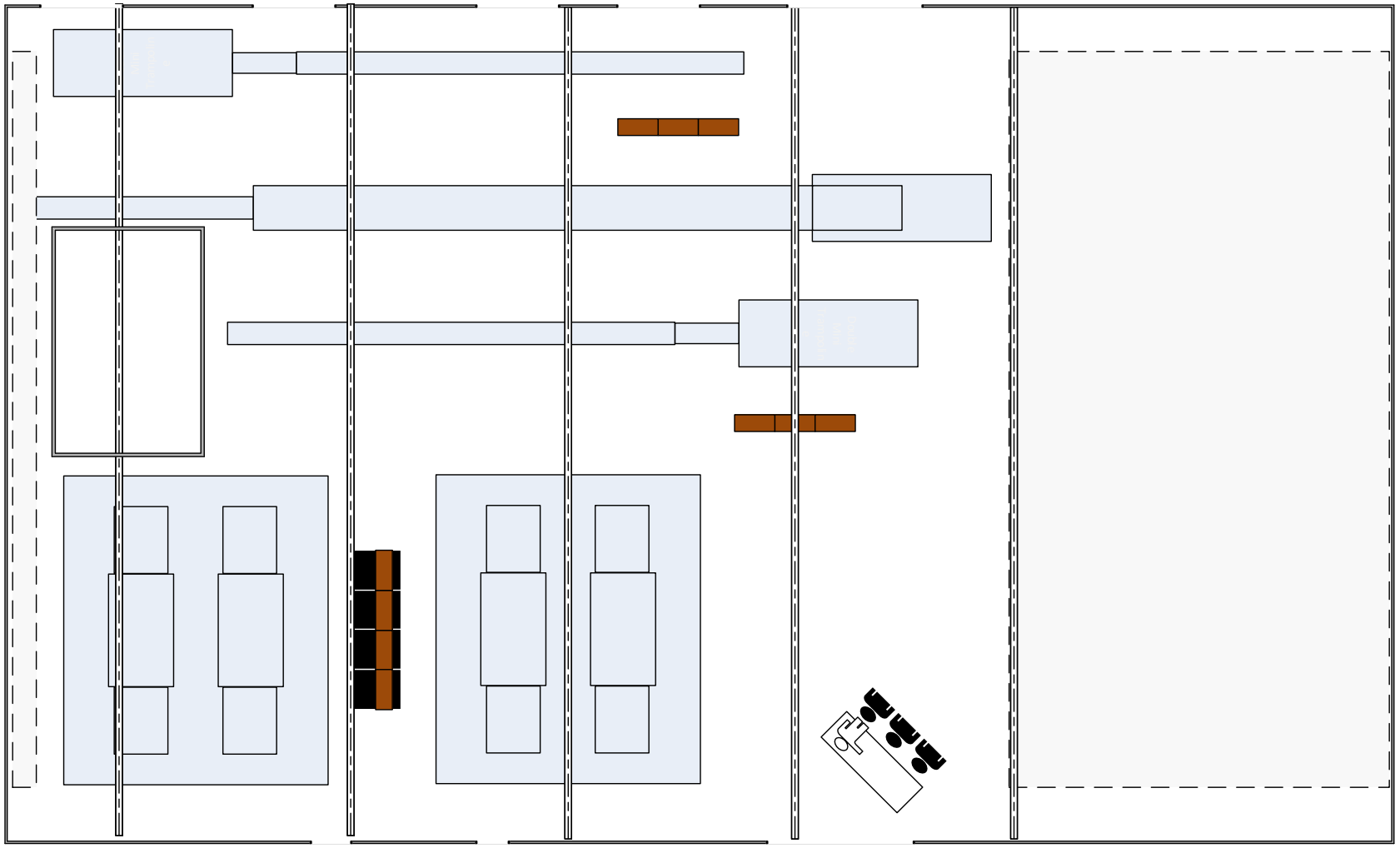
Health & Wellbeing Policy

# Indo Pacific Championships Site Plan – First Floor



# Indo Pacific Championships Site Plan – Ground Floor

# Indo Pacific Championships Floor Plan



Trampoline

indo Pacific Championships
TRAMPOLINE AND TUMBLING

# TRAMPOLINE CARD

| | Compulsory | | | | Voluntary | | | | Final | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Skill | Pos | * | Check | Skill | Pos | DD | Check | Skill | Pos | DD | Check |
| 1 | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | |
| 8 | | | | | | | | | | | | |
| 9 | | | | | | | | | | | | |
| 10 | | | | | | | | | | | | |
| | | | | | Total Difficulty | | | | Total Difficulty | | | |

| | | |
|---|---|---|
| Full Name | | |
| Country | | |
| Event | | Female/Male |

Trampoline

indo Pacific Championships
TRAMPOLINE AND TUMBLING

# TUMBLING CARD

| Compulsory | | | | | Voluntary | | | | Final | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Skill | Pos | * | Check | Skill | Pos | DD | Check | Skill | Pos | DD | Check |
| 1 | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | |
| 8 | | | | | | | | | | | | |
| | | | | | Total Difficulty | | | | Total Difficulty | | | |

| | | |
|---|---|---|
| Full Name | | |
| Country | | |
| Event | | Female/Male |

Trampoline

indo Pacific Championships
TRAMPOLINE AND TUMBLING

# SYNCHRONISED TRAMPOLINE CARD

| Compulsory | | | | | Voluntary | | | | Final | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Skill | Pos | * | Check | Skill | Pos | DD | Check | Skill | Pos | DD | Check |
| 1 | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | |
| 8 | | | | | | | | | | | | |
| 9 | | | | | | | | | | | | |
| 10 | | | | | | | | | | | | |
| | | | | | Total Difficulty | | | | Total Difficulty | | | |

| | | |
|---|---|---|
| Full Name | | |
| Country | | |
| Event | | Female/Male |

# TRAINING SCHEDULE

| | WEDNESDAY 19TH OCTOBER | | THURSDAY 20TH OCTOBER | |
|---|---|---|---|---|
| Time | **Training Hall & Podium Training** | **Stretching** | **Training Hall & Podium Training** | **Stretching** | **Training Hall & Podium Training** |
| 8.00 - 8.30 | | New Zealand U15 | | Australia | |
| 8.30 - 9.00 | | | New Zealand U15 | | Australia |
| 9.00 - 9.30 | | | New Zealand U15 | | Australia |
| 9.30 - 10.00 | | | New Zealand U15 | South Africa & Japan | Australia |
| 10.00 - 10.30 | | New Zealand 15+ | New Zealand U15 | | South Africa & Japan |
| 10.30 - 11.00 | | | New Zealand 15+ | | South Africa & Japan |
| 11.00 - 11.30 | | | New Zealand 15+ | New Zealand U15 | South Africa & Japan |
| 11.30 - 12.00 | | | New Zealand 15+ | | New Zealand U15 |
| 12.00 - 12.30 | | Canada | New Zealand 15+ | | New Zealand U15 |
| 12.30 - 13.00 | | | Canada | New Zealand 15+ | New Zealand U15 |
| 13.00 - 13.30 | Open Training | | Canada | | New Zealand 15+ |
| 13.30 - 14.00 | Open Training | | Canada | | New Zealand 15+ |
| 14.00 - 14.30 | Open Training | Australia | Canada | Canada | New Zealand 15+ |
| 14.30 - 15.00 | Open Training | | Australia | | Canada |
| 15.00 - 15.30 | Open Training | | Australia | | Canada |
| 15.30 - 16.00 | Open Training | | Australia | Seniors | Canada |
| 16.00 - 16.30 | | South Africa & Japan | Australia | | Seniors |
| 16.30 - 17.00 | | | South Africa & Japan | | Seniors |
| 17.00 - 17.30 | | | South Africa & Japan | | Seniors |
| 17.30 - 18.00 | | | South Africa & Japan | | |
| 18.00 - 18.30 | | Seniors | South Africa & Japan | | |
| 18.30 - 19.00 | Open Training | | Seniors | | |
| 19.00 - 19.30 | Open Training | | Seniors | | |
| 19.30 - 20.00 | Open Training | | Seniors | | |

# COMPETITION SCHEDULE - FRIDAY 21ST OCTOBER

| Time | Trampoline | Synchro | Double Mini | Tumbling | Competition Hall | Warm Up Hall |
|---|---|---|---|---|---|---|
| 7.15 - 7.30 | | | | | General Warm Up | |
| 7.30 - 7.45 | | | | | | |
| 7.45 - 8.00 | | | | | | |
| 8.00 - 8.15 | | | | | | |
| 8.15 - 8.30 | | | | | | |
| 8.30 - 8.45 | | | | | | |
| 8.45 - 9.00 | | | | | | |
| 9.00 - 9.15 | | | | | | |
| 9.15 - 9.30 | | | | | | |
| 9.30 - 10.00 | | | | | | Warm Up for athletes competing in Session 1 |
| 10.00 - 10.05 | | SYN 11-12 M | 5 | | | |
| 10.05 - 10.10 | | SYN 11-12 M | 5 | | | |
| 10.10 - 10.15 | | | | | | |
| 10.15 - 10.20 | | SYN 11-12 F | 6 | | | |
| 10.20 - 10.30 | | SYN 11-12 F | 6 | | | |
| 10.25 - 10.30 | | | | | | |
| 10.30 - 10.35 | | | | | | |
| 10.35 - 10.40 | | SYN 13-14 M | 9 | | | |
| 10.40 - 10.45 | | | | | | |
| 10.45 - 10.50 | | SYN 13-14 M | 9 | | | |
| 10.50 - 10.55 | | | | | | |
| 10.55 - 11.00 | | | | | | |
| 11.00 - 11.05 | | | | | | |
| 11.05 - 11.10 | | SYN 13-14 F | 8 | | | |

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|---|---|---|---|---|---|---|
| 11.10 | - | 11.15 | | | | |
| 11.15 | - | 11.20 | SYN 13-14 F | 8 | | |
| 11.20 | - | 11.25 | | | | |
| 11.25 | - | 11.30 | | | | |
| 11.30 | - | 11.35 | | | | |
| 11.35 | - | 11.40 | SYN 11-12 M Finals | 5 | | |
| 11.40 | - | 11.45 | SYN 11-12 M Finals | 5 | | |
| 11.45 | - | 11.50 | | | | |
| 11.50 | - | 11.55 | SYN 11-12 F Finals | 6 | | |
| 11.55 | - | 12.00 | SYN 11-12 F Finals | 6 | | |
| 12.00 | - | 12.05 | | | | |
| 12.05 | - | 12.10 | | | | |
| 12.10 | - | 12.15 | SYN 13-14 M Finals | 8 | | |
| 12.15 | - | 12.20 | SYN 13-14 M Finals | 8 | | |
| 12.20 | - | 12.25 | | | | |
| 12.25 | - | 12.30 | SYN 13-14 F Finals | 8 | | |
| 12.30 | - | 12.35 | SYN 13-14 F Finals | 8 | | |
| 12.35 | - | 12.40 | | | | |
| 12.40 | - | 12.45 | | | | |
| 12.45 | - | 13.15 | Prizegiving for Session 1 | | Warm Up Session 2 once PG Complete | Warm Up Session 2 |
| 13.15 | - | 13.45 | | | | |
| 13.45 | - | 13.50 | TRA 15-16 M Flight 1 | 9 | | |
| 13.50 | - | 13.55 | | | | |
| 13.55 | - | 14.00 | TRA 15-16 M Flight 1 | 9 | | Warm Up for athletes competing in Session 2 |
| 14.00 | - | 14.05 | | | | |
| 14.05 | - | 14.10 | | | | |
| 14.10 | - | 14.15 | | | | |
| 14.15 | - | 14.20 | TRA 15-16 M Flight 2 | 9 | | |
| 14.20 | - | 14.25 | | | | |
| 14.25 | - | 14.30 | TRA 15-16 M Flight 2 | 9 | | |

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|---|---|---|---|---|---|---|
| 14.30 | - | 14.35 | | | | |
| 14.35 | - | 14.40 | | | | |
| 14.40 | - | 14.45 | | | | |
| 14.45 | - | 14.50 | TRA 15-16 F Flight 1 | 9 | | |
| 14.50 | - | 14.55 | | | | |
| 14.55 | - | 15.00 | TRA 15-16 f Flight 1 | 9 | | |
| 15.00 | - | 15.05 | | | | |
| 15.05 | - | 15.10 | | | | |
| 15.10 | - | 15.15 | | | | |
| 15.15 | - | 15.20 | TRA 15-16 F Flight 2 | 9 | | |
| 15.20 | - | 15.25 | | | | |
| 15.25 | - | 15.30 | TRA 15-16 F Flight 2 | 9 | | |
| 15.30 | - | 15.35 | | | | |
| 15.35 | - | 15.40 | | | | |
| 15.40 | - | 15.45 | | | | |
| 15.45 | - | 15.50 | TRA 15-16 M Final | 8 | | |
| 15.50 | - | 15.55 | TRA 15-16 M Final | 8 | | |
| 15.55 | - | 16.00 | | | | |
| 16.00 | - | 16.05 | TRA 15-16 F Final | 8 | | |
| 16.05 | - | 16.10 | TRA 15-16 F Final | 8 | | |
| 16.10 | - | 16.15 | | | | |
| 16.15 | - | 16.45 | Prizegiving for Session 2 | | Warm Up Session 3 once PG Complete | Warm Up Session 3 |
| 16.45 | - | 17.15 | | | | |
| 17.15 | - | 17.20 | SYN 17+ M & W | 8 | | |
| 17.20 | - | 17.25 | | | | |
| 17.25 | - | 17.30 | SYN 17+ M & W | 8 | | Warm Up for athletes competing in Session 3 |
| 17.30 | - | 17.35 | | | | |
| 17.35 | - | 17.40 | | | | |
| 17.40 | - | 17.45 | | | | |
| 17.45 | - | 17.50 | SYN Senior M & W | 6 | | |

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|---|---|---|---|---|---|
| 17.50 | - 17.55 | | | | |
| 17.55 | - 18.00 | SYN Senior M & W | 6 | | |
| 18.00 | - 18.05 | | | | |
| 18.05 | - 18.10 | | | | |
| 18.10 | - 18.15 | SYN 17+ M & W Final | 8 | | |
| 18.15 | - 18.20 | SYN 17+ M & W Final | 8 | | |
| 18.20 | - 18.25 | | | | |
| 18.25 | - 18.30 | SYN Senior M & W Final | 6 | | |
| 18.30 | - 18.35 | SYN Senior M & W Final | 6 | | |
| 18.35 | - 18.40 | | | | |
| 18.40 | - 18.45 | | | | |
| 18.45 | - 18.50 | | | | |
| 18.50 | - 18.55 | | | | |
| 18.55 | - 19.00 | | | | |
| 19.00 | - 19.30 | Prizegiving for Session 3 | | Training for Day 2 once PG Complete | Training for Day 2 |
| 19.30 | - 20.00 | | | | |
| 20.00 | 20.30 | | | | |
| 20.30 | 21.00 | | | | |

# COMPETITION SCHEDULE - SATURDAY 22ND OCTOBER

| Time | Trampoline | Synchro | Double Mini | Tumbling | Competition Hall | Warm Up Hall |
|---|---|---|---|---|---|---|
| 7.30 - 8.00 | | | | | General Warm Up | |
| 8.00 - 8.30 | | | | | | |
| 8.30 - 9.00 | | | | | | |
| 9.00 - 9.30 | | | | | | |
| 9.45 - 9.50 | TRA 11-12 M | 10 | | | | Warm Up for athletes competing in Session 1 |
| 9.50 - 9.55 | | | | | | |
| 9.55 - 10.00 | TRA 11-12 M | 10 | | | | |
| 10.00 - 10.05 | | | | | | |
| 10.05 - 10.10 | | | | | | |
| 10.10 - 10.15 | | | | | | |
| 10.15 - 10.20 | TRA 11-12 W | 13 | | | | |
| 10.20 - 10.30 | | | | | | |
| 10.25 - 10.30 | | | | | | |
| 10.30 - 10.35 | TRA 11-12 W | 13 | | | | |
| 10.35 - 10.40 | | | | | | |
| 10.40 - 10.45 | | | | | | |
| 10.45 - 10.50 | | | | | | |
| 10.50 - 10.55 | | | | | | |
| 10.55 - 11.00 | | | | | | |
| 11.00 - 11.05 | TRA 11-12 M Final | 8 | | | | |
| 11.05 - 11.10 | TRA 11-12 M Final | 8 | | | | |
| 11.10 - 11.15 | | | | | | |
| 11.15 - 11.20 | | | | | | |
| 11.20 - 11.25 | TRA 11-12 F Final | 8 | | | | |
| 11.25 - 11.30 | TRA 11-12 F Final | 8 | | | | |
| 11.30 - 11.35 | | | | | | |

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|---|---|---|---|---|---|
| 11.35 | - 11.40 | | | | |
| 11.40 | - 11.45 | | | | |
| 11.45 | - 12.15 | Prizegiving for Session 1 | | Warm Up Session 2 once PG Complete | Warm Up Session 2 |
| 12.15 | - 12.45 | | | | |
| 12.45 | - 12.50 | DMT 17+ M | 9 | | |
| 12.50 | - 12.55 | | | | |
| 12.55 | - 13.00 | DMT 17+ M | 9 | | |
| 13.00 | - 13.05 | | | | |
| 13.05 | - 13.10 | | | | |
| 13.10 | - 13.15 | | | | |
| 13.15 | - 13.20 | DMT 17+ W | 11 | | |
| 13.20 | - 13.25 | | | | |
| 13.25 | - 13.30 | DMT 17+ W | 11 | | |
| 13.30 | - 13.35 | | | | |
| 13.35 | - 13.40 | | | | |
| 13.40 | - 13.45 | | | | |
| 13.45 | - 13.50 | DMT Senior W | 6 | | |
| 13.50 | - 13.55 | | | | |
| 13.55 | - 14.00 | DMT Senior W | 6 | | |
| 14.00 | - 14.05 | | | | |
| 14.05 | - 14.10 | | | | |
| 14.10 | - 14.15 | | | | |
| 14.15 | - 14.20 | DMT Senior M | 5 | | |
| 14.20 | - 14.25 | | | | |
| 14.25 | - 14.30 | DMT Senior M | 5 | | |
| 14.30 | - 14.35 | | | | |
| 14.35 | - 14.40 | | | | |
| 14.40 | - 14.45 | | | | |
| 14.45 | - 14.50 | DMT 17+ M Final | 8 | | |
| 14.50 | - 14.55 | DMT 17+ M Final | 8 | | |

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|---|---|---|---|---|
| 14.55 | - | 15.00 | | |
| 15.00 | - | 15.05 | | |
| 15.05 | - | 15.10 | DMT 17+ W Final | 8 |
| 15.10 | - | 15.15 | DMT 17+ W Final | 8 |
| 15.15 | - | 15.20 | | |
| 15.20 | - | 15.25 | | |
| 15.25 | - | 15.30 | DMT Senior W Finals | 6 |
| 15.30 | - | 15.35 | | |
| 15.35 | - | 15.40 | DMT Senior W Finals | 6 |
| 15.40 | - | 15.45 | | |
| 15.45 | - | 15.50 | DMT Senior M Finals | 5 |
| 15.50 | - | 15.55 | | |
| 15.55 | - | 16.00 | DMT Senior M Finals | 5 |
| 16.00 | - | 16.05 | | |
| 16.05 | - | 16.10 | | |
| 16.10 | - | 16.15 | | |
| 16.15 | - | 16.20 | TUM 13-14 M & W | 10 |
| 16.20 | - | 16.25 | | |
| 16.25 | - | 16.30 | TUM 13-14 M & W | 10 |
| 16.30 | - | 16.35 | | |
| 16.35 | - | 16.40 | | |
| 16.40 | - | 16.45 | | |
| 16.45 | - | 16.50 | | |
| 16.50 | - | 16.55 | TUM 13-14 M & W Finals | 10 |
| 16.55 | - | 17.00 | TUM 13-14 M & W Finals | 10 |
| 17.00 | - | 17.05 | | |
| 17.05 | - | 17.10 | | |
| 17.10 | - | 17.15 | | |
| 17.15 | - | 17.20 | | |

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| 17.20 | - | 17.25 | | | |
| 17.25 | - | 17.30 | | | |
| 17.30 | - | 18.00 | Prizegiving for Session 2 | Training for Day 3 once PG Complete | Training for Day 3 |
| 18.00 | - | 18.30 | | | |
| 18.30 | - | 19.00 | | | |
| 19.00 | - | 19.30 | | | |

# COMPETITION SCHEDULE - SUNDAY 23RD OCTOBER

| Time | Trampoline | Synchro | Double Mini | Tumbling | Competition Hall | Warm Up Hall |
|---|---|---|---|---|---|---|
| 9.00 - 11.00 | Cultural Experience | | | | | |
| 11.30 - 12.00 | | | | | General Warm Up | |
| 12.00 - 12.30 | | | | | | |
| 12.30 - 13.00 | | | | | | |
| 13.00 - 13.30 | | | | | | |
| 13.30 - 13.35 | | | DMT 11-12 M | 5 | | |
| 13.35 - 13.40 | | | DMT 11-12 M | 5 | | Warm Up for athletes competing in Session 2 |
| 13.40 - 13.45 | | | | | | |
| 13.45 - 13.50 | | | DMT 11-12 W | 4 | | |
| 13.50 - 13.55 | | | DMT 11-12 W | 4 | | |
| 13.55 - 14.00 | | | | | | |
| 14.00 - 14.05 | | | DMT 13-14 M Flight 1 | 9 | | |
| 14.05 - 14.10 | | | | | | |
| 14.10 - 14.15 | | | DMT 13-14 M Flight 1 | 9 | | |
| 14.15 - 14.20 | | | | | | |
| 14.20 - 14.25 | | | | | | |
| 14.25 - 14.30 | | | DMT 13-14 M Flight 2 | 8 | | |
| 14.30 - 14.35 | | | | | | |
| 14.35 - 14.40 | | | DMT 13-14 M Flight 2 | 8 | | |
| 14.40 - 14.45 | | | | | | |
| 14.45 - 14.50 | | | | | | |

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|---|---|---|---|---|---|---|
| 14.50 | - | 14.55 | DMT 13-14 W | 10 | | |
| 14.55 | - | 15.00 | | | | |
| 15.00 | - | 15.05 | DMT 13-14 W | 10 | | |
| 15.05 | - | 15.10 | | | | |
| 15.10 | - | 15.15 | | | | |
| 15.15 | - | 15.20 | DMT 11-12 M Final | 5 | | |
| 15.20 | - | 15.25 | | | | |
| 15.25 | - | 15.30 | DMT 11-12 M Final | 5 | | |
| 15.30 | - | 15.35 | | | | |
| 15.35 | - | 15.40 | DMT 11-12 F Final | 4 | | |
| 15.40 | - | 15.45 | | | | |
| 15.45 | - | 15.50 | DMT 11-12 F Final | 4 | | |
| 15.50 | - | 15.55 | | | | |
| 15.55 | - | 16.00 | DMT 13-14 M Final | 8 | | |
| 16.00 | - | 16.05 | | | | |
| 16.05 | - | 16.10 | DMT 13-14 M Final | 8 | | |
| 16.10 | - | 16.15 | | | | |
| 16.15 | - | 16.20 | DMT 13-14 F Final | 8 | | |
| 16.20 | - | 16.25 | | | | |
| 16.25 | - | 16.30 | DMT 13-14 F Final | 8 | | |
| 16.30 | - | 16.35 | | | | |
| 16.35 | - | 16.40 | | | | |
| 16.40 | - | 16.45 | | | | |
| 16.45 | - | 17.15 | Prizegiving for Session 2 | | Warm Up Session 3 once PG Complete | Warm Up Session 3 |
| 17.15 | - | 17.45 | | | | |
| 17.45 | - | 18.00 | | | | |
| 18.00 | - | 18.05 | TRA Senior W | 7 | | Warm Up for athletes competing in Session 3 |
| 18.05 | - | 18.10 | | | | |
| 18.10 | - | 18.15 | TRA Senior W | 7 | | |
| 18.15 | - | 18.20 | | | | |

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| 18.20 | 18.25 | | | |
| 18.25 | 18.30 | | | |
| 18.30 - | 18.35 | TRA Senior M | 8 | |
| 18.35 - | 18.40 | | | |
| 18.40 - | 18.45 | TRA Senior M | 8 | |
| 18.45 - | 18.50 | | | |
| 18.50 - | 18.55 | | | |
| 18.55 - | 19.00 | | | |
| | | TRA Senior W Finals | | |
| 19.00 - | 19.05 | | 7 | |
| 19.05 - | 19.10 | TRA Senior W Finals | 7 | |
| 19.10 - | 19.15 | | | |
| 19.15 - | 19.20 | | | |
| | | TRA Senior M Finals | | |
| 19.20 - | 19.25 | | 8 | |
| 19.25 - | 19.30 | TRA Senior M Finals | 8 | |
| 19.30 - | 19.35 | | | |
| 19.35 - | 19.40 | | | |
| 19.40 - | 19.45 | | | |
| 19.45 - | 19.50 | | | |
| 19.50 - | 19.55 | | | |
| 19.55 - | 20.00 | | | |
| 20.00 - | 20.05 | Prizegiving for Session 3 | | |
| 20.05 - | 20.10 | | | |

# COMPETITION SCHEDULE - MONDAY 24TH OCTOBER

| Time | Trampoline | Synchro | Double Mini | Tumbling | | Competition Hall | Warm Up Hall |
|---|---|---|---|---|---|---|---|
| 7.30 - 8.00 | | | | | | General Warm Up | |
| 8.00 - 8.30 | | | | | | | |
| 8.30 - 9.00 | | | | | | | |
| 9.00 - 9.30 | | | | | | | |
| 9.30 - 9.35 | | | | | | | |
| 9.35 - 9.40 | | | | | | | |
| 9.40 - 9.45 | | | | | | | |
| 9.45 - 9.50 | | | | TUM 11-12 M & W | 10 | | |
| 9.50 - 9.55 | | | | | | | |
| 9.55 - 10.00 | | | | TUM 11-12 M & W | 10 | | |
| 10.00 - 10.05 | | | | | | | |
| 10.05 - 10.10 | | | | | | | |
| 10.10 - 10.15 | | | | TUM 15-16 W, 17+ M & W | 10 | | |
| 10.15 - 10.20 | | | | | | | |
| 10.20 - 10.30 | | | | TUM 15-16 W, 17+ M & W | 10 | | |
| 10.25 - 10.30 | | | | | | | |
| 10.30 - 10.35 | | | | | | | |
| 10.35 - 10.40 | | | | | | | |
| 10.40 - 10.45 | | | | TUM 11-12 M & W Finals | 10 | | |
| 10.45 - 10.50 | | | | | | | |
| 10.50 - 10.55 | | | | TUM 11-12 M & W Finals | | | |
| 10.55 - 11.00 | | | | | | | |
| 11.00 - 11.05 | | | | TUM 15-16 W, 17+ M & W Finals | 10 | | |
| 11.05 - 11.10 | | | | | | | |
| 11.10 - 11.15 | | | | TUM 15-16 W, 17+ M & W Finals | 10 | | |
| 11.15 - 11.20 | | | | | | | |
| 11.20 - 11.25 | | | | | | | |

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|---|---|---|---|---|---|---|
| 11.25 | - | 11.30 | | | | |
| 11.30 | - | 12.00 | Prizegiving for Session 1 | | Warm Up Session 2 once PG Complete | Warm Up Session 2 |
| 12.00 | - | 12.30 | | | | |
| 12.30 | - | 12.35 | TRA 13-14 M Flight 1 | 11 | | |
| 12.35 | - | 12.40 | | | | |
| 12.40 | - | 12.45 | TRA 13-14 M Flight 1 | 11 | | |
| 12.45 | - | 12.50 | | | | |
| 12.50 | - | 12.55 | | | | |
| 12.55 | - | 13.00 | | | | |
| 13.00 | - | 13.05 | | | | |
| 13.05 | - | 13.10 | TRA 13-14 M Flight 2 | 12 | | |
| 13.10 | - | 13.15 | | | | |
| 13.15 | - | 13.20 | TRA 13-14 M Flight 2 | 12 | | |
| 13.20 | - | 13.25 | | | | |
| 13.25 | - | 13.30 | | | | |
| 13.30 | - | 13.35 | | | | |
| 13.35 | - | 13.40 | | | | |
| 13.40 | - | 13.45 | TRA 13-14 F Flight 1 | 10 | | |
| 13.45 | - | 13.50 | | | | |
| 13.50 | - | 13.55 | TRA 13-14 F Flight 1 | 10 | | |
| 13.55 | - | 14.00 | | | | |
| 14.00 | - | 14.05 | | | | |
| 14.05 | - | 14.10 | | | | |
| 14.10 | - | 14.15 | | | | |
| 14.15 | - | 14.20 | TRA 13-14 F Flight 2 | 9 | | |
| 14.20 | - | 14.25 | | | | |
| 14.25 | - | 14.30 | TRA 13-14 F Flight 2 | 9 | | |
| 14.30 | - | 14.35 | | | | |
| 14.35 | - | 14.40 | | | | |
| 14.40 | - | 14.45 | | | | |

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 14.45 | - | 14.50 | TRA 13-14 M Finals | 8 | | | |
| 14.50 | - | 14.55 | | | | | |
| 14.55 | - | 15.00 | TRA 13-14 M Finals | 8 | | | |
| 15.00 | - | 15.05 | | | | | |
| 15.05 | - | 15.10 | TRA 13-14 F Finals | 8 | | | |
| 15.10 | - | 15.15 | | | | | |
| 15.15 | - | 15.20 | TRA 13-14 M Finals | 8 | | | |
| 15.20 | - | 15.25 | | | | | |
| 15.25 | - | 15.30 | | | | | |
| 15.30 | - | 16.00 | Prizegiving for Session 2 | | | Warm Up Session 3 once PG Complete | Warm Up Session 3 |
| 16.00 | - | 16.30 | | | | | |
| 16.30 | - | 16.35 | | | DMT 15-16 M | 11 | |
| 16.35 | - | 16.40 | | | | | |
| 16.40 | - | 16.45 | | | DMT 15-16 M | 11 | |
| 16.45 | - | 16.50 | | | | | |
| 16.50 | - | 16.55 | | | | | |
| 16.55 | - | 17.00 | | | | | |
| 17.00 | - | 17.05 | | | DMT 15-16 F | 11 | |
| 17.05 | - | 17.10 | | | | | |
| 17.10 | - | 17.15 | | | DMT 15-16 F | 11 | |
| 17.15 | - | 17.20 | | | | | |
| 17.20 | - | 17.25 | | | | | |
| 17.25 | - | 17.30 | | | | | |
| 17.30 | - | 17.35 | | | DMT 15-16 M Finals | 8 | |
| 17.35 | - | 17.40 | | | | | |
| 17.40 | - | 17.45 | | | DMT 15-16 M Finals | 8 | |
| 17.45 | - | 17.50 | | | | | |
| 17.50 | - | 17.55 | | | DMT 15-16 F Finals | 8 | |
| 17.55 | - | 18.00 | | | | | |
| 18.00 | - | 18.05 | | | DMT 15-16 F | 8 | |

Warm Up for athletes competing in Session 3

| | | | | | |
|---|---|---|---|---|---|
| 18.05 | - | 18.10 | Finals | | |
| 18.10 | - | 18.15 | | | |
| 18.15 | - | 18.20 | | | |
| 18.20 | - | 18.25 | | | |
| 18.25 | - | 18.30 | | | |
| 18.30 | - | 19.00 | Prizegiving for Session 3 | Training for Day 4 once PG Complete | Training for Day 4 |
| 19.00 | - | 19.30 | | | |
| 19.30 | - | 20.00 | | | |

# COMPETITION SCHEDULE - TUESDAY 25TH OCTOBER

| Time | Trampoline | | Synchro | Double Mini | Tumbling | Competition Hall | Warm Up Hall |
|---|---|---|---|---|---|---|---|
| 7.30 - 8.00 | | | | | | General Warm Up | |
| 8.00 - 8.30 | | | | | | | |
| 8.30 - 9.00 | | | | | | | |
| 9.00 - 9.30 | | | | | | | |
| 9.30 - 10.00 | | | | | | | |
| 9.30 - 9.35 | | | | | | | |
| 9.35 9.40 | | | | | | | |
| 9.40 9.45 | | | | | | | |
| 9.45 9.50 | TRA 17+ M | 8 | | | | | Warm Up for athletes competing in Session 1 |
| 9.50 9.55 | | | | | | | |
| 9.55 10.00 | TRA 17+ M | 8 | | | | | |
| 10.00 - 10.05 | | | | | | | |
| 10.05 - 10.10 | | | | | | | |
| 10.10 - 10.15 | | | | | | | |
| 10.15 - 10.20 | TRA 17+ F | 15 | | | | | |
| 10.20 - 10.30 | | | | | | | |
| 10.25 - 10.30 | | | | | | | |
| 10.30 - 10.35 | TRA 17+ F | 15 | | | | | |
| 10.35 - 10.40 | | | | | | | |
| 10.40 - 10.45 | | | | | | | |
| 10.45 - 10.50 | | | | | | | |
| 10.50 - 10.55 | | | | | | | |
| 10.55 - 11.00 | | | | | | | |
| 11.00 - 11.05 | TRA 17+ M Final | 8 | | | | | |
| 11.05 - 11.10 | | | | | | | |
| 11.10 - 11.15 | TRA 17+ M Final | 8 | | | | | |

| | | | | | |
|---|---|---|---|---|---|
| 11.15 | - | 11.20 | | | |
| 11.20 | - | 11.25 | TRA 17+ F Final | 8 | |
| 11.25 | - | 11.30 | | | |
| 11.30 | - | 11.35 | TRA 17+ F Final | 8 | |
| 11.35 | - | 11.40 | | | |
| 11.40 | - | 11.45 | | | |
| 11.45 | - | 11.50 | SYN 15-16 M | 6 | |
| 11.50 | - | 11.55 | | | |
| 11.55 | - | 12.00 | SYN 15-16 M | 6 | |
| 12.00 | - | 12.05 | | | |
| 12.05 | - | 12.10 | | | |
| 12.10 | - | 12.15 | SYN 15-16 F | 8 | |
| 12.15 | - | 12.20 | | | |
| 12.20 | - | 12.25 | SYN 15-16 F | 8 | |
| 12.25 | - | 12.30 | | | |
| 12.30 | - | 12.35 | | | |
| 12.35 | - | 12.40 | | | |
| 12.40 | - | 12.45 | SYN 15-16 M Final | 6 | |
| 12.45 | - | 12.50 | | | |
| 12.50 | - | 12.55 | SYN 15-16 M Final | 6 | |
| 12.55 | - | 13.00 | | | |
| 13.00 | - | 13.05 | SYN 15-16 F Final | 8 | |
| 13.05 | - | 13.10 | | | |
| 13.10 | - | 13.15 | SYN 15-16 F Final | 8 | |
| 13.15 | - | 13.20 | | | |
| 13.20 | - | 13.25 | | | |
| 13.25 | - | 13.30 | | | |
| 13.30 | - | 13.45 | Prizegiving for Session 1 | | |
| 13.45 | - | 14.00 | | | |

# Indo Pacific Championships Start Lists

## Tumbling

**Men's 17+ Tumbling**
1 Theo Nankivell 351 New Zealand

**Women's 17+ Tumbling**
1 352 Bridie Ansell New Zealand
2 353 Melissa Romeril New Zealand
3 354 Tara Jordan New Zealand
4 765 Emily Schmidt Canada ( 28981 )
5 764 Alexandra Jubenville Canada ( 36088 )

**Men's 15-16 Tumbling**
1 1,255 Kento Matayoshi Japan ( 21671 )

**Women's 15-16 Tumbling**
1 762 Kendra Korbut Canada ( 36573 )
2 761 Alexandra Forest Canada ( 36096 )
3 1,259 Hinari Takahashi Japan ( 36839 )
4 763 Emma Payne Canada ( 36574 )

**Men's 13-14 Tumbling**
1 345 Aidan Gallagher New Zealand
2 346 Cuba Te Aho New Zealand

**Women's 13-14 Tumbling**
1 347 Bailey McCaughan New Zealand
2 1,258 Yumena Sugiura Japan ( 36838 )
3 349 Meda Jones New Zealand
4 348 Isabella Drew New Zealand
5 350 Molly Simpson New Zealand
6 1,257 Eri Kitaori Japan ( 23838 )

**Men's 11-12 Tumbling**
1 338 Matthieu Rigter New Zealand
2 480 Khanyile Mbolekwa South Africa ( 32871 )
3 1,253 Takuto Kitaori Japan ( 36836 )
4 337 Cole Stevens New Zealand

**Women's 11-12 Tumbling**

1 Ruby 343 James New Zealand
2 341 Maya James New Zealand
3 339 Emily Reeves New Zealand
4 344 Breanna Cherry New Zealand
5 340 Imke Koekemoer New Zealand
6 342 Molly Palmer New Zealand
7 1,256 Akari Minami Japan ( 36898 )

# Indo Pacific Championships Start Lists

## Synchronised

**Men's Open Synchronized**
1 Jared Cooper/Lachlan Smith New 384 Zealand ( 17892/31456 )
2 383 Dylan Schmidt/Sean Wilson New Zealand ( 13931/30334 )
3 541 Jarrod Spear/Ryan Hatfield Australia ( 6630/31476 )

**Women's Open Synchronized**
1 382 Bronwyn Dibb/Rachel Schmidt New Zealand ( 23760/13928 )
2 542 Lauren Sampson/Leanne Van Rensburg Australia ( 7086/12577 )

**Men's 17+ Synchronised**
1 544 Alex Cockayne/Raphael Vargas Australia ( 24555/30263 )
2 381 Sam Pallas/Ethan Bai New Zealand ( 36174/23759 )
3 545 Makonnen Brown/Joshua Hedley Williams Australia ( 24553/24558 )

**Women's 17+ Synchronised**
1 543 Paige Crane/Georgia Rayment Australia ( 36609/7082 )
2 378 Madaline Davidson/Megan Merrick New Zealand ( 24523/36637 )
3 546 Braida Thomas/Francesca Quadrio Australia ( 17524/36605 )
4 379 Madison McQuoid/Rhona Robertson New Zealand ( 36634/36633 )
5 380 Georgea Kelly/Natalie Donovan New Zealand

**Men's 15-16 Synchronised**
1 548 Benjamin Carroll/Lleyton Paggett Australia ( 36580/30727 )
2 376 Brendan Bekker/Brodie Miller New Zealand ( 36636/36618 )
3 549 Eddy Rand/Matthew French Australia ( 36604/30254 )
4 547 Ben Lehmann/Phoenix Wise Australia ( 34206/34732 )
5 1,211 Hiroto Unno/ Shunsuke Ueno Japan ( 31000/36861 )
6 375 Reegan Laidlaw/Jaxon Waters New Zealand ( 36681/36619 )

**Women's 15-16 Synchronised**
1 372 Charlotte Worley/Mia Kelly New Zealand ( 34681/36770 )
2 1,216 Ami Okada/ Yuki Okuno Japan ( 21660/33993 )
3 550 Amber Dickinson/Samantha Pace Australia ( 30707/30332 )
4 551 Carina Hagarty/Britney Glazebrook Australia ( 24559/24573 )
5 783 Jordyn Yendley/Emily Welsh Canada ( 29028/20025 )
6 374 Natasha Adam/Madeleine Houston New Zealand ( 36687/36685 )
7 373 Brittany Wang/Kirsty Shields New Zealand ( 30677/36703 )

**Men's 13-14 Syynchronised**
1 Blake Costley/James Dougal New 368 Zealand ( 24522/34680 )
2 554 Ned Whiting/Patrick Schluter Australia ( /36610 )
3 370 Nathan Monkton/Alexander Jarrold New Zealand ( 34679/36612 )
4 1,210 Taiga Okuyama/ Ayumu Kaneko Japan ( 36812/36814 )
5 553 Callum Evans/Taj Bailey Australia ( 36579/36578 )
6 552 Alex Bruno/Liam Christie Australia ( 30420/34738 )
7 1,209 Ryusei Nishioka/ Terumichi Buungo Japan ( 36811/23897 )
8 369 Kaiya Huta/Benjamin Sutherland New Zealand ( 30266/36613 )
9 371 Blake Boswell/Ethan Strickland New Zealand ( 36616/36643 )

**Women's 13-14 Synchronised**
1 364 Amelia Greet/Perrie Macdonald New Zealand ( 36615/36713 )
2 555 Amber French/Holly Kerslake Australia ( 36603/36606 )
3 367 Holly Fisher/Jorja Kellett-Reardon New Zealand ( 36702/36694 )
4 1,215 Kokone Harima/ Haruna Ono Japan ( 36830/36831 )
5 365 Halle Rankin-Hastie/ Maddy Niven New Zealand ( 36622/36623 )
6 366 Leah Scholefield/Abigail Mills New Zealand ( 36691/36689 )
7 1,214 Ena Sakurai/ Yuka Odawara Japan ( 36828/36829 )
8 556 Ella Mar Fan/Madeleine Ross Australia ( 36542/30253 )

**Men's 11-12 Synchronised**
1 363 Finn Vette/Liam Costley New Zealand ( 34678/36642 )
2 1,208 Takumi Fujimoto/Shunta Isek Japan ( 36809/26810 )
3 483 Tshepang Mamabolo/Khanyile Mbolekwa South Africa ( 3458/32871 )
4 362 Jakarta Klebert/Jordan Soli New Zealand ( 36614/36617 )
5 1,207 Kanato Tsuzuku/ Yorito Nakayama Japan ( 36840/36808 )

**Women's 11-12 Synchronised**
1 1,212 Chiyu IbukiI/ Yuzuki Komatsu Japan ( 36826/36827 )
2 358 Sienna French/Le Shan Ng New Zealand ( 36639/36682 )
3 1,213 Serina Masuzaki/ Saki Tanaka Japan ( 23893/33999 )
4 359 Emily Reeves/Maya James New Zealand ( 36621/36684 )
5 360 Teri Niven/Tyla Black New Zealand ( 36704/36644 )
6 361 Brianna Masterson/Kate Stables New Zealand ( 36727/36620 )

# Indo Pacific Championships Start Lists

## Double Mini Trampoline

**Men's Open DMT**
1 Sebolai (Offering) Tlaka South 481 Africa ( 7430 )
2 277 Lachlan Smith New Zealand ( 31456 )
3 513 Jarrod Spear Australia ( 6630 )
4 540 Ryan Hatfield Australia ( 31476 )
5 276 Jordan Twigge New Zealand ( 36617 )

**Women's Open DMT**
1 278 Bronwyn Dibb New Zealand ( 23760 )
2 486 Leanne Van Rensburg Australia ( 12577 )
3 488 Braida Thomas Australia ( 17524 )
4 487 Amy Lewis Australia ( 30264 )

**Men's 17+ DMT**
1 759 Mark Armstrong Canada ( 15519 )
2 744 Clayton McIntyre Canada ( 36574 )
3 471 Siphamandla Baku South Africa ( 24530 )
4 530 Makonnen Brown Australia ( 24553 )
5 511 Raphael Vargas Australia ( 30263 )
6 512 Jayden Robinson-Patch Australia ( 36607 )
7 743 Zachary Blakely Canada ( 23972 )
8 270 Scott Phillips New Zealand ( 36701 )

**Women's 17+ DMT**
1 271 Breanna Low New Zealand ( 36709 )
2 734 Hannah Brown Canada ( 28983 )
3 275 Melissa Romeril New Zealand ( 36756 )
4 484 Francesca Quadrio Australia ( 36605 )
5 485 Kayla Nel Australia ( 36608 )
6 737 Kalena Soehn Canada ( 21812 )
7 272 Brooke Burmester New Zealand ( 30205 )
8 751 Emily Schmidt Canada ( 28981 )
9 274 Jodie Allely New Zealand ( 36690 )
10 273 Georgea Kelly New Zealand ( 30335 )
11 750 Hailey Macaig Canada ( 29340 )

**Men's 15-16 DMT**
1 Owen Armstrong 755 Canada ( 29057 )
2 781 Lleyton Pagett Australia ( 30727 )
3 521 Matthew French Australia ( 30254 )
4 472 Liyema Nxobo South Africa ( 36589 )
5 476 Onke Mangele South Africa ( 30604 )
6 522 Jacob Hunt Australia
7 756 Kai Dwyer Canada ( 33752 )
8 523 Kai Torsvik Australia ( 34730 )
9 268 Brodie Miller New Zealand ( 36618 )
10 520 Eddy Rand Australia ( 36604 )
11 740 Adin Brenner Canada ( 33800 )

**Women's 15-16 DMT**
1 493 Georgia Rayment Australia ( 24573 )
2 492 Carina Hagarty Australia ( 24559 )
3 733 Emily Welsh Canada ( 29025 )
4 269 Brittany Wang New Zealand ( 30677 )
5 495 Britney Glazebrook Australia ( 34724 )
6 497 Jihara Thomas Australia ( 30261 )
7 731 Alexandra Forest Canada ( 36096 )
8 496 Cleo Thornett Australia ( 30255 )
9 494 Samantha Pace Australia ( 30332 )
10 732 Mackenzie Kyfiuk Canada ( 33731 )
11 1,254 Yukina Tsuboi Japan ( 21936 )

**Men's 13-14 DMT**
1 Gavin 753 Dodd Canada ( 28980 )
2 261 Kaiya Huta New Zealand ( 30266 )
3 516 Ned Whiting Australia
4 257 Blake Boswell New Zealand ( 36616 )
5 259 Ethan Strickland New Zealand ( 36643 )
6 256 Alexander Jarrold New Zealand ( 36612 )
7 475 Siyabulela Siwa South Africa ( 36590 )
8 518 Liam Jeans Australia ( 34729 )
9 469 Gerrit van Lill South Africa ( 29939 )
10 519 Taj Bailey Australia ( 36578 )
11 258 Blake Costley New Zealand ( 24522 )
12 514 Callum Evans Australia ( 36579 )
13 262 Nathan Monkton New Zealand ( 34679 )
14 517 Patrick Schluter Australia ( 36610 )
15 260 Harrison Smith New Zealand ( 36624 )
16 515 Liam Christie Australia ( 34738 )

**Women's 13-14 DMT**

1 490 Ella Mar Fan Australia ( 36542 )
2 263 Brooke Teear New Zealand ( 36757 )
3 266 Olympia Hodgson New Zealand ( 36638 )
4 729 Alexandra Boucher Canada ( 33751 )
5 264 Leah Scholefield New Zealand ( 36691 )
6 265 Luisa Birkenhake New Zealand ( 36686 )
7 267 Tamara Marcijasz New Zealand ( 36688 )
8 491 Holly Kerslake Australia ( 36606 )
9 489 Amber French Australia ( 36603 )
10 746 Jordyn Yendley Canada ( 29028 )

**Men's 11-12 DMT**

1 856 Khanyile Mbolekwa South Africa ( 32871 )
2 467 Tshepang Mamaboio South Africa ( 34584 )
3 1,250 Shouki Motohashi Japan ( 36832 )
4 1,251 Yuzuki Motohashi Japan ( 36833 )
5 253 Jordan Soli New Zealand ( 23763 )
6 252 Finn Vette New Zealand ( 34678 )

**Women's 11-12 DMT**

1 Emily Reeves New 254 Zealand ( 36621 )
2 255 Maya James New Zealand ( 36684 )
3 1,252 Ayumi Sato Japan ( 36834 )

# Indo Pacific Championships Start Lists

## Trampoline

**Men's Open Individual**
1 Lachlan Smith New 333 Zealand ( 31456 )
2 331 Dylan Schmidt New Zealand ( 13931 )
3 533 Jarrod Spear Australia ( 6630 )
4 334 Sean Wilson New Zealand ( 30334 )
5 539 Ryan Hatfield Australia ( 31476 )
6 482 Sebolai (Offering) Tlaka South Africa ( 7430 )
7 332 Jared Cooper New Zealand ( 17892 )

**Women's Open Individual**
1 508 Leanne Van Rensburg Australia ( 12577 )
2 507 Lauren Sampson Australia ( 7086 )
3 335 Bronwyn Dibb New Zealand ( 23760 )
4 336 Rachel Schmidt New Zealand ( 13928 )

**Men's 17+ Individual**
1 531 Raphael Vargas Australia ( 30263 )
2 760 Zachary Blakely Canada ( 23972 )
3 321 Samuel Pallas New Zealand ( 23759 )
4 529 Makonnen Brown Australia ( 24553 )
5 528 Alex Cockayne Australia ( 24555 )
6 532 Joshua Hedley-Williams Australia ( 24558 )
7 320 Ethan Bai New Zealand ( 36174 )
8 742 Mark Armstrong Canada ( 15519 )

**Women's 17+ Individual**
1 Georgea Kelly New 1,260 Zealand ( 30335 )
2 325 Madaline Davidson New Zealand ( 24523 )
3 498 Braida Thomas Australia ( 17524 )
4 736 Emily Schmidt Canada ( 28981 )
5 854 Braida Thomas Australia ( 17524 )
6 326 Madison McQuoid New Zealand ( 36634 )
7 327 Megan Merrick New Zealand ( 36637 )
8 506 Francesca Quadrio Australia ( 36605 )
9 779 Paige Crane Australia ( 36609 )
10 328 Natalie Donovan New Zealand
11 323 Jodie Allely New Zealand ( 36690 )
12 752 Kalena Soehn Canada ( 21812 )
13 330 Sarah Deverell New Zealand
14 324 Kate Nicholson New Zealand ( 30675 )
15 329 Rhona Robertson New Zealand ( 36633 )
16 735 Hailey Macaig Canada ( 29340 )

**Men 15-16 Individual**

**Flight 1**

1 741 Kai Dwyer Canada ( 33752 )
2 311 Brodie Miller New Zealand ( 36618 )
3 477 Onke Mangele South Africa ( 30604 )
4 535 Ben Lehmann Australia ( 34206 )
5 739 Owen Armstrong Canada ( 29057 )
6 537 Eddy Rand Australia ( 36604 )
7 312 Jaxon Waters New Zealand ( 36619 )
8 310 Brendan Bekker New Zealand ( 36636 )
9 1,041 Shunsuke Ueno Japan ( 36861 )

**Flight 2**

1 538 Matthew French Australia ( 30254 )
2 473 Liyema Nxobo South Africa ( 36589 )
3 757 David Johnston Canada ( 35873 )
4 313 Reegan Laidlaw New Zealand ( 36681 )
5 782 Phoenix Wise Australia ( 34732 )
6 758 Declan mclean Canada ( 31924 )
7 780 Lleyton Pagett Australia ( 30727 )
8 536 Benjamin Carroll Australia ( 36580 )
9 1,040 Hiroto Unno Japan ( 31000 )

**Women's 15-16 Individual**

**Flight 1**

1 Carina Hagarty Australia 502 ( 24559 )
2 749 Vanessa Yazhemsky Canada ( 36576 )
3 314 Brittany Wang New Zealand ( 30677 )
4 319 Natasha Adam New Zealand ( 36687 )
5 748 Emily Welsh Canada ( 29025 )
6 510 Amber Dickinson Australia ( 30707 )
7 504 Samantha Pace Australia ( 30332 )
8 1,050 Ami Okada Japan ( 21660 )
9 503 Georgia Rayment Australia ( 24573 )

**Flight 2**

1 317 Madeleine Houston New Zealand ( 36685 )
2 1,051 Yuki Okuno Japan ( 33993 )
3 747 Alexandra Potter Canada ( 30172 )
4 505 Britney Glazebrook Australia ( 34724 )
5 315 Charlotte Worley New Zealand ( 34681 )
6 316 Kirsty Shields New Zealand ( 36703 )
7 318 Mia Kelly New Zealand ( 36770 )
8 1,052 Natsumi Nomura Japan

**Men's 13-14 Individual**

**Flight 1**

1 Ryusei Nishioka 1,036 Japan ( 36811 )
2 295 Blake Costley New Zealand ( 24522 )
3 474 Siyabulela Siwa South Africa ( 36590 )
4 298 James Dougal New Zealand ( 34680 )
5 524 Callum Evans Australia ( 36579 )
6 293 Benjamin Sutherland New Zealand ( 36613 )
7 296 Ethan Strickland New Zealand ( 36643 )
8 534 Alex Bruno Australia ( 30420 )
9 738 Gavin Dodd Canada ( 28980 )
10 525 Liam Christie Australia ( 34738 )
11 1,039 Ayumu Kameko Japan ( 36814 )

**Flight 2**

1 299 Kaiya Huta New Zealand ( 30266 )
2 1,037 Terumichi Bungo Japan ( 23897 )
3 1,038 Taiga Okuyama Japan ( 38812 )
4 527 Patrick Schluter Australia ( 36610 )
5 300 Nathan Monkton New Zealand ( 34679 )
6 292 Alexander Jarrold New Zealand ( 36612 )
7 526 Ned Whiting Australia
8 294 Blake Boswell New Zealand ( 36616 )
9 754 Mitchel Pedersen Canada ( 36004 )
10 470 Gerrit van Lill South Africa ( 29939 )

**Women's 13 -14 Individual**

**Flight 1**

1 Kokone Harima 1,048 Japan ( 36830 )
2 306 Leah Scholefield New Zealand ( 36691 )
3 301 Abigail Mills New Zealand ( 36689 )
4 500 Ella Mar Fan Australia ( 36542 )
5 745 Alexandra Boucher Canada ( 33751 )
6 499 Amber French Australia ( 36603 )
7 307 Maddy Niven New Zealand ( 36623 )
8 1,047 Yuka Odawara Japan ( 36829 )
9 304 Holly Fisher New Zealand ( 36702 )
10 509 Madeleine Ross Australia ( 30253 )

**Flight 2**

1 302 Amelia Greet New Zealand ( 36615 )
2 303 Halle Rankin Hastie New Zealand ( 36622 )
3 730 Jordyn Yendley Canada ( 29028 )
4 308 Olympia Hodgson New Zealand ( 36638 )
5 305 Jorja Kellett-Reardon New Zealand ( 36694 )
6 501 Holly Kerslake Australia ( 36606 )
7 1,046 Ena Sakurai Japan ( 36828 )
8 309 Perrie Macdonald New Zealand ( 36713 )
9 1,049 Haruna Onno Japan ( 36831 )

**Men's 11-12 Individual**

1 1,035 Shunta Iseki Japan ( 36810 )
2 289 Jakarta Klebert New Zealand ( 36614 )
3 468 Tshepang Mamaboio South Africa ( 34584 )
4 1,034 Takumi Fujimoto Japan ( 36809 )
5 1,033 Yorito Nakayama Japan ( 36808 )
6 291 Liam Costley New Zealand ( 36642 )
7 288 Finn Vette New Zealand ( 34678 )
8 478 Khanyile Mbolekwa South Africa ( 32871 )
9 290 Jordan Soli New Zealand ( 36617 )
10 1,032 Kanato Tsuzuku Japan ( 36840 )

**Women's 11-12 Individual**

1 Serina Masuzaki 1,044 Japan ( 23893 )
2 287 Tyla Black New Zealand ( 36644 )
3 1,043 Yuzuki Komatsu Japan ( 36827 )
4 285 Sienna French New Zealand ( 36639 )
5 283 Le Shan Ng New Zealand ( 36682 )
6 1,042 Chiyu Ibuki Japan ( 36826 )
7 280 Brianna Masterson New Zealand ( 36727 )
8 281 Emily Reeves New Zealand ( 36621 )
9 284 Maya James New Zealand ( 36684 )
10 286 Teri Niven New Zealand ( 36704 )
11 282 Kate Stables New Zealand ( 36620 )
12 279 Ashleigh Solomann New Zealand ( 36635 )
13 1,045 Saki Tanaka Japan ( 33999 )

# Application for Withdrawal
# 2016 Indo Pacific Championships

## 1. Applicant Details

| | |
|---|---|
| ATHLETE'S NAME | |
| COUNTRY | |
| COACH/MANAGER | |

## 2. Application

| | |
|---|---|
| ITEM 1 | What is being applied for and the reason for the application? |
| | |
| ITEM 2 | Relevant medical information and certification (please attached medical certificate) |
| | |
| ITEM 4 | Any other information |
| | |

## 3. Decision

| | |
|---|---|
| ITEM 1 | Decision and Reason – *GymSports NZ use only* |
| | |

## Behaviour Policy

The following policy has been developed at the request of competition organizers. It has been adopted for implementation at all gymnastic competitions throughout New Zealand.

**Behaviour Penalties**

Behaviour penalties will be applied at all Ribbon Meets/Competitions (Regional or Club), Regional and/or Qualification Meets/Competitions, National and/or Provincial Championships.

- For senior competitions/championships, if the appropriate penalty to be applied is not specified in the respective Code of Points, this policy shall apply.
- For junior competitions/championships, if the appropriate penalty to be applied is not specified in the respective Technical Manual, this policy shall apply.

**Definition** – the competition floor shall also apply to the stretch/warm up area with regards to the Unauthorised Persons penalty.

Gymnasts must remain on the competition floor for the duration of the competition. If a gymnast wishes to leave the competition floor they must, through their coach, seek approval to be excused from the Competition Chief (Control) Judge or the Apparatus Chair Judge.

- Penalty for unapproved absence from the competition floor – for a first breach a warning will be issued and a 0.20 penalty taken from the gymnast's/athlete's Individual All Around score. For subsequent breaches, the penalty will be DISQUALIFICATION from the competition.
- Penalty for late appearance after the green light/flag- the respective Code of Points penalties shall apply.

Gymnasts/Athletes, Coaches, Region/Club Officials or unauthorised persons may not talk to "active" judges during competition.

- Penalty for gymnast/athlete talking to "active" judges during competition – O.20 penalty taken from the gymnasts/athletes Individual All Around score.
- Penalty for coaches, region/club official or unauthorised persons talking to "active" judges during competition – for a first breach a warning will be issued and a 0.20 penalty taken from the gymnasts/athletes Individual All Around score or the Team score whichever is applicable. For subsequent breaches the person shall be excluded/removed from the remainder of the competition.

The coach or the team manager may query a start value during the competition. These queries must be directed through the Competition Chief (Control) Judge who will be available at the Competition Jury table or on the competition floor overseeing the work of the judges. If circumstances determine that the Competition Chief (Control) Judge is required to be a member of an apparatus panel, he/she may only be approached with queries in the inactive periods, that is, between rotations.

Unauthorised persons are not permitted on the competition floor. With the exception of the accredited persons, no Regional/Club Officials, Coaches, photographers, video operators, parents/guardians/caregivers are allowed on the competition floor.

Penalty for unauthorised persons on the competition floor - for a first breach the person shall be requested to leave the competition floor, a warning will be issued and a 0.20 penalty taken from the gymnasts/athletes Individual All Around score or the Team score whichever is applicable. For subsequent breaches the gymnast or team (whichever is applicable) shall be DISQUALIFIED.

In all instances, infractions will be reported to the Competition Chief (Control) Judge who will action and authorise the penalties and warnings.

## Blood and Body Fluid Policy

The following policy rules are to be applied at all gymnastics events, competitions, contests, activities and training sessions.

**Blood and Body Fluid Policy**

A gymnast or person who is bleeding or has blood on their clothing must immediately leave the area of activity (field of play) and seek attention.

The bleeding must be stopped, the wound dressed and blood on the gymnast's / person' s body or clothing cleaned off before they return to the activity.

The activity in the potentially infectious area must cease until all blood on the ground/floor or equipment is cleaned up.

These rules also apply to body fluids.

**Support Information**

ASSUME ALL BLOOD AND BODY FLUIDS ARE POTENTIALLY INFECTIOUS

Wash your hands before and after treatment for cuts and abrasions.

- Cover all cuts on your hands with waterproof dressings before treating.
- Avoid skin contact with blood and body fluids.
- Use disposable gloves if skin contact with blood or body fluid is likely. Use paper towels to clean up blood or body fluids.
- Soiled surfaces must be disinfected with household bleach. Use one part bleach to ten parts water. Ideally bleach should be in contact with the surface for half an hour.
- Place contaminated material, including gloves and paper towels in a plastic bag for safe disposal.

Public Health Commission, New Zealand 1994. Code 4264

Further information on Blood and Body Fluids for sport is available on www.ausport.gov.au Active Australia - Blood.htm

## Health and Wellbeing Policy

### Head & Neck Injuries

This policy applies to any gymnast/athlete, who falls on or from the apparatus, landing mats or floor, and lands on their head or neck, either in training, competition or any gymnastic related activity.

### Head Injuries

Visible Signs of Concussion

The symptoms of concussion are dizziness, loss of memory, confusion, slurred speech, pupil size difference or loss of consciousness.

Any gymnast/athlete who shows signs of concussion is automatically stood down from all gymnastic activity for a period of three weeks or until clearance to continue is received from a Medical Doctor. The head injury sustained should be reviewed by a Medical Doctor in the shortest appropriate time scale.

No Visible Signs of Concussion

If there is suspected concussion, but there are no visible signs of concussion, despite a head injury, the gymnast/athlete must be stood down from all gymnastic activity until clearance to continue is received from a Medical Doctor.

### Neck Injuries

The policy is dependent on the severity of the injury and as to whether there is any neurological symptom associated with this in the form of weakness, numbness or other similar sign.

Each significant neck injury should be screened by a Medical Doctor following the injury and appropriate X-rays taken to exclude a fracture. The gymnast/athlete must be stood down from all gymnastic activity until clearance to continue is received from a Medical Doctor.

### Neck and Head Injuries - Medical Clearance

On receipt of the medical clearance document, the Championship Director, in consultation with the Control Judge (in the situation of a competition or event) or the Club Official/Coach supervising the gymnastic activity (in the situation of training) is the official authorised to approve the medical clearance and authorise the resumption of continued gymnastics activity.