

2016 NEW ZEALAND GYMSPORTS CHAMPIONSHIPS TIMETABLE TRAMPOLINE

Wednesday 28 September	Training	Training	Managers Meeting 3.15 - 4.00pm	Opening Ceremony 5.00 - 5.45pm	Training 6.30pm - 9.00pm
Thursday 29 September	Session 3 & 4 Warm Up 7:30 - 8:45am		Session 5 & 6 Warmup 12:00 -1:45pm		TRA Forum 7.30 - 8.30pm
	Tumbling ALL Age-Group Prelims and Finals Compete 9.00 - 11.30am	Tumbling ALL International Prelims and Finals Compete 11.30am - 1.30pm	TRA 13-14 M & W Prelims and Finals Compete 2.00 - 4.00pm	SYN ALL International Prelims and Finals Compete 4.30 - 7.00pm Presentation 7.20pm	
Friday 30 September	Session 8 Warm Up 8:30 - 9:15am	Session 9 Warm Up 10:00am - 10:45am	Session 10 Warm Up 12:30 - 1:15pm	Session 11 Warm Up 2:30 - 3:15pm	Session 12 Warmup 5:30 - 5:45
	DMT 10 & U M & W Prelims and Finals Compete 9.30 - 11.00am Presentation 12.00pm	TRA 11-12 M & W Prelims and Finals Compete 11.00am - 1.00pm Presentation 2.00pm	DMT 13-14 M & W Prelims and Finals Compete 1.30 - 3.00pm Presentation 4.00pm	TRA 15-16 & 17+ M & W Prelims and Finals Compete 3.30 - 5.30pm Presentation 7.00pm	DMT ALL International Prelims and Finals Compete 6.00 - 8.00pm Presentation 9.10pm
Saturday 1 October	Session 13 Warm Up 8:30 - 9:15am	Session 14 Warm Up 11:15 - 11:45am	Session 15 & 16 Warmup 11:45am - 1:45pm		Session 17 Warmup 6:15 - 7:00pm
	DMT 11-12 M&W Prelims and Finals Compete 9.30 - 11.30am Presentation 1.00 pm	TRA 10U M&W Prelims and Finals Compete 9.30 - 11.30am Presentation 1.00 pm	DMT 15-16 & 17+ M & W Prelims and Finals Compete 12.00 - 1.30pm Presentation 2.30pm	TRA Sub Jnr M & W Prelims Compete 2.00 - 4.00pm	TRA Jnr & Snr M & W Prelims Compete 4.30 -6.00pm
Sunday 2 October	Session 18 Warm Up 7:30 - 8:15am	Session 19 Warm Up 10:15 - 10:45am	Special Awards 3.00 - 4.00pm	Closing Ceremony 4.00-5.00pm	After Party 7.00pm
	SYN 10- & 11-12 M & W Prelims and Finals Compete 8.30 - 9.45am Presentation 10.45am	SYN 13-14 & 15-16 & 17+ Prelims and Finals Compete 11.00am - 12.00pm Presentation 1.00pm			

General Warm up Training 7:30 -8:30

International training from end of comp till 9pm

Please note: General warm up/training is available from 30 Sept - 2 October from 7.30am-8.30am for the athletes competing on that day.