

# 2016 NEW ZEALAND GYMSPORTS CHAMPIONSHIPS



## Proficiency Scores

Updated August 2016

All athletes who achieve the proficiency score will be awarded a proficiency pin. Proficiency pins will be distributed to Provincial Managers via the competition office. Please see **below** for the proficiency pins for each gymsport.

All suitably qualified coaches who are named personal coach of an athlete who achieves the proficiency score will be awarded a coached medal. Coaches must be up-to-date with their qualifications, including first-aid and practical hours, to be eligible to receive a coach's medal.



### WOMEN'S ARTISTIC GYMNASTICS

Level	Score
STEP 5	52.0
STEP 6	52.0
STEP 7	46.0
STEP 8	49.0
STEP 9	47.0
STEP 10	47.0
IL 7	52.0
IL 8	52.0
IL 9	50.0
Sub Junior Elite	44.0
Junior International	44.0
Senior International	48.0



## MEN'S ARTISTIC GYMNASTICS

Level	Score
Level 4	62.000
Level 5	62.000
Level 6	62.000
Level 7	73.000
Level 8	75.000
Level 9	77.000
U18	71.000
Senior Open	78.000
Apparatus Specialist – excluding Vault	13.000
Apparatus Specialist – average Vault	13.500



## AEROBICS

Division	Individual	Multiples
All AEROSkools levels	16.50	16.00
Open 9-11 years	16.50	16.00
Open 12-14 years	16.75	16.25
Open 15+ years	17.00	16.50
ADP 2	16.75	16.25
ADP 3	17.00	16.50
ADP 4	17.25	16.75
ADP 5	17.50	17.00
National Development	17.50	17.00
Age Group 1	18.00	17.50
Age Group 2	18.50	18.00
Senior International	19.50	19.00



## TRAMPOLINE

### AGE GROUP TRAMPOLINE

Age Group	Set	Vol
U10	25.0	26.0
11-12	25.0	28.0
13-14	25.0	28.5
15-16	25.0	29.0
17+	25.0	29.0

### INTERNATIONAL TRAMPOLINE

Level	Set	TOF	Vol	TOF
Sub Jnr Women	26.0	13.0	30.0	12.5
Sub Jnr Men	25.5	13.5	30.0	13.0
Jnr Women	26.0	14.0	32.0	13.5
Jnr Men	26.0	15.0	33.0	14.5
Snr Women	26.5 DD 2.0	15.0	35.0	14.5
Snr Men	26.5 DD 2.2	17.0	36.0	16.5

### DOUBLE MINI TRAMPOLINE

Level	Score
U10	59.0
11-12	59.5
13-14	60.0
15-16	61.0
17+	61.0
Sub Jnr	62.0
Jnr Women	63.0
Jnr Men	64.0
Snr Women	65.0
Snr Men	67.0



## RHYTHMIC GYMNASTICS

Level	Qualification Score	Level	Qualification Score
Level 4	24.000	Stage 4	36.000
Level 5	25.000	Junior International	43.000
Level 6	25.000	Senior International	46.000
Level 7	33.500	Grade 3	16.000
Level 8	34.000	Grade 4	14.000
Level 9	37.000	Grade 5	17.500
Level 10	40.000	Grade 6	19.000
Stage 3	31.500	Grade 7	21.000