



SIZE CHARTS *in inches*

BOY'S/MEN'S COMPETITION & WORKOUT *(Shirts, Shorts & Pants)*

Select the row of measurements that best represents your size. If all your measurements do not fall within the same row, use the row that represents your largest measurements. *Please Note: The torso measurement is the most important measurement followed by the chest and hip measurements; the least important is the waist.*

BOY'S/MEN'S APPAREL							
SIZES	CHEST	WAIST	HIP	TORSO	LONG TORSO*	SHORT TORSO*	INSEAM
CXS	23-25	21-22	23-25	37-42	39-44	35-40	18
CS	25-27	22-23	24-26	40-45	42-47	38-43	20
CM	26-28	23-24	25-28	43-48	45-50	41-46	22
CL	29-31	25-26	29-32	46-51	48-53	44-49	25
CXL	32-34	27-28	33-36	49-54	51-56	47-54	28
AXS	34-36	26-27	32-34	52-57	54-59	52-57	26
AS	36-38	28-29	34-35	55-60	57-62	55-60	28
AM	38-40	30-31	35-36	58-63	60-65	58-63	30
AL	40-42	32-33	36-37	61-66	63-68	61-66	32
AXL	42-44	34-35	37-39	64-69	66-71	64-69	34
A2XL	44-46	36-37	38-40	67-72	69-74	67-72	36
A3XL	46-48	38-39	39-41	70-75	72-77	70-75	38
A4XL	48-50	40-41	40-42	73-78	75-80	73-78	40

* Long Torso and Short Torso are not available on in stock garments.

HOW TO MEASURE

- Chest Measurement:** taken with a deep breath, arms held out at shoulder height.
- Waist Measurement:** taken at the natural waistline.
- Hip Measurement:** taken around the fullest part of the buttocks.
- Torso Measurement:** taken from the center of the shoulder, down the front, through the crotch, and up the back to the starting point.
- Inseam Measurement:** the length of the leg from the crotch to one inch above the floor; measure in stocking feet.

