



2014 - 2016
Trampoline Competition
& Technical Handbook

Part 1 - Contents

Last Revision – Dec 2015



Making movement matter

2014 – 2016 Trampoline Competition and Technical Handbook
Part 1 - Contents
List of Document Updates

Update No.	Section(s) Updated	Content of Update	Date Issued
<i>example</i>	<i>All</i>	<i>First draft of the Entire Handbook</i>	<i>26 Oct 2013</i>
0	All	Handbook Released	7 May 2014
1	4.3	Trampoline Selection Group <ul style="list-style-type: none"> • New section 	April 2015
1	5.4	Timing of GymSports NZ Actions & Information <ul style="list-style-type: none"> • timing of actions and information changed for all items listed 	April 2015
1	8.1	NZ Competition Structure <ul style="list-style-type: none"> • new tier added for Tier 5 Club Recreational Events • recognition that some Regional Competitions may not be run due to constraints imposed by the competition calendar • change to Club Competitive Events so that they may no longer be Qualifying Events 	April 2015
1	8.2	Competition Types <ul style="list-style-type: none"> • Trial Events removed and replaced with iTRACSS Events 	April 2015
1	8.3.2.2	Competition Divisions and Grades <ul style="list-style-type: none"> • age requirements of Sub-Junior, Junior and Senior International Divisions changed. 	April 2015
1	8.3.2.5	Movement between Divisions <ul style="list-style-type: none"> • cusp year ruling removed because it is no longer required. 	April 2015
1	9.3	Competition Requirements – Double Mini <ul style="list-style-type: none"> • number of skills in a DMT pass corrected. 	April 2015
1	9.10.2	Competition Requirements – Judging Panels <ul style="list-style-type: none"> • qualification requirements for ToF judge altered • minimum requirements for panels judging Age Division grades at Qualifying Events has been changed 	April 2015
1	9.12	Competition Requirements – Time of Flight <ul style="list-style-type: none"> • use of Time of Flight in Age Division Grades in 2015 deleted. • requirement for use of Time of Flight in Age Division to be used from start of 2016 inserted. 	April 2015
1	11	Selection for International Competitions <ul style="list-style-type: none"> • rewritten to reflect the introduction of the iTRACSS system • explanation of new forms introduced by GymSports NZ for international tours 	April 2015
1	12	iTRACSS <ul style="list-style-type: none"> • new section added to define the iTRACSS system 	April 2015
2	4.2	Trampoline Sports Development Committee <ul style="list-style-type: none"> • the rotation of positions on the Committee has been updated. 	

Update No.	Section(s) Updated	Content of Update	Date Issued
2	5.4	Timing of GymSports NZ Actions and Information <ul style="list-style-type: none"> timing of annual Intention to Trial and Intention to Travel forms added 	Dec 2015
2	8.1	Competition Structure <ul style="list-style-type: none"> diagram updated to show more regional competitions 	Dec 2015
	8.2.3	iTRACSS Competitions <ul style="list-style-type: none"> the definition of iTRACSS competitions has been expanded to include the two competitions required at the beginning of each calendar year 	Dec 2015
2	9.14	Competition Requirements <ul style="list-style-type: none"> new section added to cover the requirement for spotters and their role 	Dec 2015
2	10.2.2	Additional Requirements for NZ National Championships <ul style="list-style-type: none"> written dispensation not required for athletes taking advantage of the Safety Net Ruling in order to compete athletes using the provisions of the Safety Net Ruling may continue to compete in the Age Division in the following year without requiring a dispensation 	Dec 2015
2	11.2.2	Intentions to Trial <ul style="list-style-type: none"> the Intention To Trial form for athletes has been changed to an annual form with a single form covering all international competitions for the year 	Dec 2015
2	11.2.3	Intentions to Tour <ul style="list-style-type: none"> the Intention to Tour form for officials, judges, coaches and chaperones has been changed to an annual form with one form covering all international competitions for the year 	Dec 2015
2	11.3	Selection Process <ul style="list-style-type: none"> the information which the selectors are expected to provide the SDC has been specified 	Dec 2015
2	11.4	Acceptance of Team Positions <ul style="list-style-type: none"> the information that team members must provide to GymSports NZ, when they accept a position on the team, has been specified. Some of this information was previously provided with the Intention to Trial and Intention to Travel forms the provision for GymSports NZ to fill vacant positions, when selected individuals decline their place on the team, has been specified 	Dec 2015
2	12.1	iTRACSS Overview <ul style="list-style-type: none"> the overview has been redrafted to provide a better introduction to the iTRACSS system 	Dec 2015
2	12.2	iTRACSS Levels <ul style="list-style-type: none"> the number of iTRACSS Levels increased from 6 to 7 new table showing iTRACSS Levels and groups included. 	Dec 2015
2	12.3	iTRACSS Competitions <ul style="list-style-type: none"> two new iTRACSS competitions added at the beginning of each year. 	Dec 2015
2	12.4.2	iTRACSS Entry <ul style="list-style-type: none"> the provision for outstanding athletes, who are not in iTRACSS, to be selected for international competitions has been added 	Dec 2015

Update No.	Section(s) Updated	Content of Update	Date Issued
2	12.5	Calculation of iTRACSS Levels <ul style="list-style-type: none"> the Set difficulty marks for the Senior International Grades in Individual Trampoline are only included in iTRACSS calculations for Levels with Senior groups 	Dec 2015
2	12.6	Calculation of iTRACSS Rankings <ul style="list-style-type: none"> the Set difficulty marks for the Senior International Grades in Individual Trampoline are only included in iTRACSS calculations for Levels with Senior groups 	Dec 2015
2	12.7	iTRACSS Selection of Athletes <ul style="list-style-type: none"> the period during which athletes must meet the minimum iTRACSS Level for a competition has been changed to nine months from the starting date of the competition wording of selection principles improved 	Dec 2015

2014 – 2016 Trampoline Competition & Technical Handbook

Part 1 - Contents

1	Introduction	4
	How to use electronic versions of this Handbook	4
2	Glossary of Terms applying to this Handbook	4
3	Ranking of Documents	6
4	Governance.....	7
	4.1 GymSports New Zealand.....	7
	4.2 Trampoline Sports Development Committee.....	7
	4.3 Trampoline Selection Group	8
5	General Obligations of GymSports NZ.....	9
	5.1 To Clubs	9
	5.2 To Athletes	9
	5.3 To the Trampoline Community	9
	5.4 Timing of GymSports NZ Actions and Information	10
6	General Obligations of Competition Hosts.....	10
	6.1 To GymSports NZ	10
	6.2 To Other Clubs.....	11
	6.3 To Competitors.....	11
7	Education	12
	7.1 Coaches and Judges	12
	7.2 Competition Recorders	12
8	New Zealand Competition Environment.....	12
	8.1 Competition Structure	12
	Tier 1 - National Competitions	13
	Tier 2 - Island Competitions	13
	Tier 3 - Regional Competitions.....	13
	Tier 4 - Club Competitive Events	13
	Tier 5 - Club Recreational Events.....	14
	8.2 Types of Competition	14
	8.2.1 Sanctioned Competitions.....	14
	8.2.2 Qualifying Events.....	14
	8.2.3 iTRACSS Events	14
	8.2.4 Special Trial Events	14
	8.3 Competition Disciplines, Divisions and Grades	15
	8.3.1 Disciplines.....	15

8.3.2	Divisions and Grades	15
8.3.2.1	Age Division	15
8.3.2.2	International Division	16
8.3.2.3	Divisions for Different Disciplines	16
8.3.2.4	Movement between Divisions	16
8.3.2.5	Movement within a Division	17
9	Competition Requirements	18
9.1	Individual Trampoline	18
9.1.1	Preliminary Round	18
9.1.2	Final	19
9.1.3	Minimum Difficulty in Set Routine	19
9.1.4	Calculation of Scores and the Recording of Difficulty and Time of Flight Marks	19
9.2	Synchronised Trampoline	19
9.3	Double Mini Trampoline	20
9.3.1	Maximum Degree of Difficulty	20
9.3.2	Deduction for Not Meeting Minimum Difficulty	20
9.3.3	Preliminary Round	21
9.3.4	Final	21
9.4	Tumbling.....	21
9.4.1	Preliminary Round	21
9.4.2	Final Round	21
9.5	Starting Order of Athletes	21
9.5.1	Preliminary Rounds	21
9.5.2	Final Round(s)	21
9.6	Tie Break Rules	22
9.7	Winner	22
9.8	Team Competition (Optional)	22
9.9	Warm Up.....	22
9.10	Judging Panels	22
9.10.1	Control Judge.....	22
9.10.2	Composition of Judging Panels	23
9.10.2.1	International Division Grades	23
9.10.2.2	Age Division Grades.....	23
9.10.3	Club Requirements for Providing Judges	24
9.11	Timetable Clashes for Athletes	24
9.12	Time of Flight	25
9.12.1	Recording of Time of Flight	25
9.12.2	Failure of Time of Flight Equipment	25
9.13	Competition Recorders	25
9.14	Trampoline Spotters	26
9.15	Equipment Norms.....	26
9.15.1	Trampoline:	26
9.15.2	Double Mini-Trampoline	27
9.16	Competition Floor Layout	27
9.17	Requirements on Competition Participants	28
9.17.1	Athletes	28
9.17.2	Judges.....	28
9.17.3	Coaches	29
9.17.4	Volunteers	29
9.17.5	Obvious Errors in the Difficulty Scores	29
10	Entry and Selection for Competitions	30
10.1	General Requirements.....	30

10.1.1	Entries	30
10.1.2	Competition Divisions and Grades	30
10.1.3	Eligibility of Athletes to Enter a Competition	30
10.1.4	Medals	30
10.1.5	Competition Cards	31
10.2	Additional Requirements for New Zealand National Gymsports Championship	31
10.2.1	Competition Divisions and Grades	31
10.2.2	Performance Criteria	32
10.2.3	Qualification Criteria	32
10.2.4	Time of Flight	32
10.2.5	Medals	32
10.2.6	Trophies and Titles	32
11	Selection for International Competitions	32
11.1	Information about Competitions	33
11.2	Applying for Tours	33
11.2.1	Expressions of Interest	33
11.2.2	Intentions to Trial	34
11.2.3	Intentions to Travel	34
11.3	Selection Process	35
11.4	Acceptance of Team Positions	36
11.5	Publication of the Team	36
11.6	Important Documents	36
11.6.1	The Trampoline Competition and Technical Handbook	36
11.6.2	Annual Competition Calendar	36
11.6.3	Expressions of Interest, Intentions to Trial (ITT), Intentions to Travel	37
11.6.4	Official Selection Criteria	37
11.6.5	GymSports NZ International Tours Manual, Insurance and Disclosure Forms	37
11.6.6	Selection Regulation for International Performance Competitions	38
12	iTRACSS	40
12.1	Overview	40
12.2	iTRACSS Levels and Groups	40
12.3	iTRACSS Competitions	41
12.4	General Rules	41
12.4.1	Entering iTRACSS	41
12.4.2	Exiting iTRACSS	42
12.4.3	Moving Levels	42
12.4.4	Ranking	42
12.5	Calculation of iTRACSS Levels	42
12.6	Calculation of iTRACSS Rankings	44
12.7	Selection of Athletes	44
12.8	Management of the iTRACSS System	45
12.8.1	Control of the Design and Operation of iTRACSS	45
12.8.2	Updating iTRACSS Information	45
12.8.3	Setting of iTRACSS Marks	45
12.8.4	Review of the iTRACSS System	45
13	Updating and Managing this Document	45
	Updating Information in the Handbook	46
	Distributing Updates of This Handbook	46

1 Introduction

Welcome to the 2014-2016 Trampoline Competition and Technical Handbook.

This Handbook is has been prepared to provide information about competitive trampoline in New Zealand. It specifically covers those aspects of competitive trampoline which are particular to New Zealand and where New Zealand practice deviates from the international requirements prescribed by the Federation Internationale de Gymnastique (FIG).

The Handbook has been written to help athletes, parents, coaches, trampoline clubs and other clubs; understand the administration, rules and practice of competitive trampoline in New Zealand.

The information in this Handbook is not exhaustive and reference should also be made to other sources of information about competitive trampoline such as the FIG and GymSports NZ websites.

How to use electronic versions of this Handbook

The Handbook has been prepared with an extensive Table of Contents which can also be used in the electronic copies of the Handbook. In the .doc or .docx version holding down the Ctrl key and clicking on the section title in the Table of Contents will immediately take you to that section. In the pdf version, pressing Ctrl + B together will display a list of bookmarks corresponding to the entries in the Table of Contents. Clicking on a bookmark will take you to the section selected.

All trampoline competitions sanctioned by GymSports NZ and covered by this Handbook will be run under the FIG Code of Points and Technical Regulations unless otherwise stated in this Handbook.

2 Glossary of Terms applying to this Handbook

Control Judge	a brevet judge appointed to have the control over all aspects of the judging at a competition.
Chair of Judges Panel	a qualified judge appointed to manage the panel of judges for a particular grade within a competition. Must hold a qualification of Advanced judge or higher.
Code of Points	the international rule book for trampoline competitions. The Code of Points is written by the FIG and updated after every Olympic cycle.
CoP	see Code of Points.
Calendar Year	the period of time from the 1st January in one year until the 31 December the same year.
Club	any club being a member of GymSports NZ as defined in Clause 5 of the GymSports NZ Constitution.
Competition Calendar	a list of sanctioned trampoline competitions scheduled to occur in a Calendar Year.

Competition Season	the period of time from the end of the NZ National Gymsports Championships in one year until the end of the NZ National Gymsports Championships in the next year.
DD	see Degree of Difficulty.
Degree of Difficulty	points awarded for the difficulty of skills within a routine or pass performed by an athlete.
Discipline	a type of trampoline activity with particular skills and techniques. There are four trampoline disciplines; Individual, Synchronised, Double Mini and Tumbling.
Division	a group of competitive athletes with the same aspirations within the sport. There are two Divisions in New Zealand: International and Age Group.
DMT	Double Mini-Trampoline.
Element	a movement performed by the athlete after take off from, and including landing on, feet, seat, front or back.
e-News	a regular newsletter published by GymSports NZ.
EOI	see Expression of Interest.
Expression of Interest	a GymSports NZ document used by athletes on the GymSports NZ High Performance Pathway to advise GymSports NZ about the international competition they intend competing at.
Federation Internationale de Gymnastique	the international governing body for gymnastics including trampoline.
FIG	see Federation Internationale de Gymnastique.
FIG Events	Olympic Games, World Open Championships, World Games, World Cup competitions, World Age Group Championships and special events created by the FIG.
Grade	a sub-grouping of athletes within a Division based upon the athlete's skill level and/or age. An athlete competes against other athletes in the same Grade during a competition.
Gymsports	a collective term for the sports of men's artistic, women's artistic, aerobic, rhythmic and trampoline gymnastics.
GymSports NZ	the national organisation which governs the sport of competitive trampoline in New Zealand. It also governs artistic, aerobic and rhythmic gymnastics.
Handbook	the Trampoline Competition and Technical Handbook.
Intention to Trial	a GymSports NZ document which athletes and coaches use to tell GymSports NZ they wish to be considered for a team going to an international competition
Intention to Travel	a GymSports NZ document which judges, officials and chaperones use to tell GymSports NZ they wish to be considered for a team going to an international competition
iTRACSS	a system of selection for international trampoline competitions based upon levels of achievement and performance demonstrated by athletes.
iTRACSS Competitions	specific New Zealand and international competitions which provide athletes the opportunity to increase their iTRACSS level

	or ranking
Official Selection Criteria	a document prepared by GymSports NZ which details the criteria by which an athlete may become eligible for selection for the NZ National GymSports Championships or an international competition.
Performance Criteria	a set of marks specified by GymSports NZ to demonstrate an athlete's ability.
Qualifying Competition	a sanctioned competition at which athletes can try to meet the performance criteria set for entry in the annual New Zealand National Gymsports Championships.
Sanctioned Competition	a competition that meets the requirements set by GymSports NZ in this Handbook or its Qualifying Events License Agreement. It can be any level of competition from a recreational competition through to an international competition.
SDC	see Trampoline Sport Development Committee.
Skill	see Element.
SYN	Synchronized Trampoline.
Trampoline Sport Development Committee	an advisory committee to GymSports New Zealand tasked with the development of competitive trampoline in New Zealand.
Technical and Selection Group	a sub-committee of the Sport Development Group tasked with advising the SDC on the technical aspects of the sport and selection of international teams.
Trial Events	a competition at which athletes can try to meet the criteria set for entry to, or selection for, international competitions. Trial Events are sanctioned competitions run under the requirements of this Handbook.
Trampoline	exercises performed on trampoline, double-mini or tumbling apparatus.
TRA	Individual Trampoline.
TSG	Trampoline Selection Group
TUM	Tumbling.

Words using the singular number only shall include the plural number and vice versa.

Words using the masculine gender shall also include the female gender.

3 Ranking of Documents

The FIG Code of Points makes provision for national organisations to alter parts of it's Code of Points in order to develop trampoline within their country. GymSports NZ takes advantage of this provision through the requirements outlined in this Handbook.

However there will be situations where the requirements of this Handbook may contradict or introduce ambiguities between it, other GymSports NZ, and FIG documents. In such

circumstances the following order of precedence between the requirements of the various documents will apply.

For all competitions within New Zealand, the requirements of the:

1. Official Selection Criteria will have precedence over the
2. GymSports NZ Competition Calendar, which will have precedence over
3. This Handbook, which will have precedence over
4. GymSports NZ documents, which will have precedence over
5. FIG documents.

4 Governance

4.1 GymSports New Zealand

Trampoline in New Zealand is governed and lead by GymSports NZ which has the responsibility for developing, promoting and managing all aspects of the sport in New Zealand. In doing so it

- organises and controls all national gymsports competitions, events and programmes in New Zealand
- organises and controls the selection and attendance of New Zealand athletes at national and international competitions
- sets an annual calendar of New Zealand and international competitions for New Zealand athletes
- sets the standards for competition equipment, judging and coaching;
- trains, examines, and registers trampoline coaches and judges in New Zealand
- represents New Zealand in the FIG and liaises with other national gymsports organisations internationally

GymSports NZ is a registered charity lead by a Board of elected and appointed members. Based in Auckland, its principal function is to develop and grow gymsports throughout New Zealand. GymSports NZ raises funds to support its activities from sponsorship, grants, government/community funds as well as levies on member clubs, athletes and sanctioned competitions.

GymSports NZ is assisted by a number of advisory committees known as Sports Development Committees. Each committee comprises volunteers who are knowledgeable and interested in one of the five gymsports in New Zealand.

Further information about the role and purpose of GymSports NZ can be obtained from the GymSports NZ website.

4.2 Trampoline Sports Development Committee

The Trampoline Sports Development Committee is a sub-committee of the Board of GymSports NZ with the role of providing knowledgeable advice to GymSports NZ and its staff about trampoline in New Zealand.

The Committee's advice covers matters such as

- technical rules for trampoline in New Zealand including any variations to the world wide rules set by the FIG

- competition rules and regulations for competitions sanctioned by GymSports NZ
- improving the quality of coaching and judging in New Zealand
- identifying competitions within New Zealand and overseas open to New Zealand trampoline athletes
- setting performance criteria to be met by athletes wanting to compete in the New Zealand National GymSports Championships and/or overseas competitions
- developing volunteers to support the sport

However the final decisions on all trampoline matters remain with GymSports NZ including the selection of athletes for international competitions

The membership of the SDC is made up of seven volunteers drawn from past athletes, coaches, officials, and interested members of the public. These volunteers are appointed by the Board of GymSports NZ for a period of two years and each year approximately half of the Committee's members are replaced or reappointed to their positions.

Currently the positions on the SDC are:

- Chairperson
- Participation Adviser
- Judging Adviser
- Coaching Adviser
- Volunteer Adviser
- Events and Tours Adviser
- Data Analyst

In 2016 the positions of Judging Adviser, Volunteer Adviser and Data Analyst will be up for rotation with the Chairperson, Participation Adviser, Coaching Adviser and Events and Tours Adviser being rotated in 2017. The rotation of these positions will then continue in this order after 2017.

Appointment to the SDC is open to any person who meets the requirements of the position descriptions set by GymSports NZ.

More information about the SDC and its activities can be gathered from Appendix A and the trampoline pages of the GymSports NZ website.

4.3 Trampoline Selection Group

The Trampoline Selection Group is a sub-committee of the Trampoline Sports Development Committee tasked with advising the SDC on the technical aspects of the sport and selection of teams for international competitions.

The Group's advice covers

- interpretation of the FIG Code of Points for trampoline and their application to the New Zealand competitive environment
- nomination of athletes and officials for teams competing at international competitions including explanations for their recommendations
- setting performance criteria required to qualify for the New Zealand National GymSports Championships
- setting performance marks associated with iTRACSS levels

- management of the iTRACSS system

The Group consists of three experienced coaches or judges appointed by the Chairperson of the SDC on the recommendation of coaches from clubs involved in competitive trampolining. More information about the TSG and its activities can be gathered from Appendix A.

5 General Obligations of GymSports NZ

5.1 To Clubs

- Support Clubs to deliver competitive trampolining in New Zealand.
- Widely publicise
 - news and information about trampolining
 - the rules and regulations affecting trampolining in New Zealand
 - entries for upcoming trampolining competitions and international tours
 - competition results
- Provide training opportunities each year for new and existing judges and coaches to learn and extend their skills.
- Provide timely notification to Clubs about the opening of entries and applications for international competitions.

5.2 To Athletes

- Ensure suitably qualified judges are available at all competitions.
- Support athletes where possible, to enhance their chances of success.
- Ensure all competitions throughout a season are
 - judged to the same standard and in a consistent manner
 - run and managed so as to be fair to all athletes, and to enhance their performance
 - meet the requirements of this Handbook
- Select national and other representative athletes, squads and teams without bias, transparently and in accordance with the published Selection Criteria.
- Ensure a reasonable number of Qualifying and Trial Events are provided for athletes to meet the performance criteria of the New Zealand National Gymnastics Championships and any international competition.
- Ensure all athletes have the opportunity to participate in international competitions.
- Give and seek recognition for athletes to obtain awards, funding, sponsorship and public recognition.
- Organise and manage international tours in the best interests of the athlete and their performance.

5.3 To the Trampoline Community

- Act at all times in good faith, show loyalty, and in the best interests and benefit of member organisations, Clubs, athletes and the community.
- Promote trust, confidence and transparency between GymSports NZ, Clubs, athletes and the community.

- Provide consistent and effective administration of trampoline in New Zealand to the benefit of Clubs, athletes and the community.
- Provide sufficient information to Clubs, athletes and the community for them to understand any rulings, decisions or team selections by GymSports NZ.
- Run the New Zealand National GymSports Championships so as to enhance the performance of trampoline athletes, the enjoyment of spectators and the knowledge of trampoline amongst the general public.

5.4 Timing of GymSports NZ Actions and Information

The following activities will be completed and information provided by GymSports NZ as shown.

Annual Competition Calendar

Provide the completed calendar	at least 2 months before the first competition of a new competition season
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New Zealand National Gymsports Championships

Provide the Qualifying Requirements	at least 1 month before the first competition of a new competition season
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List of Competitors	at least 4 weeks in advance of the competition start date.
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Annual Intention to Trial & Intention to Travel Forms

December each year

International Competitions

as set out in the GymSports NZ International Tours Manual

iTRACSS Marks or Procedures

at least 2 months before the first competition of a new competition season

Update this Handbook

Minor	at least 2 months before the first competition of a new competition season
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Major	as soon as possible after the start of each Olympic cycle
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6 General Obligations of Competition Hosts

6.1 To GymSports NZ

- Organise the competition in an efficient and effective manner.
- Comply with any reasonable direction given by GymSports NZ concerning the management, organisation, marketing, or staging of the Event.
- Advise GymSports NZ of the entry fee.
- Provide information about the competition to the GymSports NZ Event Manager at least 6 weeks in advance of its start.
- Ensure the competition is run in accordance with GymSports NZ rules including the requirements of this Handbook.
- Appoint a Control Judge approved by the SDC Judging Adviser and provide suitably qualified judges for the competition.

- Provide a list of judges on each judging panel to the SDC Judging Adviser no less than 7 days before the start of competition.
- Submit the following information to GymSports NZ Event Manager no later than 7 days after the completion of the competition.
 - the composition of the actual judging panels for ratification by the SDC Judging Adviser
 - a complete set of results in excel or PDF format
 - a copy of the Swescore database
- Use the Swescore software to record competitor's scores and provide a copy of the Swescore database to the SDC Data Analyst no later than 7 days after the completion of the competition.
- Endeavour to ensure that no advertising or sponsorship material is exhibited at the venue other than those associated with GymSports NZ, the host club, the event sponsors and the venue itself.
- Indemnify GymSports NZ against all liability, damages, and costs arising from the competition.
- Meet the requirements of the GymSports NZ Qualifying Event Licence Agreement.

6.2 To Other Clubs

- Invite all clubs affiliated with GymSports NZ to participate in the event.
- Provide a timetable of competition events no less than 7 days before the start of the competition.
- Close entries no earlier than 14 days before the start of the competition. The acceptance of any entries received after the close of entries will be at the discretion of the host club.
- Provide all participating clubs with a list of accepted entries no later than 7 days before the start of the competition.
- Ensure that information about the competition is widely publicised.
- Provide a full set of competition results to each participating club no later than 7 days after the completion of the competition.

6.3 To Competitors

- Organise, schedule and run the competition in such a way as to allow athletes to perform at their best and minimises any delays to the programme of events or time overruns.
- Provide suitable equipment, facilities and personnel to a level, standard, and quality which meet the requirements of this Handbook.
- Encourage fair play and good sportsmanship.
- Provide a safe environment where sufficient space is provided for athletes to train, warm up, and compete with immediate access to medical assistance in the event of injury or emergency.
- Provide at all times, a currently accredited first aid person who is not a judge or coach at the competition.
- Routines are judged correctly, fairly and in accordance with the FIG regulation and the requirements of this Handbook.
- Display an athlete's score to the public after each routine.
- Consider the impact on the athletes of start times and the scheduling of grades during the competition. Particular recognition should be given to competitors in the younger age group and those athletes who are travelling to the competition.

- Provide, through their Clubs, a copy of the competition results showing all of an athlete's scores awarded in the competition.

7 Education

7.1 Coaches and Judges

GymSports NZ aims to meet the development needs of gym sports coaches and judges by providing a theoretical and practical programme which realises the potential of New Zealand athletes through a style of coaching that promotes ownership, awareness and responsibility.

Its approach to the education and development of coaching and judging skills are laid out in the GymSports NZ Education Handbook. The Handbook outlines GymSports NZ education strategy, coaching, and judging framework as well as information about coaching and judging courses, course content, prices and locations. It is updated annually and can be obtained from the GymSports NZ website under Coach and Judge Education.

All courses are developed in alignment with Sport New Zealand's Coach Development Framework and the Community Sport Coaching Plan.

7.2 Competition Recorders

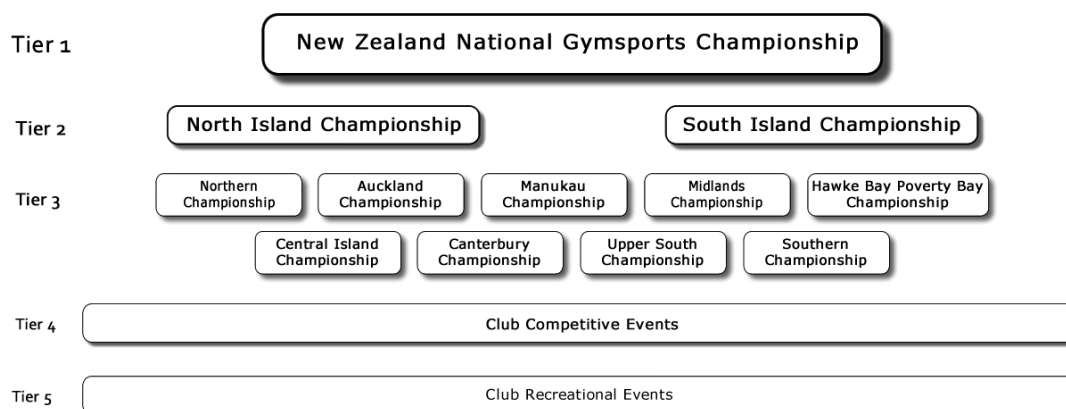
GymSports NZ uses the software programme Swescore to record athlete's scores, and calculate placings and performances at sanctioned competitions. However Swescore has little documentation for users but various major clubs have built up knowledge and informal documentation about it.

Clubs or individuals seeking to use Swescore for the first time can contact one of the major clubs to find out more about operating the programme and using it in a competition.

8 New Zealand Competition Environment

8.1 Competition Structure

GymSports NZ is moving towards building a five tier competition structure in New Zealand as shown in the diagram below. A brief explanation about the competitions in each tier is provided after the diagram.



Tier 1 - National Competitions

The only Tier 1 competition is the New Zealand National GymSports Championships which is the pinnacle of trampoline competitions in New Zealand each year. This competition is managed and run directly by GymSports NZ with information about the competition available on the GymSports NZ web site and through their regular e-News publication.

Athletes wishing to compete at this competition are required to meet various criteria set by GymSports NZ.

Tier 2 - Island Competitions

The North Island and South Island Championships constitute Tier 2 competitions and are run by clubs selected by GymSports NZ. These competitions are always sanctioned competitions and are generally used as iTRACSS Events, Qualifying Events for the New Zealand National GymSports Championships and Special Trial Events for international competitions.

Currently these competitions do not require athletes to meet any performance criteria prior to entry but such criteria may be introduced once the number of trampoline athletes in New Zealand has grown sufficiently to require them.

Tier 3 - Regional Competitions

Regional competitions are also sanctioned competitions and are generally used as Qualifying Events and Special Trial Events, if required, for international competitions. They are run by clubs and require no performance criteria to be met prior to entry.

Some Regional competitions may not be run each year due to constraints imposed by the competition calendar, the uneven distribution of trampoline clubs across New Zealand or other reasons.

Tier 4 - Club Competitive Events

Club competitive events are sanctioned competitions which may be used as Qualifying Events for the New Zealand National GymSports Championships and/or Trial Events, if required. They are run by clubs and require no performance criteria to be met prior to entry.

Tier 5 - Club Recreational Events

Club recreational events may be sanctioned by GymSports NZ but are never used as iTRACSS Events, Qualifying Events or Trial Events. They include events such as club only competitions, badge days, novice challenges, inter-club events, club galas etc.

The requirements of this Handbook do not cover Tier 5 events.

8.2 Types of Competition

8.2.1 Sanctioned Competitions

A sanctioned competition is one which meets defined standards set by GymSports NZ in this Handbook or the GymSports NZ Qualifying Licence Agreement. It can be a competition in any tier from Tiers 1 to 5 or an international competition.

All sanctioned competitions are listed in the annual GymSports NZ Competition Calendar.

8.2.2 Qualifying Events

Qualifying Events are competitions where GymSports NZ provides the opportunity for athletes to achieve the performance criteria set for the New Zealand National Gymsports Championships. A Qualifying Event must meet the requirements of a sanctioned competition.

Athletes must consult the official Selection Criteria published by GymSports NZ to determine the Qualifying Events for the NZ National GymSports Championship.

8.2.3 iTRACSS Events

iTRACSS Events are competitions where GymSports NZ provides the opportunity for athletes to improve their Level or ranking in the iTRACSS system. The iTRACSS Events are the

- New Zealand National GymSports Championships
- North Island Championships
- South Island Championships
- two named competitions at the beginning of each year with one in the North Island and one in the South Island
- international competitions sanctioned by GymSports NZ.

8.2.4 Special Trial Events

Special Trial Events are events organised by GymSports NZ to provide opportunities to meet the performance criteria for specific overseas competitions such as FIG Events. Entry to Special Trial events may not be open to all athletes in which case athletes will be invited to trial.

8.3 Competition Disciplines, Divisions and Grades

8.3.1 Disciplines

Competitive trampoline in New Zealand caters for all of the trampoline disciplines which are

- Trampoline
- Synchronised Trampoline
- Double Mini Trampoline
- Tumbling

However not all disciplines are offered at every competition in New Zealand due to the equipment available, size or layout of the venues, the numbers of competitive athletes in the particular discipline and club preferences.

8.3.2 Divisions and Grades

Competitive athletes in New Zealand are divided into one of two divisions; International or Age, depending upon whether they aspire to compete in international competitions.

8.3.2.1 Age Division

Age Division has five grades and is open to all athletes who do not aspire to compete overseas or at international competitions. The Age Division grades are

Division Name	Age Requirements
10 Years and Under	10 years old or younger
11-12 Years	11 or 12 years of age
13-14 Years	13 or 14 years of age
15-16 Years	15 or 16 years of age
17+ Years	17 years or older

Which grade an athlete competes in is determined solely by what their age will be on the 31 December in the year of the competition. This is irrespective of when their actual birthday occurs during the year.

For example an athlete who turns 15 on the 5 November will compete in the 15-16 grade for the whole year despite being only 14 at the start of the year.

The minimum skill requirements associated with each grade in Age Division are those skills specified in Appendix C for the relevant Set routine.

8.3.2.2 International Division

The International Division has three grades and any athlete wishing to be selected for an international competition must compete in this Division unless they are in the 10 & Under grade from the Age Division.

The International Division grades are:

Division Name	Age Requirements
Sub-Junior	11 to 14 years of age
Junior	15 years or older
Senior	15 years or older

The appropriate age of an athlete in this Division is calculated in the same way as it is for the Age Division. It is determined solely by what their age will be on the 31 December in the year of the competition and is irrespective of when their actual birthday occurs during the year

The minimum skill requirements associated with each grade in International Division are those skills specified in Appendix C for the relevant Set routine.

8.3.2.3 Divisions for Different Disciplines

It is acceptable for an athlete to compete in the Age Division for one discipline and the International Division for another discipline at the same competition. For example an athlete could compete in the International Division for individual trampoline and the Age Division for double mini-trampoline.

However once an athlete has started to compete in the International Division for a particular discipline they cannot revert to the Age Division for that discipline without the prior approval of GymSports NZ.

8.3.2.4 Movement between Divisions

Age Division to International Division

An athlete can move from Age Division to the International Division at any New Zealand competition except the New Zealand National Gymsports Championships. The decision to do so can be made by the athlete and their coach without approval from GymSports NZ.

However an International Division athlete can only move back to the Age Division under extraordinary circumstance, so coaches should ensure their athlete will be competitive in the International Division before moving them.

International Division to Age Division

Once an athlete has competed in the International Division for a particular Discipline at any Tier 1, 2, 3 or 4 event or a Special Trial

Event, they are required to continue in the International Division for that Discipline. They may only return to the Age Division after gaining written approval from GymSports NZ.

Approval to move from International Division to Age Division will only be given where extraordinary circumstances have occurred and it must be granted, in writing, before entering any competition at the lower grade.

Failure to receive approval before the competition will result in disqualification of the athlete from the competition.

All requests to return to Age Division must be submitted in writing to GymSports NZ using the standard form in the Appendix or from the GymSports NZ website.

A Sub-Junior competitor who is turning 15 in the next competition year, but unable to meet the requirements of Junior International may choose to move to the Age Division without penalty at the beginning of the next competition season.

8.3.2.5 Movement within a Division

Age Division

The grade at which an athlete competes in the Age Division is determined solely by the athlete's age. Hence movement to a higher grade can only occur as the athlete grows older.

However an athlete may compete in a Grade for older athletes when they are paired with an older athlete for Synchronised Trampoline.

It is impossible for an athlete to move to a lower grade.

International Division

Movement to a Higher Grade

International Division athletes turning 15 in the year of the competition have the right to choose whether to compete in, Junior or Senior International grade for that year. But once the athlete has competed in their preferred grade they will be unable to compete in a lower grade without gaining written approval from GymSports NZ.

An athlete may compete in a higher Grade when they are paired with an older athlete for Synchronised Trampoline.

All International Division athletes are reminded that they are able to compete in different Divisions (Age or International) for different Disciplines.

Movement to a Lower Grade

Once an athlete has competed in either the Junior or Senior Grade in the International Division they are required to continue in that grade unless written approval to move to a lower grade is received from GymSports NZ.

Approval to move to a lower Grade will only be given where extraordinary circumstances have occurred and it must be granted, in writing, before entering any competition at the lower grade.

Failure to receive approval before the competition will result in disqualification of the athlete from the competition.

All requests to return to a lower Grade must be submitted in writing to GymSports NZ using the standard form in the Appendix or available from the GymSports NZ website.

9 Competition Requirements

The competition requirements set out below are a summary of the FIG Trampoline Code of Points and are to be used for all sanctioned competitions, with the exception of the requirements for Divisions, minimum Degree of Difficulty and Finals.

Coaches and athletes should be familiar with the 2013-2016 FIG Code of Points for Trampoline.

The full Code of Points can be found in the Rules section of the FIG website.

9.1 Individual Trampoline

Individual trampoline competitions comprise 3 routines with 10 skills in each routine.

A routine on the trampoline is characterised by high, continuous rhythmic feet to feet, feet to back, front or seat and rotational jumping elements, performed without hesitation or intermediate straight bounces.

A trampoline routine should be planned to demonstrate a variety of forward and backward twisting and non-twisting elements showing good control, execution, difficulty and maintenance of height above the trampoline.

All Age Division grades and the International Division Sub-Junior and Junior Grades are restricted to a maximum Degree of Difficulty for all of the skills undertaken in their Preliminary Rounds and Finals. Appendix C shows the maximum degree of difficulty which applies to each Grade.

9.1.1 Preliminary Round

There are two routines performed by each athlete in the Preliminary Round.

The First Routine (Set)

The first routine must incorporate the compulsory requirements detailed in Appendix C. An athlete cannot substitute any specified skill or repeat a skill without incurring a deduction from their total mark for the routine.

The Second Routine (Voluntary)

The second routine is a voluntary routine comprising 10 skills selected by the athlete and performed in any order the athlete wishes to follow. An athlete may substitute any element for another during the routine but

cannot perform any element twice without incurring a deduction from the total mark for their routine.

Senior International athletes cannot repeat any skill counting towards the minimum difficulty requirement of their Set routine. If a skill is repeated, the difficulty of the repeated skill will not be considered during the calculation of the difficulty mark for the second routine.

9.1.2 Final

The Final consists of one voluntary routine comprising 10 skills selected by the athlete and performed in any order the athlete wishes to follow.

9.1.3 Minimum Difficulty in Set Routine

All Grades, except Senior International Men's and Women's Grades, have no minimum difficulty requirement for their Set routine.

The Difficulty mark for the two Senior International Grades will be calculated in accordance with the Compulsory Set Requirements for Senior Internationals in Appendix C.

If a Set routine completed by a Senior International athlete does not meet the minimum difficulty requirement then each execution judge will make a deduction of 1.0 points from the execution score they award to the athlete. This deduction will still be made if the athlete does not complete their routine and the aggregate value of their two marked skills does not reach the required minimum difficulty. This requirement only applies to New Zealand competitions.

9.1.4 Calculation of Scores and the Recording of Difficulty and Time of Flight Marks

The calculation of an athlete's total score for a routine will generally include their execution mark, difficulty mark, time of flight mark and any penalties received except that

- time of flight marks will not be counted for any routine undertaken by athletes in any grade of the Age Division in 2015.
- difficulty marks will not be counted when calculating the total Set mark for athletes competing in any grade of the Age Division or for athletes in the Sub-Junior and Junior grades of the International Division.
- the sum of the difficulty marks for the two asterisked elements in the Set routine will be included in the calculation of the total Set mark for athletes competing in the Senior grades of the International Division.

The inclusion of Time of Flight marks for all Age Division grades will start from the beginning of the 2016 calendar year.

9.2 Synchronised Trampoline

In synchronised trampoline two athletes must do the same skill at the same time on adjacent trampolines. The two athletes must start their routine facing the same

direction and end their routine facing the same direction but need not twist in the same direction.

If one of the athletes is at any time more than half a skill ahead of their partner, they will be deemed to have performed a different skill and the marking of their routine will end.

A synchronised trampoline pair of athletes must consist of two women or two men but an athlete may only compete in one synchronised pairing.

A synchronized trampoline competition will consist of a Preliminary Round and a Final Round with the same technical and scoring requirements as Individual Trampoline.

For Trial Events, the nature of the Preliminary Round and Final will be at the discretion of competition organiser.

For the New Zealand National GymSports Championship, the

- **Age Division** will contest one voluntary routine for the Preliminary Round and one voluntary routine for the Final.
- **International Division** will contest one routine meeting the requirements of the Set round for Individual Trampoline and one Voluntary routine for the Preliminary Round. The Final will consist of one voluntary routine.

9.3 Double Mini Trampoline

Double Mini-Trampoline competitions consist of 4 passes characterised by high, continuous rhythmic feet to feet rotational jumping elements performed without hesitation or intermediate straight bounces.

Each pass must comprise 2 different skills with no intermediate straight bounce between elements and must end with a dismount skill performed from the spotter/dismount zone of the mini-trampoline mat to the landing area. The four passes should be planned to demonstrate a variety of forward and backward twisting or non-twisting elements showing good control, form, execution, height and maintenance of height.

A maximum of 3 contacts with the bed are allowed in any one pass.

9.3.1 Maximum Degree of Difficulty

Any skill undertaken by athletes competing in any Grade in the Age Division and the Sub-Junior and Junior Grades in the International Division are restricted to a maximum Degree of Difficulty. Appendix C shows the maximum degree of difficulty which applies to each Grade.

9.3.2 Deduction for Not Meeting Minimum Difficulty

A deduction of 1.0 is to be made from the total score of an athlete's 2nd pass if the athlete fails to meet the specified minimum Degree of Difficulty in either of their preliminary passes

It is the responsibility of the Chair of Judges to instruct the recorders to include this deduction in an athlete's score.

9.3.3 Preliminary Round

Each athlete will complete 2 passes of 2 skills.

9.3.4 Final

The Final will comprise 2 passes of 2 skills.

9.4 Tumbling

Tumbling, or Power Tumbling, is characterised by continuous, speedy, rhythmic, hands to feet, and feet to feet rotational jumping skills performed without hesitation or intermediate steps. Each pass must demonstrate good control, execution and maintenance of tempo.

All Grades have minimum difficulty requirements which have been set with the aim of increasing the number of tumblers in New Zealand. In addition the requirements for the Age Division have been set to allow tumbling in this Division to be undertaken across an artistic gymnastics floor as well as spring or rod tumbling tracks. It is expected that the Junior International Grade will be the grade at which athletes will transition from the Age Division into the International Division.

Judging in all grades will be undertaken in accordance with FIG requirements.

9.4.1 Preliminary Round

Each athlete will complete 2 passes in the Preliminary Round with each pass consisting of 5 skills for athletes in the Age Division and 8 skills for athletes in the International Division.

9.4.2 Final Round

The Final Round for all grades in the Age Division will consist of 1 pass of 5 skills and 2 passes of 8 skills each for all grades in the International Division.

9.5 Starting Order of Athletes

9.5.1 Preliminary Rounds

For all Grades, the starting order of athletes in the first routine or pass of the preliminary round is to be decided by a random draw using the Swescore software.

The athletes are to then be formed into groups of no more than 16 athletes with each group completing their first and second routines; or passes, prior to the next group starting their preliminary round. The most desirable group size is 8-12 athletes.

Any second routine or pass in the Preliminary Rounds is to have the same starting order and groups as the first routine or pass.

9.5.2 Final Round(s)

The Final is to be contested by those athletes with the eight highest aggregated scores in the Preliminary round.

The starting order in this round is to be in the reverse order of the aggregated scores gained by each athlete in the Preliminary Round. i.e. the athlete

having the lowest score in the Preliminary Round will compete first and the athlete with the highest score will compete last.

9.6 Tie Break Rules

In the event of 2 athletes or teams scoring the same number of points in a preliminary round, Regulation 4.4 of Section 4 of the FIG Technical Regulations will apply and the tie will be broken.

Any tie in a Final round will not be broken.

The tie-break rules apply to all disciplines.

9.7 Winner

The winner in all contests is the athlete or pair of athletes with the best cumulative score obtained from the Preliminary Round and Final.

9.8 Team Competition (Optional)

The Organizing Committee may offer a Team Competition in any discipline at a sanctioned event.

Rules for the Team Competition will follow the FIG Rules in the CoP.

9.9 Warm Up

Competition organisers are required to provide opportunities for athletes to warm up, both before the start of the competition and, during the competition. A general warm up for all athletes can be provided either the night before the competition begins or as the first activity on the day of the competition. Where a competition extends over several days a general warm up should be provided each morning.

During the competition, athletes are allowed 2 touches of the equipment for individual trampoline and synchronised trampoline prior to the start of competition in their grade. Such warm ups are to be timed. Any athlete who does not adhere to these rules will have a penalty of 0.3 marks deducted from the score for their routine.

The 'American warm up' is not to be used during any trampoline or synchronised trampoline section of a sanctioned competition.

'American warm ups' can be used for the double mini trampoline rounds of a sanctioned competition.

9.10 Judging Panels

9.10.1 Control Judge

A Control Judge is to be appointed for each competition by the organiser of the competition. This appointment applies for the duration of the entire competition and must be approved by the SDC Judging Adviser prior to the start of the competition.

The Control Judge must hold the qualification of Brevet Judge and their duties are set out in the FIG Code of Points.

9.10.2 Composition of Judging Panels

The Judging Panels must meet the following requirements

9.10.2.1 International Division Grades

- the Chair of any Judging Panel is to hold the qualification of Senior Judge or higher
- there must be at least 3 Judges holding the qualification of Senior Judge or higher in addition to the Chair of the Panel
- membership of the Panel is to remain the same for the Set and Voluntary rounds of a grade. If a change is necessary, it is to occur only after the completion of any round of competition in progress.
- the Time of Flight judge is to hold a minimum qualification of Elementary Judge or be a trained person approved by the Judging Adviser
- a panel must contain all of the Judges specified by Section C of the FIG Trampoline Code of Points and no judge can have more than one duty

For Tier 1 and 2 competitions and any competition designated as a Special Trial Event, the following additional requirements are to be met

- all judges, except the Time of Flight judge, are to hold the qualification of Senior Judge or higher
- the Difficulty Judge must hold the qualification of Senior Advanced Judge or higher

9.10.2.2 Age Division Grades

For the Age Division grades at Qualifying Events a smaller panel may be used in accordance with the following requirements.

- membership of the panel
 - 3 judges with Senior qualifications or above
 - 2 judges with Junior qualification or above
 - 1 judge with an Elementary qualification or above
 - 1 Time of Flight judge from the beginning of the 2016 calendar year
- the Chair of Judges Panel must be a Senior judge or above
- the Difficulty judge must be a Senior Judge or above
- the Chair of Judges Panel must submit an execution mark in addition to the marks submitted by the other judges on the panel
- the Time of Flight judge is to hold a minimum qualification of Elementary Judge or be a trained person approved by the Judging Adviser
- membership of the Panel is to remain the same for the Set and Voluntary rounds of a grade. If a change is necessary, it is to occur only after the completion of any round of competition in progress.

It is desirable that a Senior Judge from outside the competition region be invited to judge at a Qualifying or Special Trial event.

9.10.3 Club Requirements for Providing Judges

All Clubs with athletes entered in a competition are required to supply appropriately qualified judges to serve on the judging panels.

Each Club is required to provide judges in the ratio of one judge for every group of 10 athletes or group of less than 10 athletes. Consequently the number of judges a Club is required to provide will vary with the number of athletes it has entered in the competition.

At least one of the judges provided must hold the qualification of Senior Judge or higher and the other judges provided by a Club must be qualified to judge the same or higher grades for which their athletes have been entered. See Appendix B for the qualifications that judges must have to participate in the different levels of competition.

All judges must be available for the duration of the competition unless otherwise arranged with the competition organiser. Judges may be required to judge Divisions and Grades for which their Club has no entrants.

Clubs may substitute suitably qualified judges from other clubs in order to meet the number of judges required. Clubs with small numbers of entrants may combine to provide judges between them.

Any Club which does not provide the correct number of judges will be required to pay a fine of \$200 to the competition organiser for each judge they do not provide. Clubs will not be liable for the \$200 fine during the first year of competition in which they have athletes in sanctioned competitions.

Number of Judges to be Provided by a Club

Number of Athletes Entered	Number of Judges Provided
1 – 10	1
11 – 20	2
21 – 30	3
31 – 40	4
41 – 50	5

9.11 Timetable Clashes for Athletes

Any timetable clash for an athlete is to be notified to the competition organiser prior to the start of the competition or as soon as they become evident during the competition. Where a clash occurs the Control Judge may grant the athlete a dispensation to compete at a different starting position from that published at the beginning of the Competition. However the athlete must compete in the same Grade for which they were entered and at the same time as other competitors in this Grade.

No athlete is to be disadvantaged by timetable clashes which occur due to the competition organiser changing the competition schedule or running the competition early or late.

9.12 Time of Flight

9.12.1 Recording of Time of Flight

Time of Flight is to be used to determine the results for all Grades in the International Division but is not to be used to determine results in the Age Division during the 2015 calendar year.

From the start of the 2016 calendar year, Time of Flight is to be used to determine the results for all Grades in both the International and Age Divisions.

9.12.2 Failure of Time of Flight Equipment

If the Time of Flight machine does not work correctly at any time during an athlete's routine, the Chair of the Judging Panel is required to stop the competition and, before the end of the round, calculate the athlete's time of flight manually through video analysis of the athlete's routine.

If the Time of Flight equipment has severe intermittent problems or fails completely, the Control Judge may stop the use of the Time of Flight equipment entirely. If the use of the equipment is abandoned completely, the Time of Flight marks for all subsequent routines are to be determined manually from the video record of the competition. These determinations may be undertaken after the end of the competition if they will unduly delay or lengthen it.

The method used to determine an athlete's time of flight manually is to comply with Section N Breakdown of Electronic System in the FIG Trampoline Code of Points.

9.13 Competition Recorders

The competition organiser is to provide enough people with sufficient training to record and print results of the competition using approved computer software. Currently GymSports NZ supports the use of the Swescore software which is provided free to New Zealand Clubs.

The recorders are to:

- Collect, order and distribute the competition cards;
- Make the draw for the starting order for each grade and the respective warm up groups;
- Record the scores for execution, synchronisation, time of flight, difficulty and penalties (if any) in an approved computer system;
- Scrutinise and control the calculations from the scores shown by the judges to determine the overall score for a routine;
- Ensure that the score given by each Judge, any penalties and the total score for a routine are displayed;
- Produce a complete list of results giving at least the athlete's name, total mark, score for difficulty, score for synchronisation and total penalty for each routine, plus the athlete's position and the overall total score;
- Ensure a complete list of results is sent to each Club with athletes in the competition;

- Send a copy of the Swescore data file (the .mdb file) to GymSports NZ and the SDC Data analyst no more than 7 days after the completion of the competition.

9.14 Trampoline Spotters

The competition organiser is to provide spotters for each trampoline in use during the competition. There should be a minimum of three spotters and ideally 4 spotters per trampoline. For synchronised trampoline events there should be a minimum of 6 and ideally 8 spotters split between the two trampolines.

The spotters role is to minimise the risk or extent of injury to an athlete by minimising the risk of the athlete falling off or landing half on/half off the equipment and by slowing down the athlete's fall if they are falling off the equipment.

Spotters should

- watch the athlete at all times during the routine
- stand still unless they can see that the athlete will definitely hit the mats
- not try and catch the athlete but
 - push the athlete further onto the trampoline if they are near the edge
 - let the athlete control their landing but try and protect them from hitting the trampoline frame or other obstacles in the event they are going to miss the mats completely
 - target the athlete's upper body/shoulders with assistance and not the limbs or head
- stand a half metre or so from the trampoline to give themselves more freedom to move forwards, sideways or backwards
- keep their hands in front of their body so they can respond more quickly than if their hands are behind their back
- avoid unnecessary movement which may distract the athlete or lead the judges to believe the athlete has touched the mat

With four spotters, a spotter should stand at each corner of the trampoline mat. If only three spotters are available, two spotters should stand at the corners on side of the trampoline closest to the judges and one on the other side of the trampoline

9.15 Equipment Norms

Any equipment used in all Tier 1, 2, 3 or 4 Events and Special Trial Events must be of acceptable condition for the safety and performance of the competing athletes, and meet the FIG requirements outlined in the FIG Apparatus Norms, and the following conditions.

9.15.1 Trampoline:

Safety Platforms must be

- placed at both ends of the trampoline
- firmly attached to the frame of the trampoline
- provide suitable shock protection for all athletes irrespective of their grade

Shock Absorbing Padding must

- cover the entire trampoline frame and springs
- not touch any part of the bed.
- be firmly fixed to the frame of the trampoline

Additional safety mats must cover the ground area around sides and safety platforms to provide additional safety for the athlete. These mats need not meet the FIG requirements but must be of a reasonable thickness and density to ensure the athlete's safety. (As a guide, the FIG Regulations require safety mats to have a height of 20 cm and a width of 200 cm with a tolerance of +/- 1 cm)

The distance from the floor to the lowest point of the hall roof must be at least 8 metres and above 10 metres if possible.

It is recommended that competition organisers have replacement trampoline springs available to cover any breakage which may occur during the competition.

9.15.2 Double Mini-Trampoline

The Frame

- must be covered with shock absorbing padding which must be firmly attached to frame and not touch any part of the trampoline bed.
- must be stable and immobile during mounts and dismounts.
- the bars beneath the trampoline bars must be padded.

The Height of bed from floor when under tension must be

- 45 cm at the mounting end
- 70 cm at the dismounting end
- be within a tolerance +/-10cm at both ends

The Landing area must be

- covered with a landing mat that is shock absorbent and which allows stable landing on the feet.
- an appropriate density to allow proper shock absorption for larger athletes
- of a Length- 600 cm, Width- 300 cm, Thickness- 30 cm

The Run up mat must be

- 2000cm in length
- 100cm in width
- 2.5cm in thickness

Additional safety mats must cover the ground area surrounding the double mini trampoline and landing area to provide additional safety for the athlete. These mats need not meet the FIG requirements but must be of a reasonable thickness and density to ensure the athlete's safety. (As a guide, the FIG Regulations require safety mats to have a height of 20 cm and a width of 200 cm with a tolerance of +/- 1 cm)

The distance from the floor to the lowest point of the hall roof must be at least 6 metres.

9.16 Competition Floor Layout

The full competition floor layout is available under the Apparatus Norms folder in the Rules section of the FIG Website.

Particular note should be taken of the following requirements:

Trampoline and Synchronised Trampoline

- there must be no walls, obstacles or other obstructions within two metres of the sides or ends of a trampoline
- the long sides of trampolines used for synchronised trampoline must be parallel, two metres apart and have their transverse centrelines in alignment
- judges must be seated between five and seven metres from the edge of closest trampoline's long side
- Execution Judge 3 must be seated in line with the centreline of the trampoline's long side

Double Mini and Tumbling

- judges must be seated five metres from the edge of the double mini-trampoline's long side or the tumbling track
- the Difficulty Judge must be seated closest to the landing area

9.17 Requirements on Competition Participants

9.17.1 Athletes

Athletes must

- compete fairly and in a sportsmanlike fashion
- follow the instructions of any competition official or competition organiser
- respond immediately when called to marshalling or to the equipment
- participate in any medal ceremonies in their competition attire

Athletes may not

- exhibit any undisciplined or abusive behaviour
- partake in any behaviour, verbal or otherwise, which may cause distraction or detriment to another competitor
- speak to the active judges except as provided for in Section 9.16.5
- remove themselves from the competition hall if the competition may be delayed due to their absence

9.17.2 Judges

Judges must

- possess applicable and thorough knowledge of the rules and Code of Points governing the Discipline they are judging
- have successfully participated in a judging course and possess the corresponding qualification applicable to the Grade they are judging
- be attend all judge's conferences or meetings and in a punctual manner
- be aware of volunteers in their vicinity
- wear the prescribed competition uniform
- be punctual for the start of all sessions they are judging
- respect the scores as the consensus of the panel and not discuss specific scores with other judges, coaches or members of the public after they have left the judging panel

Whilst on a panel, judges must

- not leave their place without the consent of the Chair of Judges
- not have contact with other person, e.g. coaches and other panel judges except as provided for in Section 9.16.5
- act in a professional manner at all times and exhibit non-partisan and ethical behaviour
- evaluate each exercise accurately, consistently, quickly, objectively, fairly and ethically and, when in doubt, give the benefit of that doubt to the athlete
- understand and comply with any record keeping tasks

9.17.3 Coaches

Coaches must

- know the rules and regulations governing the competition and any grade at which their athletes are competing
- conduct themselves in a fair and sportsmanlike manner at all times
- dress in the correct club uniform

Coaches may not

- speak directly to the athlete, give signals, shouts, cheers or similar during the routine
- obstruct the view of any judge
- engage in discussion with the active judges except as provided for in Section 9.16.5
- abuse their rights or interfere with the rights of any other athlete or competition official
- delay the competition

9.17.4 Volunteers

Volunteers may be employed in various tasks during the competition to aid in the running of the event. Such tasks may include being engaged as

- recorders
- runners
- marshals
- spotters
- announcers

Volunteers should be

- appropriately dressed
- thoroughly trained in their roles
- punctual for sessions
- impartial in their behaviour and attire
- professional in their conduct

9.17.5 Obvious Errors in the Difficulty Scores

In the case of obvious errors in the calculation of the difficulty score a coach or other official, who recognises this, may approach the Chair of Judges Panel in a professional and friendly manner to allow the Chair of Judges Panel to clarify the situation before the next round has started.

10 Entry and Selection for Competitions

10.1 General Requirements

10.1.1 Entries

All entries are to be made by way of an entry form or other process set by the competition organiser. Information about the forms or process to be used will be provided by the competition organiser.

Any entries for synchronised trampoline which do not specify both athletes will not be accepted as valid entries. Entries specifying 'partner required' will also not be valid entries. Should one athlete of a synchronised trampoline pair be injured or unable to compete, an application for an appropriate substitution can be made to the competition organiser up to 1 hour before the start of the competition.

10.1.2 Competition Divisions and Grades

Athletes must enter in the highest Grade and Division in which they have competed at a prior competition with the International Division being regarded as higher than the Age Division. Athletes wishing to move to a higher Division or Grade can do so without notification but athletes wishing to move to a lower Division or Grade should see the requirements of the Section 8.3 "Competition Disciplines, Divisions and Grades".

Athletes may choose to compete in a different Division for each discipline. For example an athlete may compete in the International Division for individual trampoline and Age Division for double-mini trampoline.

For the synchronised trampoline competition, both athletes must be in the same Division but may be of different Grades. The Grade in which the pair of athletes must enter will be the Grade of the individual trampoline Grade applicable to the highest graded athlete in the pair. i.e. For Age Division the Grade will be that of the older athlete and for International Division the Grade will be that of the higher graded athlete in the pair.

Any athlete who competes in synchronised trampoline at a higher Grade will still be eligible for their usual Grade in the individual trampoline competition.

10.1.3 Eligibility of Athletes to Enter a Competition

In order to enter a competition the athlete must

- be a current member of a club affiliated to GymSports NZ or invited International clubs
- have no outstanding membership fees
- be able to complete any compulsory requirements for routines in their Grade. See the Appendix C for the requirements for the Set routines.
- meet any performance criteria set for the competition

10.1.4 Medals

Medals will only be awarded to athletes in the top three places in each Grade regardless of their regional or island allegiance.

Any regional based trophy will be awarded to the athlete from the region who achieves the highest place in the competition. If this athlete does not place 1st, 2nd or 3rd they will not receive a medal. If no athletes from the region make the Final round(s) the trophy will be awarded to the highest placed athlete from the region in the preliminary rounds.

10.1.5 Competition Cards

Competition cards must be provided to the competition organiser prior to the start of the competition and are to be in the appropriate standard format shown in the Appendices.

10.2 Additional Requirements for New Zealand National Gymsports Championship

The following requirements will apply to the New Zealand National GymSports Championships in addition to the General Requirements

10.2.1 Competition Divisions and Grades

All athletes must compete at the National Championship in the highest Division and Grade for which they have met the performance criteria.

Age Division

Any Age Division athlete who meets the appropriate Age Division performance criteria is eligible to attend the National Championship in the Age Division only.

If an Age Division athlete meets the appropriate Age Division standard at a Qualifying Event and then moves to the International Division and meets the appropriate International Division performance criteria must compete in the International Division.

International Division

Any International Division athlete who meets the appropriate International Division performance criteria must compete in the International Division at the National Championship.

Any athlete competing in the International Division who fails to meet the performance criteria for their grade in the International Division may compete in the Age Division if they meet the performance criteria for the relevant grade in the Age Division.

This provision for International Division athletes to compete in the Age Division is known as the Safety Net Ruling and is only available for the New Zealand National GymSports Championships. An athlete can take advantage of this provision without the need to seek written approval from GymSports NZ.

If an athlete moves from the International Division to the Age Division under the Safety Net Ruling, they may continue to compete in the Age Division at subsequent competitions without requiring written approval from GymSports NZ.

10.2.2 Performance Criteria

An athlete will not be eligible to compete at the National Championship if they have not met the performance criteria for their grade in the International Division, or Age Division, and the Safety Net ruling does not apply.

10.2.3 Qualification Criteria

The official qualification criteria for the New Zealand National Gymsports Championships will be published each year by GymSports NZ.

The qualification criteria will include information such as

- a list of Qualifying Events
- additional entry requirements
- performance criteria to be achieved
- circumstances where exemptions from the selection criteria may apply
- discretionary powers of the GymSports NZ for this competition

10.2.4 Time of Flight

Time of Flight is to be recorded and used to determine the results for all Grades in the International Division but is not to be used to determine results in the Age Division during the 2015 calendar year.

From the start of 2016, Time of Flight is to be recorded and used to determine the results for all Grades in both the International and Age Divisions.

10.2.5 Medals

If New Zealand athletes do not fill the top three places of any Grade, then medals will also be awarded to the highest three placed New Zealand athletes.

10.2.6 Trophies and Titles

The list of trophies and titles to be awarded at the National Championship and their method of determination is included in Appendix K.

11 Selection for International Competitions

The process of selecting athletes to compete in an international competition is managed by GymSports NZ and covered in the GymSports NZ Tour Manual. However the use of the iTRACSS system by the trampoline community necessitates some variation from the Tour Manual and the following information should be seen as a general explanation of the steps and information involved.

More detailed information about a particular competition should be sought from the specific documents mentioned in Section 11.6 below, the GymSports NZ website or the GymSports NZ Overseas Tour Manager.

This information does not cover athletes on the GymSports NZ High Performance Pathway seeking to compete in competitions where the selection process is managed by the GymSports NZ High Performance Advisory Group. These competitions are currently the Olympic Games, World Open Championships, World Cup and Pacific Rim events.

11.1 Information about Competitions

GymSports NZ provides information on international competitions to athletes, parents and clubs through its website under International Events / International Events Calendar.

Tour information will include:

- Name, location and dates of the competition or competitions including travel dates
- The relevant iTRACSS Level and age groups for the competition
- Deadlines for any required documentation
- Links to all required documentation
- Approximate tour costs including payment dates
- Trial dates and venues
- The selection criteria
- Uniform requirements
- Approximate tour budget
- Team selection once ratified

GymSports NZ does not generally contact athletes and parents directly about competitions until after they have been selected for a team.

It is the athlete's responsibility to find and keep up to date with information about international competitions, expressions of interest, intentions to trial, selection criteria, etc. and any changes which may be published by GymSports NZ from time to time.

GymSports NZ accepts no responsibility for athletes failing to know information about international competitions or failing to comply with any of its requirements.

11.2 Applying for Tours

Gymsports NZ determines which athletes, coaches, officials and chaperones are interested in attending international competitions by these people completing the forms in this section. All of these forms are available from the GymSports NZ website.

11.2.1 Expressions of Interest

Athletes intending to compete at competitions associated with iTRACSS Levels 4, 5, 6 & 7 are required to complete an Expression of Interest (EOI). An Expression of Interest is required annually and must be submitted by the end of October in the year before the competitions it covers. For example, an EOI for competitions in 2016 must be submitted by 31st October 2015.

An EOI covers information such as

- personal and passport details,
- medical conditions and dietary requirements
- details of the athlete's club and coach
- the competitions in which they wish to compete

- an application for GymSports NZ Future Funding (if applicable)
- a 24 month Key Event Plan

Each Expression of Interest (EOI) will incur a submission fee which must be paid before it will be accepted by GymSports NZ.

11.2.2 Intentions to Trial

All athletes intending to compete at any international competitions must complete an Intention to Trial (ITT) form. From 2016 onwards, this will be done annually through a single on-line form. The one form will cover all of the international competitions in the coming year.

The Intention to Trial will request information covering

- personal and passport details
- contact details
- the athlete's club and coach
- each competition and the discipline in which they wish to compete
- any items required for the team uniform

The Intention to Trial (ITT) form must be completed on-line and links to the form will be published on the GymSports NZ website, in the e-News and sent to the clubs for distribution to their athletes.

The completed Intention to Trial (ITT) must be submitted by the date set by GymSports NZ in the information provided when the ITT is published. It is expected that this date will be no later than the end of January each year. The ITT may also incur a submission fee which must be paid to GymSports NZ before it will be accepted.

Although trampoline does not use trials to select athletes for international competitions, the Intention to Trial form is to be used.

Any athlete who does not submit an Intention to Trial (ITT) or pay the applicable submission fee by the due date and time is unlikely to be considered for inclusion in the international teams for that year. Dispensations to this requirement may be granted by the Chair of the SDC following an application in writing from the athlete or club with reasons why they were unable to complete the ITT. The granting of such dispensations is expected to be rare.

Athletes should consult with their coaches before completing their Intention to Trial to ensure they only indicate their interest in competitions which are suitable for their stage of development and where they are likely to meet the Selection Criteria.

11.2.3 Intentions to Travel

Any person wishing to be a team official, judge, coach or chaperone at an international competition must submit an Intention to Travel form. From 2016 onwards, this will be done annually through a single on-line form. The one form will cover all of the international competitions in the coming year.

The Intention to Travel will request information covering

- personal and passport details
- contact details
- the club which they are associated with
- each competition and the role they wish to have at the competition
- any items required for the team uniform

The Intention to Travel form must be completed on-line and links to the form will be published on the GymSports NZ website, in the e-News and sent to the clubs for distribution to their athletes.

The completed Intention to Travel form must be submitted by the date set by GymSports NZ in the information provided when it is published. It is expected that this date will be no later than the end of January each year.

Any coach or judge who does not submit an Intention to Travel form or pay the applicable submission fee is unlikely to be considered for inclusion in the international teams for that year. Dispensations to this requirement may be granted by the Chair of the SDC following an application in writing from the coach or judge with reasons why they were unable to complete the ITT. The granting of such dispensations is expected to be rare.

11.3 Selection Process

The selection of athletes to compete at international competitions will be made using the International Trampoline Competition Selection System – iTRACSS. However the selectors may also consider other information including information put forward by an athlete with regards to extenuating circumstances, or other factors affecting their performance.

After determining which athletes they consider should be included in the team, the selectors will forward to the Trampoline SDC a list of

- athletes
- reserve athletes (if any)
- coaches
- judges (if any)
- chaperones (if any)
- other team officials
- brief explanation of their reasoning behind the selection of each individual

The Trampoline SDC will consider the recommended team and make any changes desired before forwarding the team to GymSports NZ for ratification.

Neither GymSports NZ nor the SDC is bound to accept the selector's suggestions and may add or remove any athletes or officials from the team.

11.4 Acceptance of Team Positions

Following ratification of the team by GymSports NZ, each member of the team will be approached to confirm their position in the team. On acceptance, team members will be required to provide

- copies of their passport
- emergency details
- dietary requirements
- medical requirements
- photo for accreditation to the competition
- completed Team Agreement and Travel Insurance forms
- any other documentation requested
- financial deposit towards the cost of the tour

Where selected athletes or team officials decline their position in the team, GymSports may approach any reserve athletes, coaches, judges or other suitably qualified individuals to fill the vacant positions.

11.5 Publication of the Team

Once GymSports NZ has finalised the team, they will publish a list of team athletes and officials on its website under International Events / Current Tours & Announcements. GymSports NZ will also notify the selected athletes, coaches, officials and chaperones individually.

GymSports NZ will also contact any unsuccessful athletes, coaches or officials but will not discuss why a particular individual has, or has not, been included in the final team.

11.6 Important Documents

All athletes wishing to participate in international competitions should be familiar with the following documents published by GymSports NZ.

11.6.1 The Trampoline Competition and Technical Handbook

This document.

11.6.2 Annual Competition Calendar

The annual Competition Calendar is a list of competitions sanctioned by Gymsports NZ for the coming year or competition season. For each competition it will show the name, date and host club for the competition and may also provide contact details of the competition's organiser.

The Calendar is published by Gymsports NZ on its website in accordance with Section 5.4 of this Handbook. The Calendar will be accurate at the time it is first published however competitions may be added or deleted and details about listed competitions may change as the competition season progresses.

11.6.3 Expressions of Interest, Intentions to Trial (ITT), Intentions to Travel

These documents are the means by which an athlete, coach, official or chaperone tells GymSports NZ they wish to be considered for inclusion in a team attending an international competition.

Annual Intention to Trial and Intention to Travel forms are created and published by GymSports NZ to cover all international competitions planned for the calendar year ahead. It is anticipated that these forms will need to be completed on-line and notification about them, their links and closing dates will be published on the GymSports NZ website and in the e-News. Clubs will also be advised directly by GymSports NZ.

These forms will generally become available in December and close at the end of January.

Individual athletes, coaches and judges may not be directly advised of new ITTs, etc. and should check the GymSports NZ website and e-News for information about them.

11.6.4 Official Selection Criteria

An official Selection Criteria is published by GymSports NZ for every international competition to which it is considering sending a representative New Zealand team.

The Selection Criteria will detail all of the eligibility and selection criteria associated with the competition it covers. This information will generally include

- a list of iTRACSS competitions or other events where an athlete can seek to meet the Performance Criteria specified
- the iTRACSS Level or scores which the athlete must achieve if they are to be considered for selection
- who the selectors will be
- information regarding the discretionary powers and extenuating circumstances the selectors may consider
- any criteria, other than Performance Criteria, which an athlete must meet in order to be considered for selection
- any other objectives which GymSports NZ requires the selectors to consider when evaluating athletes for the team.

The official Selection Criteria for a specific competition will be published by GymSports NZ on their website.

11.6.5 GymSports NZ International Tours Manual, Insurance and Disclosure Forms

The International Tours Manual is in two parts: Procedures and Terms & Conditions. It lays out GymSports NZ policies, the procedures which GymSports will follow and its requirements with regard to overseas tours. It covers topics such as

- responsibilities of GymSports NZ

- composition and responsibilities of the various members of the tour group
- uniforms
- tour costs and payments
- organisation of travel arrangements
- selection of athletes, coaches and chaperones
- the use of Expressions of Interest, Intentions to Trial, etc.

All of these documents and forms are available from the GymSports NZ website under International Events > Tour Resources or from the GymSports NZ International Tours Manager.

11.6.6 Selection Regulation for International Performance Competitions

The Selection Regulation lays out the procedures and Selection Criteria that GymSports NZ uses when selecting athletes for international competitions. It covers such topics as

- eligibility for selection
- appointment and role of selectors
- General and Specific Criteria to be met by the athlete
- extenuating circumstances
- reviews and appeals
- agreements to be signed by the athletes and officials selected for the tour group

These documents are available from the GymSports NZ website under Board & Governance.

It is important that athletes, clubs, coaches, officials and individuals who are interested in being part of an international tour must;

- frequently check the GymSports NZ website to find information about competitions, ITTs, selection criteria, etc. and any changes to this information
- ensure any information, EOIs, ITTs, deposits etc. requested by GymSports NZ are completed in full and provided, or paid, by the specified due date and time
- confirm their ITTs, Intention to Tour forms and applicable fees have been received by GymSports NZ by contacting the GymSports NZ National Office
- understand the Selection Criteria for a competition
- understand the GymSports NZ Tour Manual, its procedures and terms & conditions imposed on athletes in the team
- make any claim for extenuating circumstances in writing and provide evidence to support their claim. Claims should be made before the last trial event or iTRACSS competition.
- check the GymSports NZ website for team announcements
- be ready to provide the additional information and tour deposits upon acceptance of a place in the team

12 iTRACSS

12.1 Overview

iTRACSS is a process by which athletes are selected for international competitions and is based upon a structure of graduated achievement levels with clearly defined levels of performance required from each athlete. It is a two part process where, in the first part, an athlete is assigned to an iTRACSS Level and then ranked against their peers on the same Level. In the second part of the iTRACSS system this list of athletes, with their Levels and rankings, is used to guide the selection of athletes to be included in the final team.

Each iTRACSS Level is associated with specific international competitions and all athletes on that Level, or on higher Levels, are automatically eligible for selection to the specified competitions. Each Level is also subdivided into groups based on gender and age of the athletes and these groups are used to assist the selectors match athletes with the relevant FIG age groups or other age groups used at international competitions.

Athletes are assigned to an iTRACSS Level and ranked against their peers by analysing their performance in iTRACSS competitions in the 12 month period preceding the analysis. Athletes always end up on the highest Level and ranking they can obtain.

The Level and ranking an athlete achieves becomes important during the selection process because

- their Level will determine whether they are eligible for the competition
- their Level and ranking will determine the degree of preference they will be given over other athletes in the same age group. Athletes with higher Levels and rankings will be given preference over athletes with lower Levels and rankings.

iTRACSS has been developed to provide an easily understood, transparent and predictable process of selecting athletes to compete at international competitions. In doing so it also provides an aspiring athlete with more information about the levels of performance they must achieve in order to be selected for specific international competitions. Athletes and coaches are then able to develop their annual athlete development plans in line with the iTRACSS requirements.

12.2 iTRACSS Levels and Groups

iTRACSS has seven Levels. These Levels and their associated competitions are:

- **Level 7** Olympic Games
- **Level 6** World Open Championships
- **Level 5** World Cup Events
- **Level 4** Pacific Rim Championships, Indo Pacific Championships (Senior Grades)
- **Level 3** World Age Championships, Youth Olympic Festivals
- **Level 2** Indo Pacific Championships(Age Grades)

- **Level 1** Australian National Championships and the national championships of other countries

The groups associated with these Levels are shown in the diagram below.

Level	Competition	Groups						
		Senior	Junior	17+	15-16	13-14	11-12	10&U
7	Olympic Games	✓						
6	World Open	✓						
5	World Cup	✓						
4	Pacific-Rim & Indo-Pacific (Senior)	✓	✓					
3	World Age, AYOF			✓	✓	✓	✓	
2	Indo-Pacific (Age)			✓	✓	✓	✓	
1	Australian Nationals & other National Championships	✓		✓	✓	✓	✓	✓

Each group is further subdivided into men and women.

12.3 iTRACSS Competitions

Each year the following competitions which will be used by the iTRACSS system to determine an athlete's Level and their ranking on that Level:

- New Zealand National Gymsports Championships
- North Island Championships
- South Island Championships
- one sanctioned competition in the North Island held in late February or early March
- one sanctioned competition in the South Island held in late February or early March.
- all international competitions sanctioned by GymSports NZ

The two sanctioned competitions to be held in February/March each year have been introduced to enable athletes to qualify for the Australian National Championships. They will be full iTRACSS competitions and their results will not only count for Australian National Championships but for other international competitions later in the year. However athletes will **not** be able to enter the iTRACSS system at either of these competitions.

Athletes wishing to be selected for the Australian National Championships and who are moving grades from 10&Under to Sub-Junior International, or Sub-Junior International to Junior International, must compete in at least one of the first two iTRACSS competitions of the year in order to prove they can complete the Set requirements of the higher grade.

12.4 General Rules

12.4.1 Entering iTRACSS

Athletes enter the iTRACSS system by competing in the International Division, or the 10& Under Age Grade, at the annual New Zealand National GymSports Championships. Athletes cannot enter the system at any other competition even if they are competing in the International Division at those competitions.

Athletes do not have to apply to enter iTRACSS and every athlete who competes in the International Division, or 10&Under Grade, at the National GymSports Championships will be automatically included in any iTRACSS analysis.

Athletes will not generally be eligible to compete at an international competition unless they are in the iTRACSS system. However exceptional athletes, who are outside the iTRACSS system, can be considered for international teams if they are jumping in the International Division at other iTRACSS competitions and their coaches have applied to the TSG for a dispensation from the iTRACSS entry requirements. It is expected that such dispensations will be rare and only given to outstanding athletes.

12.4.2 Exiting iTRACSS

Athletes who do not compete in the International Division, or 10&Under Grade, at both of the last two consecutive National Championships will no longer be included in any iTRACSS analysis.

12.4.3 Moving Levels

Athletes will move up and down iTRACSS Levels depending upon their performance at iTRACSS competitions.

- an athlete can move up at any iTRACSS competition
- an athlete will only move down if they fail to achieve the criteria for their current Level within the 12 months preceding any iTRACSS analysis.

They will move down to a Level consistent with their performance in iTRACSS competitions over the 12 months however they will not show in the iTRACSS reports unless they at least achieve the requirements of Level 1.

Athletes will always be placed on the highest Level for which they have met the requirements and can be on different Levels for each Discipline.

12.4.4 Ranking

Each athlete will be ranked against their peers in the same age and gender group on their Level. This ranking will be used to determine the order in which athletes will be considered for selection and athletes with a higher ranking will be given preference over lower ranked athletes.

Unlike their Level, an athlete's ranking can change after every iTRACSS competition. It will be recalculated after every iTRACSS competition even if they did not compete.

12.5 Calculation of iTRACSS Levels

An athlete's iTRACSS Level is determined by their highest iTRACSS score over the iTRACSS competitions held in the 12 month period preceding the date of analysis. These scores are calculated for each Discipline in the following way.

Trampoline

Set Score	the score awarded to the athlete for their Set routine
Set Diff	the difficulty mark awarded to Senior International athletes for their Set routine
iTRACSS Score	10 & U the score awarded to the athlete in their highest Vol or Final routine.
	All Grades (except 10&U) the highest aggregate of the scores awarded to the athlete in either their <ul style="list-style-type: none">• Set and Vol routines or <ul style="list-style-type: none">• Set and Final routines and <ul style="list-style-type: none">• whose difficulty mark in the Vol or Final routine meets the iTRACSS Diff requirement <p>If the highest aggregate score in the Set and Vol routine is greater than the iTRACSS Score but it has a difficulty mark lower than the iTRACSS Diff requirement, then the combination of Set and Final routines will be checked to see if it meets the iTRACSS Score and Diff requirements. The same rationale will apply if the Set and Final routine has the highest aggregate score.</p> <p>The difficulty score in the Senior International Set routine will only be included in an athlete's iTRACSS Score when they are being evaluated against the requirements of the Senior group for a Level.</p>
iTRACSS Diff	the difficulty mark awarded to the athlete in the Vol or Final routine used to calculate their iTRACSS Score.

Double Mini Trampoline

iTRACSS Score	the highest sum of the scores awarded to the athlete for any combination of two passes whose aggregate difficulty meets the iTRACSS Diff requirements.
	Where more than one combination of two passes meets the iTRACSS Diff requirements, the combination of passes with the highest total sum will be used.
iTRACSS Diff	the sum of the difficulty marks awarded to the athlete in the two passes used to calculate their iTRACSS Score.

Tumbling

iTRACSS Score	the highest sum of the scores awarded to the athlete for any combination of two passes whose aggregate difficulty meets the iTRACSS Diff requirements.
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Where more than one combination of two passes meets the iTRACSS Diff requirements, the combination of passes with the highest total sum will be used.

iTRACSS Diff the sum of the difficulty marks awarded to the athlete in the two passes used to calculate their iTRACSS Score.

The score for a routine in trampoline is the total of the execution, difficulty(if any), time of flight and penalty marks awarded to the athlete for that routine.

The score for a pass in double mini and tumbling is the total of the execution, difficulty and penalty marks awarded to the athlete for that pass.

12.6 Calculation of iTRACSS Rankings

Every athlete on an iTRACSS Level will be ranked against other athletes on that Level who fall within the same age group. To calculate these rankings, the athletes will be ordered from highest to lowest Total Score and the athlete with the highest Total Score will be ranked 1st, the next highest score will be ranked 2nd and so on.

In each case the Total Score used for an athlete will be the Total Score achieved by the athlete in the competition where they met the requirements of their current iTRACSS Level. Where the athlete has met the requirements of their iTRACSS Level at more than one iTRACSS competition, their highest Total Score achieved in any of these competitions will be used.

Selecting the relevant Total Score from their highest scoring iTRACSS competition in the past 12 months means that athletes may be ranked against each other on Total Scores gathered from different competitions.

The Total Score used for ranking is defined as follows

- Trampoline the aggregate sum of the Set, Vol & Final. The Set difficulty mark for Senior International athletes will not be included in this calculation unless they are in the Senior group for their iTRACSS Level.
- Double Mini the aggregate sum of all the athlete's passes
- Tumbling the aggregate sum of all the athlete's passes

12.7 Selection of Athletes

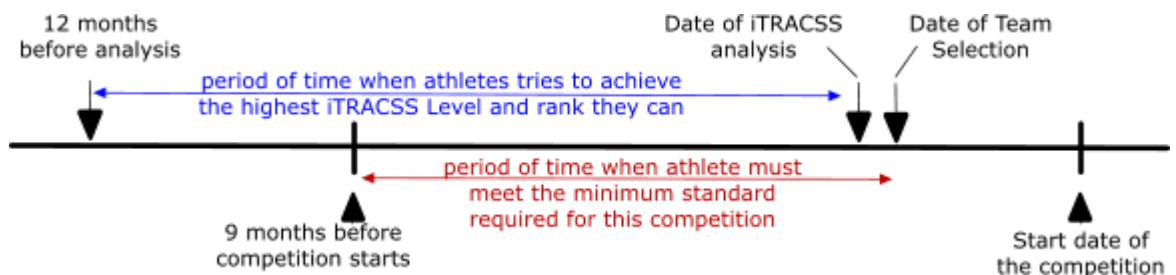
When considering athletes to compete at an international competition, selectors will use the following principles

- an iTRACSS analysis will be undertaken immediately prior to the selection of a team
- for two athletes in the same age/gender group but different Levels, the athlete on the higher Level will have preference over the athlete on the lower Level
for example: there are two eligible athletes in the 15-16 Women's age group with one athlete on Level 3 and the other athlete on Level 4. The athlete on Level 4 will have preference.
- for two athletes on the same Level and age/gender group, the athlete with the higher ranking will have preference over the athlete with the lower ranking.

for example: there are two athletes in the 13-14 Men's age group and both athletes are on Level 1. One of the athletes has a ranking of 2 and the other has a ranking of 3. The athlete with the ranking of 2 will have preference.

- the athlete must have achieved the marks set for the Level associated with the competition within the nine month period preceding the start date of the competition for which the team is being selected. These marks must be achieved at an iTRACSS competition.

for example: an athlete on Level 4 is being considered for a competition associated with iTRACSS Level 2. To be eligible for selection, the athlete must have achieved the Level 2 marks at an iTRACSS competition within the nine month period immediately preceding the start date of the competition.



12.8 Management of the iTRACSS System

12.8.1 Control of the Design and Operation of iTRACSS

Control of the design and management of the iTRACSS system will be undertaken by the Trampoline Sport Development Committee

12.8.2 Updating iTRACSS Information

The information regarding an athlete's iTRACSS Level and ranking will be updated after each iTRACSS competition. This information will be made available to the clubs, athletes and wider community after each update.

12.8.3 Setting of iTRACSS Marks

The marks required to achieve an iTRACSS Level will be set by the SDC on the recommendation of the Trampoline Selection Group. They will be reset or confirmed at regular intervals and notified to the community in accordance with Section 5.4 of this handbook.

12.8.4 Review of the iTRACSS System

A comprehensive review of the adequacy, operation and effectiveness of the iTRACSS system will be undertaken at the end of each Olympic cycle. The first review will be undertaken at the end of the 2016 competition year.

13 Updating and Managing this Document

This document has two principal parts, the Contents and the Appendices and has been designed to have a four year life span to match the Olympic cycle. The Contents are intended to hold information which will not, or is very unlikely, to change during each

Olympic cycle whereas the Appendices are intended to hold the information which is likely to change each year or which may be added or further developed before the end of the Olympic cycle.

Updating Information in the Handbook

At the End of Each Olympic Cycle

At the end of each Olympic cycle, the entire document (Contents and Appendices) will be reviewed and updated.

Changes to the international rules and regulations of trampoline made by the FIG are to be included in these reviews as well as changes to the practice of trampoline in New Zealand. These quadrennial reviews also provide the opportunity to completely restructure the document by changing the information it covers as well as the way it is written, organised, and formatted.

Within an Olympic Cycle

Within an Olympic cycle, information should be added or changed by altering the existing appendices or by creating new appendices.

Each appendix has been constructed as a separate section which can be modified and updated without disturbing the overall structure and page numbering of the document. New appendices should be numbered and added after the last appendix to avoid having to renumber any of the existing appendices.

Once the various changes have been made to the document by editing the appendices or creating new appendices, the following steps should also be taken:

- change the date of the latest update shown on the cover page
- add the date, appendix changed and very brief summary of changes to the List of Document Updates. A separate entry should be made for every appendix changed or new appendix added
- update the Appendix Table of Contents

It is expected that only one update per year will be issued for the Handbook unless extraordinary circumstances apply.

Structure of the Handbook

The current Handbook has been developed in Microsoft Word and makes use of the formatting capabilities of this programme, particularly the ability to create and format sections independently. The document has the following sections

- Title page and list of document revisions
- Contents
- Appendix Table of Contents
- Individual appendices A, B, C are each in their own section

Creating new sections or changing the formatting of existing sections should preferably be done by an experienced user of Microsoft Word with a very good knowledge of the programme's capabilities.

Distributing Updates of This Handbook

It is important that any updates to this document are managed and distributed carefully so as to ensure that all clubs and coaches are working with the most recent document. It

is also important that clubs and coaches know when the last update occurred and what it contained so they can check if they are missing any updates.

For these reasons it is very important that the List of Document Updates shown after the cover page be altered every time a change is issued and that a copy of the new List is also posted along with every update no matter how small the change may appear.